



## Weekly Newsletter for October 7-13

Flyers are to be delivered each weekend by 4pm Sunday evening.  
Didn't receive your newsletter this weekend? Please call Kristy Boucher at 623-9543 ext.217 or email [info@fwfn.com](mailto:info@fwfn.com) with your questions or concern.

### Fort William First Nation - Finance

#### Direct Deposit Forms for Member Distributions

Please keep your banking information up-to-date with Finance. If you change your financial institution or have not yet provided any banking information to Finance, the following options are available to submit your Direct Deposit Information:

1. Mail in a sample VOID cheque from your chequing account that has your current address information on it. Please enclose a brief note such as **"Please update my direct deposit information"** and sign and date this note and provide your phone number in case we need to contact you.
2. If you have online banking, you can print out your own Direct Deposit form, sign and date it, print your address and phone number on it and mail it to FWFN Finance.
3. You can also visit your financial institution and have them fax FWFN Finance directly at (807) 623-5190 your direct deposit form after you signed and dated it. The fax must be faxed from the financial institution and cannot be faxed from a third-party fax number. Please note, some financial institutions provide this fax service and some do not. In the event they do not, you will need to mail this direct deposit form to us as we will require your original signature.
4. Please note – Finance does not process any banking updates by email or pictures.

#### Youth turning 18 – Direct Deposit Forms

Please provide your direct deposit information as noted above at least 1-week in advance of your birthday. Please contact Ed Collins/Trustee directly relating to youth funds held in trust with the Specific Claim Housing Trust at (807) 623-2021 ext 602 or cell (807) 356-1970.

#### Late banking information – Annual Member Distributions

Any revised direct deposit information received after a member distribution will be processed on the 3<sup>rd</sup>-Friday of each month thereafter.

#### Are You Making a Payment?

Any member or customer making a payment (rent, ice rental, arena gym memberships, hall rental, hunting/fishing licenses, craft tables, Health Fair, Good Food Box, Pow Wow vendors, any other payments), Fort William First Nation Reception (2<sup>nd</sup> Floor of Band Office) must issue you an official pre-numbered FWFN receipt at the time of your payment.

FWFN Reception can now also process your payment by debit/credit card (Visa, MasterCard, American Express, and Discover).

FWFN Arena can process receipts if you are paying for your ice by cheque, debit or credit card. The Arena no longer processes cash. If you are paying your ice rental bay cash, please see FWFN Reception to have your official pre-numbered FWFN receipt issued to you.

Fort William First Nation – Reception is located on the 2<sup>nd</sup> floor, Suite 200 at 90 Anemki Drive.

Questions regarding the above can be address to Jeff Busniuk, CPA, CA – Director of Finance or Lori Payne, CPA, CA – Controller.

#### NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS

**Letting your dog run loose, puts them and the community members in danger. It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.**

**Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.**



**Fort William  
First Nation**

## **Youth and Social Development**

**Traditional Healing with  
Al Hunter on Friday, October 11<sup>th</sup>**

**Time: 10am – 4pm**

**Place: Cabin on the Mountain at the Scenic Lookout**

**Open for Fort William FN Members to register.**

**To register please contact  
Charlene Bannon, at 252-9693,  
charlenebannon@fwfn.com**

**There will be food and drinks provided!**

**Miigwech ☺**



Introducing  
Fort William First Nations

# EARLY YEARS PROGRAM

FOR CHILDREN AGES 0-6 YEARS  
WITH THEIR PARENTS

LOCATED AT THE  
FAMILY PROGRAM CENTER  
109 MISSION ROAD  
(next to the Youth Center)

STARTING  
FRIDAY SEPTEMBER 27, 2019  
FROM 1:00PM TO 2:30PM

LIGHT SNACKS AND  
REFRESHMENTS PROVIDED

For more information on this and other programs please contact the  
Health Center (807)622-8802

FORT WILLIAM FIRST NATION  
FIRE DEPARTMENT

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## FIRE PREVENTION WEEK

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### COMMUNITY EVENT

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OCTOBER 12, 2019

11:30AM-4:00PM

Fort William Community Center  
400 Anemki Drive, FWFN



Event Start 11:30

12:00-12:15 Opening Prayers-Gerry Martin

12:15-12:30 Rolling Thunder Drummers

12:30-1:15 Speeches

1:15-2:00 Fire Truck Visit with Thunder  
Bay Fire and Rescue

2:00-2:30 Traditional Moose Stew and  
Bannock Lunch

2:30-3:45 Games and Escape Maze

3:45-4:00 Closing Songs

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**Special Thanks to:**

**Elder Gerry Martin**

**Rolling Thunder Drummers**

**Thunder Bay Fire and Rescue**

**Confederation College Pre  
Service Fire Fighter Program**

**Fort William First Nation**

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DOOR  
PRIZE!!

