



## **Weekly Newsletter for March 16-22**

**Flyers are to be delivered each weekend by 4pm Sunday evening.**

**Didn't receive your newsletter this weekend?**

**Please call Kristy Boucher at 623-9543 ext.217 or**

**info@fwfn.com with your questions or concerns.**

### **Finance Information Page For:**

- **Direct Deposit Forms for Member Distributions**
- **Youth Turning 18 – Direct Deposit Forms**
- **Late Banking Information – Annual Member Distributions**
- **Are You Making a Payment?**

**Is now on Page 2 of our Weekly Newsletter**

**Stay informed, follow us on:**



**@fortwilliamfirstnation**



**@FWFN1**

### **NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS**

**Letting your dog run loose, puts them and the community members in danger.**

**It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.**

**Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.**

## Direct Deposit Forms for Member Distributions

Please keep your banking information up-to-date with Finance. If you change your financial institution or have not yet provided any banking information to Finance, the following options are available to submit your Direct Deposit Information:

1. Mail in a sample VOID cheque from your chequing account that has your current address information on it. Please enclose a brief note such as **“Please update my direct deposit information”, sign and date** this note and provide your phone number in case we need to contact you.
2. If you have online banking, you can print out your own Direct Deposit form, **sign and date it**, print your address and phone number on it and mail it to FWFN Finance.
3. You can also visit your financial institution and have them fax FWFN Finance directly at (807) 623-5190 your direct deposit form after you signed and dated it. The fax must be faxed from the financial institution and cannot be faxed from a third-party fax number. Please note, some financial institutions provide this fax service and some do not. In the event they do not, you will need to mail this direct deposit form to us, as we will require your **original signature**.
4. Please note – Finance does not process any banking updates by e-mail or pictures.
5. If you are providing your banking information for FWFN employee payroll purposes, you will need to consent to release this information from FWFN Payroll to share this information to FWFN Accounts Payable and you will need to sign and date this form along with FWFN Payroll sign off.

## Youth Turning 18 - Direct Deposit Forms

Please provide your direct deposit information as noted above at least 1-week in advance of your birthday. Please contact Ed Collins/Trustee directly relating to youth funds held in trust with the Specific Claim Housing Trust at cell (807) 356-1970 to arrange any payment of youth funds due to you.

## Late Banking Information – Annual Member Distributions

Any revised direct deposit information received after a member distribution will be processed on the 3<sup>rd</sup> – Friday of each month thereafter. Please provide no later than the Wednesday before the 3<sup>rd</sup> Friday to ensure any amounts owing to you are processed on the 3<sup>rd</sup> Friday. Otherwise, your payment may not be processed until the following month's 3<sup>rd</sup> Friday.

## Are You Making a Payment?

Any member or customer making a payment (rent, ice rental, arena gym memberships, hall rental, hunting/fishing licenses, craft tables, Health Fair, Good Food Box, Pow Wow vendors, any other payments), Fort William First Nation Reception (2<sup>nd</sup> Floor of Band Office) must issue you an official pre-numbered FWFN receipt at the time of your payment.

FWFN Reception can now also process your payment by **debit/credit card** (Visa, MasterCard, American Express, and Discover). You may also make your payment FWFN Reception by cash or cheque, you may also mail in your cheque payment to the address noted below. Please reference your invoice number or rental unit address for rental payments.

FWFN Arena can process receipts if you are paying for your ice by cheque, debit or credit card. The Arena no longer processes cash. If you are paying your ice rental by cash, please see FWFN Reception to have your official pre-numbered FWFN receipt issued to you.

Fort William First Nation – Reception is located on the 2<sup>nd</sup> floor, Suite 200 at 90 Anemki Drive.

Questions regarding the above can be addressed to Lori Payne, CPA, CA – A/Director of Finance.

The poster has a yellow background with a large white star in the center. The star is outlined in white and contains the text. The background is filled with various sizes of yellow and purple stars. The text is in a dark blue, serif font. The overall design is festive and celebratory.

**55+**

**PROGRAM**

**11:00 AM-1:30PM**

**MARCH**

**19/2020**

**COMMUNITY HALL NON-  
SMOKING SIDE**



**LUNCH PROVIDED**



**ATTENDANCE GIFT**



**BINGO PRIZES**

## ATTENTION ALL FORT WILLIAM FIRST NATION BAND MEMBERS

A Vote will be held in May 2020 for the Anishinabek Nation Governance Agreement. As your Ratification Officer, I am requesting mailing addresses so that I can ensure that off-reserve band members get their voting packages. You can also request a mail-in package if you live on reserve.