BOUNCY CASTLES!!

# First Nation & Urban Open House Schedule

October 3, 2019

## Confirmed Open House Dates:

DATE:	FIRST NATION/ LOCATION:	TIME:	PERSON(S) RESPONSIBLE:	STATUS/NOTES:
<b>SEPTEMBER 2019</b>				
Sept 4, 2019	Sheguiandah	6:00pm	Lisa Restoule, Patrick Madahbee	Completed, report due
Sept 10, 2019	Pic Mobert, community	5:30-8:30	Gwen	Completed, Report submitted
Sept 10, 2019	Michipicoten, Sudbury C&C	5:00pm	Lisa Restoule, Martin, Jide, Patrick	Completed, report due
Sept 11, 2019	Michipicoten, SSM C&C	6:00 pm	Lisa R, Martin, Jide, Patrick	Completed, report due
Sept 14, 2019	Moose Deer Point, FN	10-2pm	Tyler, Martin, Jide,	Completed, report submitted
Sept 17, 2019	Nipissing, Staff Presentation	9-3pm	Lisa R, Martin, Jide, Patrick	Completed, report due
Sept 18, 2019	Whitefish River, Toronto	6pm	Lisa R, Martin, Jide, Patrick	Completed, report submitted
Sept 19, 2019	Whitefish River, Sudbury	6pm	Lisa, Jide, Patrick	Completed, report submitted
Sept 21, 2019	Wahnapitae, community	10am	Lisa, Martin, Patrick	Completed, report sent
Sept 25, 2019	Pic Mobert, C&C	6:30pm	Martin, Patrick	Completed,

# First Nation & Urban Open House Schedule

October 3, 2019

DATE:	FIRST NATION/ LOCATION:	TIME:	PERSON(S) RESPONSIBLE:	STATUS/NOTES:
<b>OCTOBER 2019</b>				
October 2, 2019	For new FNCCs Training, North Bay (Best Western)	9-12noon	Barb, Cindy,	Completed
Oct 5, 2019	Wahnapiatae, Killarney, urban session	9:30 am	Lisa R, Sam,	Confirmed
Oct 16, 2019	Magnetawan, community session	5pm – 8pm	Lisa, Lloyd	Confirmed
Oct 16, 2019	Long Lake #58, community session	1pm-4pm	Martin, Jide, Patrick	Confirmed
<b>Oct 21, 2019 - Federal Elections – do not book any open houses</b>				
Oct 22, 2019	North Bay, Urban Session	TBD	Lisa	Confirmed
Oct 23, 2019	Sudbury, Urban Session	TBD	Lisa	Confirmed
Oct 24, 2019	SSM, Urban Session	TBD	Lisa	Confirmed
Oct 26, 2019	Munsee, community session	5-9pm	Jide, Martin, Tyler	Confirmed
Oct 26, 2019	Moose Deer, Toronto, Chelsea Hotel, urban session	1-3pm	Lisa, Tyler, Rhonda	Confirmed
Oct 30, 2019	Southeast Urban session, Orillia, Best Western,	6pm – 9pm	Tyler, Lisa	Confirmed
<b>Oct 31, 2019 - Halloween – do not book any open houses</b>				
<b>NOVEMBER 2019</b>				

# First Nation & Urban Open House Schedule

October 3, 2019

DATE:	FIRST NATION/ LOCATION:	TIME:	PERSON(S) RESPONSIBLE:	STATUS/NOTES:
November 2, 2019	Fort William, community session	10am	Barb, Lisa, James	TBC
November 11 <sup>th</sup> - Remembrance Day – do not book any open houses				
Nov 23, 2019	Nipissing, Community session	9am – 12noon	Lisa, Fred	Confirmed
November 27, 2019	Southwest Urban session Point Edward, Best Western	6pm – 9pm	Tyler, Lisa	Confirmed
DECEMBER 2019				
Dec 23, 2019 to Jan 3, 2019 - Christmas Break – do not book any open houses				
JANUARY 2020				
FEBRUARY 2020 – VOTING PERIOD				
February 1, 2020 to February 29, 2020				
<ul style="list-style-type: none"> <li>E-Voting and Mail-In-Ballot</li> </ul>				
February 25, 2020 to February 29, 2020				
<ul style="list-style-type: none"> <li>In-Person Voting</li> </ul>				