To update your address please email me at

[p.h.electoralservices@hotmail.com](mailto:p.h.electoralservices@hotmail.com)

I will e-mail you back to verify that I have received it. If you do not have access to e-mail, please feel free to call me at 807-935-2086. Thank you in advance.

Paula Hyslop  
Ratification Officer  
Fort William First Nation

## ATTENTION ALL FORT WILLIAM FIRST NATION BAND MEMBERS

A Vote will be held in May 2020 for the Anishinabek Nation Governance Agreement. As your Ratification Officer, I am requesting mailing addresses so that I can ensure that off-reserve band members get their voting packages. You can also request a mail-in package if you live on reserve.

To update your address please email me at

[p.h.electoralservices@hotmail.com](mailto:p.h.electoralservices@hotmail.com)

I will e-mail you back to verify that I have received it. If you do not have access to e-mail, please feel free to call me at 807-935-2086. Thank you in advance.

Paula Hyslop  
Ratification Officer  
Fort William First Nation



**LICENSE # 11575**

**SALES START FEBRUARY 13<sup>TH</sup>!!!!!!**

**FIRST DRAW FEBRUARY 20<sup>TH</sup>!!!!!!**

## What is "Catch the Ace"

- A weekly raffle draws with a progressive part to it
- Every Thursday @ 2pm tickets will be all placed in a drum and a winner selected for that week's prize, and a chance for the progressive draw
- When you purchase a ticket you also choose an envelope number where you think the ACE of spade is, find it and win the progressive pot as well!
- All draws will be recorded and can be found on our Facebook page **FWFN Catch the Ace**
- **All draws will occur at the FWFN Community Center every Thursday at 2pm!**

## What are the proceeds used for?

Every year FWFN puts on several events within our community. Those include:

- Culture Department/Activities
- Recreation department/Activities
- Youth Programs
- Annual Pow wow
- Fall Pow wow
- Family Day Event
- Anemki Unity Winter Classic Hockey Tournament
- And Many Many More!

The funds generated from these raffles will offset the costs associated or enhance these events to provide more!

Among the events we hold we also provide Culture and Recreation Programs throughout the year for all ages from kids up to elders.

## Where can you buy your tickets?



**Fort William  
First Nation**  
Mountain Bingo

**FWFN HEALTH CENTRE EASTER**

# **BAZAAR**

**JOIN US ON**

**SAT. MARCH 28, 2010**

**1:00 PM - 3:00 PM**

**SPECIAL APPEARANCE BY THE EASTER BUNNY.**

**FOOD-BINGO-DOOR PRIZES-PENNY AUCTION  
TICKET TREE-HAMPERS-BOUNCY CASTLES**

**FWFN COMMUNITY CENTRE**

**FOR MORE DETAILS PLEASE CALL 622-8802**

**FOR COMMUNITY MEMBERS AND REGISTERED MEMBERS ONLY!!!**



FORT WILLIAM FIRST NATION

Join us for an  
**EGG - STRAVAGANZA**  
AND  
**Easter Brunch**  
**SUNDAY MARCH 29<sup>TH</sup> 2020**  
**@11:00AM**

**EASTER EGG HUNT. KIDS ACTIVITIES. PRIZES & TONS OF FUN!**  
**LOCATION: FWFN COMMUNITY CENTRE**



**IF YOU HAVE ANY QUESTIONS PLEASE CALL 622-6791**



## **Fort William First Nation Health Centre**

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Do you need extra hours for high school???

We are looking for volunteers for our up-coming  
event-**Easter Bazaar**

**DATE:** SATURDAY MARCH 28, 2020

**TIME:** 1:00 P.M -3:00 P.M

**PLACE:** COMMUNITY CENTRE



Please contact the Health Centre @ 622-8802

# MARCH 2020

## FWFN HEALTH CENTRE 622-8802 ON-CALL 472-7701

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>	<b>4</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>	<b>5</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>	<b>6</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>
<b>9</b>  <b>FAMILY NIGHT COMMUNITY HALL 4:30 to 6:30</b>	<b>10</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>	<b>11</b>	<b>12</b>  <b>PARENTS N TOTS COMMUNITY CENTRE 11:00AM TO 1:00PM</b>	<b>13</b>  <b>IWG- (INDIVIDUAL WELLBRIETY GROUP) 1:00 TO 3:00 COMMUNITY CENTRE</b>
<b>16</b>  <b>MARCH BREAK ACTIVITIES START <u>SEE THE FLYER FOR DETAILS</u></b>	<b>17</b>  <b>C.O.P.E. GROUP 1:30PM TO 3:00 PM COMMUNITY CENTRE</b>	<b>18</b>  <b>MARCH BREAK ACTIVITIES</b>	<b>19</b>  <b>55+ PROGRAM 11:00 AM TO 1:30 PM COMMUNITY CENTRE</b>	<b>20</b>  <b>MARCH BREAK ACTIVITIES</b>
<b>23</b>  <b>FAMILY NIGHT 4:30PM TO 6:30 PM COMMUNITY HALL</b>	<b>24</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>	<b>25</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM  DIABETES WELLNESS PROGRAM 11:00 TO 1:30 COMMUNITY CENTRE</b>	<b>26</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>	<b>27</b>  <b>IWG- (INDIVIDUAL WELLBRIETY GROUP) 1:00 TO 3:00 COMMUNITY CENTRE</b>
<b>30</b>  <b>FAMILY NIGHT MOVIE NIGHT 4:30 TO 6:30 COMMUNITY HALL</b>	<b>31</b>  <b>EARLY YEARS PROGRAM DROP-IN FAMILY CENTRE 1-3 PM</b>		<b>**PLEASE NOTE** ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT NOTICE. SORRY FOR ANY INCONVENIENCE THIS MAY CAUSE. SATURDAY MARCH 28 IS THE EASTER BAZAAR</b>	

# FWFN EMPLOYMENT & TRAINING

## SAFE FOOD HANDLING

Date: March 26 – 27, 2020

Time: 9am – 4pm

Where: Niigaanaadba Adult Education Centre



### Level 1 Food Handling

- Offered in one 7-hour session
- Provides all the basics of safe food handling, preparation & storage

Content covered will include;

- Public Health Regulations
  - Their Roles & Responsibilities
  - Receiving, storing, preparing, serving and dispensing food.
  - Hazard Analysis Critical Control Points (HACCP) Program

## SMART SERVE



The Smart Serve Responsible Alcohol Beverage Sales & Service Training Program is approved by the Alcohol and Gaming Commission of Ontario (AGCO) as the only responsible alcohol training program for Ontario. Smart Serve is a dedicated advocate for a safer and healthier Ontario. Program updates include attention to patrons use of cannabis use

Date: March 25, 2020

Time: 9am – 4pm

Where: Community Centre

# TO REGISTER CONTACT:

Hailey MacLaurin: (807) 6226791

Email: [haileyMaclaurin@fwfn.com](mailto:haileyMaclaurin@fwfn.com)

Dawn McKay: (807) 6226791

Email: [dawnmckay@fwfn.com](mailto:dawnmckay@fwfn.com)

# FIRE SAFETY ESCAPE PLAN



**2.5 Minutes:** Average time to escape a house fire after the smoke alarm sounds.



-Maximize that time by planning three steps ahead-

① **SOUND  
THE  
ALARM**



② **LIGHT  
THE  
PATH**



③ **KNOW  
YOUR  
WAY OUT**

**EXIT**



Test your  
detectors  
monthly



Install  
smoke-alarm  
activated lights



Establish  
and practice  
your family's  
escape route



F O R T   W I L L I A M   F I R S T   N A T I O N

## JOB POSTING

**Position Title:**

Band Membership Clerk

**Full-time Contract Position**– 1 Year Maternity Coverage

Possibility of extension (up to 18 months)

**Position Description:**

This position will assist FWFN Band Members through the application process for Indian Status to facilitate the determination of an individual's eligibility for Indian Status and also maintain the Band List. This role also communicates decisions made by the Registrar and issues Status Cards to those that are deemed eligible. The Band Membership Clerk will have knowledge of FWFN's values, culture and traditions. The Band Membership Clerk will work under the direct supervision of the CEO.