Department: Fort William First Nation CEO

Date Prepared: October 03, 2019

Subject: Bussing

Prepared by: Ken Ogima

Hello Fort William First Nation

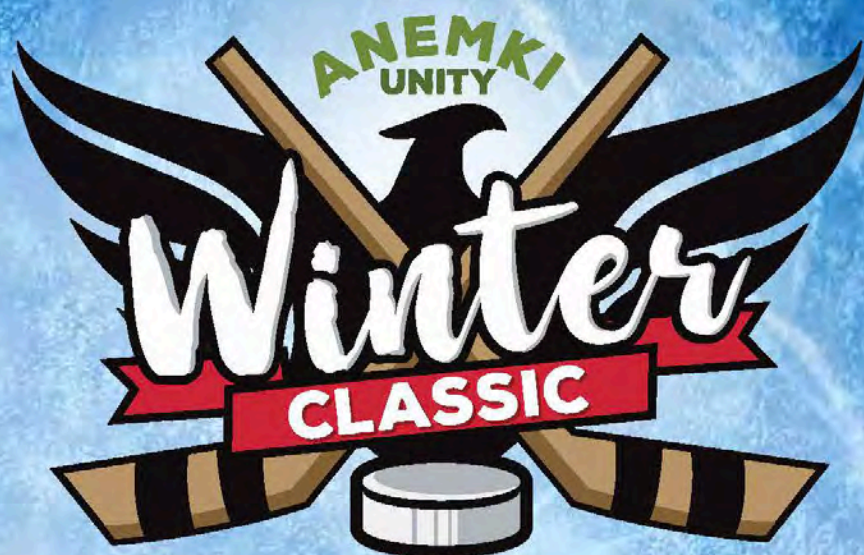
Please accept this letter as confirmation that Chief and Council and/or Office of CEO **has not directed** administration to change bussing services within our community.

I want to reaffirm and reassure everyone that **ALL CHILDREN** will be afforded the services of bussing to and from school, and until such time direction has been given otherwise, **bussing will remain** as it has been for the last 15 years.

Any concerns with this notice please call me at 807-629-0471

Respectfully,

**Ken Ogima  
Chief Executive Officer  
Fort William First Nation  
807.623.9543 Ext. 233  
90 Anemki Drive, Suite 200  
Fort William First Nation, ON  
P7J 1L3**



**BUILDING**

# *Brighter Futures*

## **FOR OUR COMMUNITIES**

**FEBRUARY 13-16, 2020**

**Fort William First Nation Arenas**

**Tyke, Novice, Atom  
& PeeWee Divisions**

**Girls Bantam  
& Girls Midget**

**Boys Bantam  
& Boys Midget**

**[anemkiunity.com/winterclassic](http://anemkiunity.com/winterclassic)**

**Contact: Bess Legarde at (807) 622-4763 or [BessLegarde@fwfn.com](mailto:BessLegarde@fwfn.com)**



## Community Action Recovery Engagement C.A.R.E. Program

\*Previously known as Addiction and Wellness Program

The next Individual Wellbeing Group dates and events  
are as follows:

**October 11<sup>th</sup>** Bowling at Galaxy Bowling  
Lanes 1-4pm (Must have attended a  
previous CARE Group to participate)

**October 25<sup>th</sup>** Community Kitchen 1-3pm  
@ Community Centre Smoking Side

*A choice of snack and a drink will be provided @  
Bowling & a light lunch and refreshments will be provided for  
groups at the Community Centre*



F O R T   W I L L I A M   F I R S T   N A T I O N

## JOB POSTING

**Position Title:**                    **Accounts Receivable Clerk – Permanent Full-time Position**

**Position Description:**    The Accounts Receivable (A/R) Clerk is directly responsible for performing data entry and related duties in posting accounts receivable payments. This includes maintaining ledgers, credit balances, and resolving account irregularities.

**Major Responsibilities:**

- Collaborate with the Controller or Director of Finance and Administration to maintain collection goals and general A/R performance levels.
- Post and reconcile customer payments to general ledgers.
- Post A/R data to profit/loss reports, balance sheets, income statements, and other documentation.
- Review all credit balances, refunds, and adjustments, and apply adjustments and/or corrections to invoice records.
- Ensure the strict confidentiality and privacy of financial records as they relate to the organization and its customers.
- Form collection strategies to mitigate customer objections to making timely A/R payments.
- Investigate collection problems and advise customers on A/R policies and procedures.
- Make arrangements for payment of outstanding and late accounts; escalate transfer to collection agency as necessary.
- A full job description is available upon request.

**Qualifications:**

- Diploma or degree in accounting is desired.
- Experience in gathering data, compiling the proper information, and preparing financial reports.
- Basic knowledge of accounting systems (Microsoft Dynamics), budgets, and internal controls.
- Effective attention to detail and a high degree of accuracy.
- Criminal Records Check required.

**Salary:**                                To be negotiated.

**Closing Date:**                    Applications, consisting of a cover letter & resume with three references, must be received by **4:00 p.m. on Friday, October 18, 2019**. Please direct your application to the attention of:

**Donna Mullen**  
**Human Resources Assistant**  
**P: 807-623-9543 ext. 806**  
**Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

When hand delivering, ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*

**Bi-weekly Fridays**

June 14&18

July 5&19

August 2&16

September 13&27

October 11&25

November 8&22

December 6&20

# FWFN C.A.R.E. Group 2019

**FOR FWFN Community  
Members and Family**

**1-3pm @FWFN  
Community Hall  
Smoking Side**

## **Prevention**

This program is to assist individuals and family members of those wanting to survive their addiction to learn about various topics relating to addiction in a healthy, safe nonjudgemental environment.



For More  
Information contact  
Loretta  
Collins(807)622-8802  
Ext#207

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**Fort William  
First Nation**



**FORT WILLIAM  
FIRST NATION**

# KARATE

**SELF DEFENSE**

HELP YOUR CHILD WITH THEIR

- COORDINATION - RESPECT
- CONCENTRATION - BEHAVIOUR
- FITNESS - DIRECTION

Earn Belt Levels

**EVERY THURSDAY  
5 - 6PM  
DROP-IN  
FWFN GYMNASIUM**

**EVERYONE WELCOME  
ALL AGES**

**SNACKS & DRINKS  
PROVIDED!!**

**Karate GI  
PROVIDED**

**7yrs & Under must be accompanied by a parent**

**\*\*Please wear comfortable clothing\*\***

Please Contact Bess @ 252-7038 if you have any questions or concerns





**Fort William  
First Nation**



**NOKIIWIN**  
TRIBAL COUNCIL

# **NEED LEGAL ADVICE?**

**NEED TO SPEAK WITH A LAWYER?**

**NOKIIWIN SUMMARY LEGAL CLINIC**

FREE LEGAL CLINIC FOR THE MEMBERS OF FORT WILLIAM FIRST NATION

**MONDAY OCTOBER 28, 2019**

**9 AM- 11:30**

CLINIC WILL BE HELD AT THE COMMUNITY CENTRE IN THE EMPLOYMENT AND TRAINING SIDE  
ROOM

**LEGAL INFORMATION PROVIDED FOR: FAMILY  
COURT, CRIMINAL COURT AND GENERAL  
INQUIRIES**

TO SCHEDULE AN APPOINTMENT CONTACT:

RENEE PERVAIS

(807) 623-9543

[RENEEPERVAIS@FWFN.COM](mailto:RENEEPERVAIS@FWFN.COM)

**Walk-ins are welcomed**

# FULL MOON CEREMONY (OCTOBER)

## FALLING LEAVES MOON BINAAKWE-GIIZIS

A time for women to come together again to honour Grandmother Moon and ourselves; to pray for renewed strength, for guidance, for healing, and for direction in our lives; to pray for all of our families, our communities, and for whatever else we may be having difficulty with, in our lives.

**When:** Saturday, October 12, 2019

**Where:** 910 Chippewa Road

**Time:** 5:00 p.m.

**What to bring:** Skirt, tobacco and warm jackets/blankets for the cool evening. Also, bring your drum or rattle, if you have one, (although not required).

**ALL WOMEN ARE WELCOME TO ATTEND!!!**

Any questions? I can be reached at 252-5392.

Hope to see all you beautiful women out again at the Full Moon Ceremony!!!



# October 2019 Events



October 3<sup>RD</sup>

½ price night – all regular books are ½ price

October 13<sup>TH</sup>

Thanksgiving Event - Mountain Bingo will be giving away 3 \$100.00 gift cards for your family turkey dinner !!!

October 18<sup>TH</sup>

Draw Night - \$1,000.00 to be given away in random draws!!!!!!!!!!!!!!

## MINI MONSTER Sunday

October 20<sup>TH</sup>

DOORS OPEN AT 10:30am

SALES START AT 11am

EARLY BIRDS AT 1:45

REG.SESSION AT 2PM

1<sup>ST</sup> JACKPOT \$5,000

2<sup>ND</sup> JACKPOT \$7,500

\$23,000.00 WILL BE GIVEN AWAY!

**EVERY WEDNESDAY IS WHACKY  
WEDNESDAY!**

**ALL SPECIAL BOOKS ARE ½  
PRICE!**

**CUSTOMER APPRECIATION  
NIGHT**

**OCTOBER 29<sup>TH</sup>**

**TREATS FOR OUR VALUED  
CUSTOMERS AND  
FREE BINGO SWAG WHILE  
QUANTITIES LAST**

**3 DRAWS FOR \$200.00 COLD  
HARD CASH**

## HALLOWEEN MONSTER MASH

OCTOBER 31<sup>ST</sup>

COME CELEBRATE WITH MOUNTAIN BINGO IN YOUR  
BEST HALLOWEEN COSTUME FOR GREAT PRIZES!!!

PRIZES FOR BEST COSTUME INCLUDE: 1<sup>ST</sup> PRIZE OF  
\$200.00, 2<sup>ND</sup> PRIZE OF \$150.00 AND 3<sup>RD</sup> PRIZE OF  
\$100.00!!! ALSO A PLAYERS CHOICE \$50.00 AND  
STAFF CHOICE \$50.00

THERE WILL BE FREE DABBERS AND TREATS WHILE  
QUANTITIES LAST !

WE HOPE TO SEE YOU ALL DRESSED IN  
YOUR BEST COSTUMES!!!

Thank you for supporting FWFN and playing  
at Mountain Bingo!!!!!!

FWFN MOUNTAIN BINGO  
CALENDAR OF EVENTS

**(807)622-5914 HOTLINE**



**OCTOBER 2019**



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		<b>1</b>	<b>2</b> WHACKY WEDNESDAY	<b>3</b> ½ PRICE NIGHT	<b>4</b>	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b> WHACKY WEDNESDAY	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b> THANKSGIVING DAY! 	<b>14</b>	<b>15</b>	<b>16</b> WHACKY WEDNESDAY	<b>17</b>	<b>18</b> DRAW NIGHT 	<b>19</b>
<b>20</b> MINI MONSTER \$23,000	<b>21</b>	<b>22</b>	<b>23</b> WHACKY WEDNESDAY	<b>24</b>	<b>25</b>	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b> COSTUMER APPRECIATION NIGHT	<b>30</b> WHACKY WEDNESDAY	<b>31</b> HALLOWEEN COSTUME PARTY 		



**PUBLIC LEGAL EDUCATION**

# **COMMUNITY PRESENTATION**

**ON**

**PARDON/RECORD SUSPENSIONS**

OCTOBER 17, 2019

6-8 PM

COMMUNITY CENTRE IN EMPLOYMENT & TRAINING ROOM

**LIGHT SNACK & REFRESHMENTS**

**ATTENDANCE DRAW**

FOR MORE INFORMATION CONTACT Renee Pervais @

807-623-9543 or

email [reneepervais@fwfn.com](mailto:reneepervais@fwfn.com)



**FORT WILLIAM FIRST NATION**

# OCTOBER 2019

# RECREATION

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
**GYMNASIUM (GYM) LOCATED AT FWFN ARENA LEFT SIDE OF RINK 2**		1	2 Biggest Loser KICK OFF NIGHT 6-8PM GYM	3 Karate 5-6pm GYM	4 Biggest Loser 6-7pm Gym	5
6	7 Biggest Loser 6-7pm Gym	8 Yoga4All 12-1pm GYM	9 Biggest Loser 6-7pm Gym WEIGH IN	10 Yoga4All 12-1pm GYM	11 Biggest Loser 6-7pm Gym	12
		WELL NATION REGISTRATION 5-8pm GYM		Karate 5-6pm GYM		
13	14	15 Yoga4All 12-1pm GYM	16 Biggest Loser 6-7pm Gym WEIGH IN	17 Yoga4all 12-1pm GYM	18 Biggest Loser 6-7pm Gym	19
LEARN TO SKATE 9am-11am RINK 1-FWFN ARENA	THANKSGIVING HOLIDAY			Karate 5-6pm GYM		WELL NATION 11am ~ 12pm GYM (15-18)
				WELL NATION 6-7pm GYM (10-14)		
20	21 Biggest Loser 6-7pm Gym	22 Yoga4All 12-1pm GYM	23 Biggest Loser 6-7pm Gym WEIGH IN	24 Yoga4All 12-1pm GYM	25 Biggest Loser 6-7pm Gym	26
LEARN TO SKATE 9am-11am RINK 1-FWFN ARENA				Karate 5-6pm Gym		WELL NATION 11am ~ 12pm GYM (15-18)
				WELL NATION 6-7pm GYM (10-14)		
27	28 Biggest Loser 6-7pm Gym	29 Yoga4All 12-1pm GYM	30 Biggest Loser 6-7pm Gym WEIGH IN	31 Yoga4All 12-1pm GYM	Contact Bess @ 622-4763 or by email: <a href="mailto:besslegarde@fwfn.com">besslegarde@fwfn.com</a>	
LEARN TO SKATE 9am-11am RINK 1-FWFN ARENA				HALLOWEEN		

# SEWING SOCIAL



**WHERE:** FWFN Community Centre, Cultural Room

**DATE(s):** Every Thursday starting **October 3<sup>rd</sup> 2019**

*\*excluding holidays*

**TIME:** 6:00-9:00PM

**Program Facilitator: Jean Marshall**

FORT WILLIAM FIRST NATION

# NIGHTMARE ON ANEMKI

COMING SOON OCTOBER 2019

300 ANEMKI PLACE

WARNING: PARENTAL DISCRETION IS ADVISED SOME CONTENTS MAY NOT BE APPROPRIATE FOR YOUNG CHILDREN

FOR MORE INFORMATION, PLEASE CALL 622-6791



F O R T   W I L L I A M   F I R S T   N A T I O N

## CALL FOR TENDER

Fort William First Nation is currently inviting all interested individuals/contractors to submit their tender for the following contract:

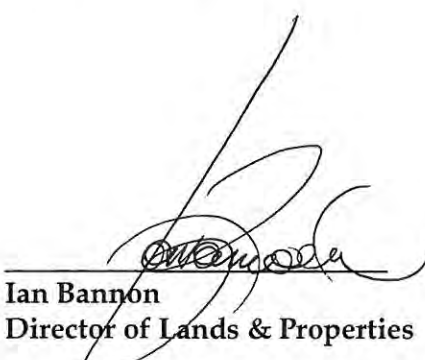
To supply all necessary materials, labor and equipment to provide Janitorial Services for the FWFN Administration Building located at 90 Anemki Drive FWFN.

This is an annual contract, renewable up to a maximum of three (3) years by evaluation and approval.

Those interested can pick up a "Request for Quotation Package" (which outlines the details and scope of work and date for scheduled walk-through) at the FWFN Administration Office (90 Anemki Drive, Suite 200).

Closing date for submissions will be Friday October 18, 2019 at 2:00 p.m.

Submissions received after this date and time will not be considered.



Ian Bannon  
Director of Lands & Properties

# JOIN OUR TEAM... CHANGE YOUR LIFE!

## ADDICTION COUNSELLOR

### FULL-TIME PERMANENT

Addiction Counsellors provide assessment, treatment planning, counselling and case management services for individuals with substance use and related issues within a harm reduction, client-centred, solution focused framework. Services are provided in both one-on-one and group settings and are offered in office based settings, through outreach and at various community locations.

### Qualifications:

- Bachelor of Social Work and registration with the Ontario College of Social Workers and Social Service Workers or equivalent
- Three years' experience providing counselling using a variety of therapeutic interventions
- Sound theoretical framework for working in a variety of areas, with an emphasis on addiction, mental health and trauma
- Use of a personal vehicle for transporting clients

### The following will be considered an asset:

- Trained in administration of provincial substance use assessment tools
- Experience working with systems such as addiction, mental health, social assistance, child welfare and criminal justice/legal
- Ability to provide culturally based interventions
- Bilingual (English/French)
- Experience in group development and facilitation



### ABOUT

#### Thunder Bay Counselling

Thunder Bay Counselling provides counselling, education and support services to help people make positive changes in their lives. Our clients are from diverse backgrounds and cultures. They are men, women, children, youth, seniors, couples, families, employees and employers.

Thunder Bay Counselling offers a competitive compensation package with excellent benefits.

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### APPLICATION DEADLINE:

**Tuesday, October 8<sup>th</sup>, 2019  
at 4:30 p.m.**

Qualified applicants are invited to submit their electronic applications, including covering letter and resumes to:

**Allane Danchuk,**  
**Director of Business & Finance**  
[careers@tbaycounselling.com](mailto:careers@tbaycounselling.com)

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Thunder Bay Counselling is an equal opportunity employer. Applications are welcomed from visible minority groups, Indigenous persons, members of sexual minority groups, persons with disabilities and others who may contribute to the further diversification of ideas. Accommodations are available upon request at any stage in the selection process.

Only those granted an interview will be contacted.

# **VOLUNTEERS NEEDED!**

YOUTH & SOCIAL  
DEVELOPMENT ARE  
LOOKING FOR  
VOLUNTEERS      FOR  
UPCOMING EVENTS

DO YOU NEED  
VOLUNTEER  
HOURS?

DO YOU WANT TO BE  
MORE INVOLVED IN  
THE COMMUNITY?

IF SO CONTACT  
**[MarnieGreenwald@fwfn.com](mailto:MarnieGreenwald@fwfn.com)**

Recreation Department # (807) 622-4763



Youth & Social Development

# WELLNATION FITNESS PROGRAM

Registration Night

Ages 10-18yrs Welcome!

Tuesday Oct 8<sup>th</sup> 5-8pm

@ FWFN Gym

LIMITED SPOTS AVAILABLE!



FORT WILLIAM FIRST NATION



IN PARTNERSHIP WITH  
FORT WILLIAM FIRST NATION

FUNDAMENTALS  
OF EXERCISE

INTRO TO  
CIRCUIT  
TRAINING

INTRO TO  
KETTLE  
BELLS

NUTRITION  
TIPS

# WELL NATION

## FITNESS PROGRAM

FORT WILLIAM FIRST NATION GYMNASIUM

FOR AGES 10-18

### 6 WEEK PROGRAM

THURSDAY  
OCTOBER 17  
6 PM-7 PM  
(ages 10-14)

SATURDAY  
OCTOBER 19  
11 AM - 12 PM  
(ages 15-18)

Registration is FREE

Register at [iswo.ca](https://iswo.ca) or in person:

**October 8th 5pm-8pm @ FWFN GYMNASIUM**

*Limited Spots Available*

- Light snacks will be provided
- Participants will receive a Well Nation Certification and Prizes

For more information contact:

Bailey Meawasige: [bailey.meawasige@iswo.ca](mailto:bailey.meawasige@iswo.ca) or

Bess Legarde at [besslegarde@fwfn.com](mailto:besslegarde@fwfn.com) or 807-252-7083



[iswo.ca](https://iswo.ca)

#ACTIVATINGWELLNESS

#WELLNESSWARRIOR



# OCTOBER 2019

**FORT WILLIAM FIRST NATION HEALTH CENTRE**

**622 – 8802**

**\*\*PLEASE NOTE\*\***

**ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE. SORRY FOR ANY INCONVENIENCE THIS MAY CAUSE**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b>  <b>THANKSGIVING HAMPER DRAW TICKETS FILL OUT UNTIL THURSDAY 1 PER PERSON @ Health reception</b>  <b>NO FAMILY GROUP</b>	<b>8</b>  <b>A.L.E. 11:00- 1:30 COMMUNITY CENTRE</b>  <b>DIABETIC CLINIC 10:00 TO 3:30P.M</b>	<b>9</b>	<b>10</b>  <b>Parents n Tots</b> <b>**Date changed to Sat. Oct 26<sup>th</sup> at Gammondale (flyer to follow**)</b>  <b>THANKSGIVING HAMPER DRAWS AT 2:00 p.m.</b>	<b>11</b>  <b>**NEW PROGRAM**</b> <b>EARLY YEARS PROGRAM 1:00P.M. TO 230 P.M THE NEW FAMILY CENTRE</b>  <b>C.A.R.E. GROUP 1-3 PM Community Centre</b>  <b>GOOD FOOD BOX PAYMENT DEADLINE</b>
<b>14</b>  <b>HAPPY THANKSGIVING (OFFICE CLOSED)</b>	<b>15</b>  <b>DIABETIC CLINIC 10:00 A.M TO 3:30 P.M</b>	<b>16</b>	<b>17</b>  <b>55+ PROGRAM 11:00 A.M. TO 1:30 P.M. COMMUNITY CENTRE</b>  <b>C.O.P.E. GROUP 1:00 TO 3:00 P.M. COMMUNITY CENTRE</b>	<b>18</b>  <b>**NEW PROGRAM**</b> <b>EARLY YEARS PROGRAM 1:00P.M. TO 230 P.M THE NEW FAMILY CENTRE</b>
<b>21</b>  <b>FAMILY NIGHT 4:30- 6:30 P.M. COMMUNITY COMMUNITY CENTRE</b>	<b>22</b>  <b>DIABETIC CLINIC 10:00 A.M TO 3:30 P.M</b>	<b>23</b>	<b>24</b>  <b>PICK UP GOOD FOOD BOX</b>	<b>25</b>  <b>**NEW PROGRAM**</b> <b>EARLY YEARS PROGRAM 1:00P.M. TO 230 P.M THE NEW FAMILY CENTRE</b>  <b>C.A.R.E. GROUP 1:00 P.M.- 3:00 P.M. COMMUNITY CENTRE</b>
<b>28</b>  <b>FAMILY NIGHT 4:30- 6:30 P.M. COMMUNITY CENTRE</b>	<b>29</b>  <b>DIABETIC CLINIC 10:00 A.M TO 3:30 P.M</b>	<b>30</b>	<b>31</b>  <b>HAPPY HALLOWEEN</b>	<b>PARENTS N TOTS PROGRAM DATE CHANGE TO SATURDAY OCTOBER 26 11:00 AM TO</b>

# YOUTH OPPORTUNITIES FUND

# INFO SESSION

**Learn about the YOF granting  
program for young leaders.  
Join us!**

**Monday, October 7th**  
at Thunder Bay Library  
6p.m. to 7:30p.m.  
216 S. Brodie Street, Thunder Bay  
**RSVP: [yof@otf.ca](mailto:yof@otf.ca)**

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[yof@otf.ca](mailto:yof@otf.ca)



# Their Breath in Beads

Sept 27 to Nov 10

Works by Ten  
Regional Artists

Caitlyn Bird

Cher Chapman

Sheila Demerah

Dawn Driver

Justine Gustafson

Reena Larabee

Mary Magiskan

Helen Pelletier

Doug Turner

Melissa Twance

Guest Curator

Jean Marshall



Fort William  
First Nation

# YOGA 4 ALL

11 week program



**\*Yoga Mats provided\***

**Tuesdays & Thursdays**

**12pm – 1pm**

**FWFN Gymnasium**

**Starting Oct 8<sup>th</sup> – Ending Dec 19th**

If you have any questions or concerns Please contact

Bess Legarde : 252-7038 or By Email : [besslegarde@fwfn.com](mailto:besslegarde@fwfn.com)

## **DIVINE MERCY MESSAGE**

**DIARY # 320 THE PRAYER OF A HUMBLE SOUL DISARMES THE ANGER OF MY FATHER AND DRAWS DOWN AN OCEAN OF MERCY.**

**DIARY # 698 GOD'S MERCY TOUCHES THE SINNER AT THE LAST MOMENT IN A WONDEROUS AND MYSTERIOUS WAY. OUTWARDLY IT SEEMS AS IF EVERYTHING WAS LOST, BUT IT IS NOT SO. THE SOUL, ILLUMINED BY A RAY OF GOD'S POWERFUL FINAL GRACE, TURNS TO GOD IN THE LAST MOMENT WITH SUCH A POWER OF LOVE., IN AN INSTANT, IT RECEIVES FROM GOD FORGIVENESS OF SIN AND PUNISHMENT, WHILE OUTWARDLY IT SHOWS NO SIGN EITHER OF REPENTANCE OR OF CONTRITION, BECAUSE SOULS (AT THAT STAGE) NO LONGER REACT TO EXTERNAL THINGS. OH, HOW BEYOND COMPREHENSION IS GOD'S MERCY ! BUT--- HORROR ! --- THERE ARE ALSO SOULS WHO VOLUNTARILY AND CONSCIOUSLY REJECT AND SCORN THIS GRACE! ALTHOUGH A PERSON IS AT THE POINT OF DEATH, THE MERCIFUL GOD GIVES THE SOUL THAT INTERIOR VIVID MOMENT, SO THAT IF THE SOUL IS WILLING, IT HAS THE POSSIBILITY OF RETURNING TO GOD. BUT SOMETIMES, OB DURANCE IN SOULS IS SO GREAT THAT THEY CONSCIOUSLY CHOOSE HELL, THEY (THUS) MAKE USELESS ALL THE PRAYERS THAT OTHER SOULS OFFER TO GOD FOR THEM AND EVEN THE EFFORTS OF GOD HIMSELF.**