**Major Responsibilities:**

- Administer the membership program for the Fort William First Nation Band
- Assist community members in applying for status, renewing status cards, and updating records regarding marriage, divorce and death
- Maintain a current, up-to-date and accurate Indian Register (a listing of all persons registered as Indians under the Indian Act) for the First Nation
- Assist with access to government services related to the occurrence of life changes as a status Indian such as reporting birth, marriage, divorce and death events.
- Refer individuals to various organizations or references to conduct research for registration
- Assist individuals who are applying for registration for Indian Status or to become a Band member (e.g. assist individuals with transfers to and from other bands as requested)
- Network with other First Nation Clerks, as required
- Receive and review applications and assist for Indian Status
- Communicate to individuals of the decisions made by the Registrar on their application
- Issue status cards for authorized individuals in accordance with Departmental policies and procedures
- Maintain an effective filing system that includes the necessary reporting of Certificates of Indian Status on a regular basis along with an event reporting system for all transactions
- Meet with Department Officer on a regular basis to review Registry program and discuss areas for improvement
- Submit Registry and Band files for auditing as requested
- Liaise with Provincial and Federal Departments/Agencies to facilitate the provision of services to First Nation clients
- Assist the Indian Registrar in maintaining the integrity of the information contained within the Indian Registrar. The responsibilities of an Indian Registration Administrator, as delegated to them by the Indian Registrar are included in the Indian Registration Administrator Training Manual.

*We appreciate all applications. Only those selected for an interview will be contacted.*



F O R T   W I L L I A M   F I R S T   N A T I O N

- A full job description is available upon request.

**Qualifications:**

- Full comprehension of Indian Registration process
- Indian Registrar Administration (IRA) Training is an Asset
- Strong verbal and communication skills and be able to relate well with members, coworkers, and general public
- Able to take direction willingly from supervisor
- Detail oriented with excellent organization skills
- Experience working in an administrative setting; reliability and dependability is a requirement
- Scheduling client appointments
- Excellent knowledge of Microsoft Office
- Ability to multitask and prioritize daily workload
- This position will be subject to a criminal records check.

**Salary:** To be negotiated.

**Job Posting Closing Date:** Applications, consisting of a cover letter and resume with three (3) references, must be received by **4pm on Friday, March 27, 2020**. Please direct your application to the attention of:

**Donna Mullen**

**Human Resources Assistant**

**Ph: 807-623-9543 ext. 806, Fax: 807-623-5190**

**Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

When hand delivering; ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*



F O R T   W I L L I A M   F I R S T   N A T I O N

## **JOB POSTING**

**Position Title:**

**Community Energy Champion (CEC) – Three Year Contract**

**Position Description:**

The CEC will assist the Director of Economic Development and the Economic Development Manager in managing and coordinating energy related activities including engagement and capacity development around energy efficiency and green practices. The CEC will be the lead individual responsible for further development and implementation of a revised green Community Energy Plan. This will include completing all field work, community engagement and research required for the plan. Once the CEP is complete, the CEC will monitor conservation activities, work with individual home owners on conservation and energy options, and be involved with other energy projects within the community of Fort William surrounding band owned and operated facilities. The CEC will be responsible for completing energy audits within the community of FWFN and providing low cost, energy efficient upgrades to any in need Band owned facilities and residences. The CEC will be the main representative bridging the gap between current energy models and the switch to cleaner energy. The CEC will also be tasked with searching out future funding to implement any future larger energy infrastructure projects that may need to be implemented.

**Major Responsibilities:**

- Create an up to date, environmentally focused and fiscally sound Community Energy Plan
- Engage with energy sector professionals (IESO, Hydro One, Ministry of Energy, Ontario Energy Board) on a regular basis
- Point of contact for correspondence and opportunities related to energy for the community of Fort William First Nation (FWFN)
- Act as a point of contact and an energy education and conservation resource for the community for all energy related queries
- Complete Audits of the community energy through distribution of surveys and conduct data collection and interviews with FWFN as necessary
- Prepare notices on social media and the community newsletter
- Invite professional energy sector personnel as guest speakers, and provide materials for meetings and information sessions
- Coordinate community information sessions, and community engagement activities ie: logo and poster designs, photo voice presentations, and more as needed
- Procure funding for implementation of CEP by writing funding applications as opportunities arise for assistance related to energy generation, education and conservation



F O R T   W I L L I A M   F I R S T   N A T I O N

- Research into new and emerging technologies as per the CEP
- Perform other duties as requested related to energy

**Qualifications:**

- Post-Secondary Diploma or Degree in any area relating to: Science, Energy or Environmental studies
- Experience in First Nation Organization in the area of lands, environment and/or energy is considered an asset
- Knowledge of the First Nation culture and traditions or have the willingness to learn
- Ability to administer programs and initiatives
- Advanced computer skills in Microsoft Office: Word, Excel, PowerPoint, Outlook and social media platforms
- Effective verbal, presentation, written and listening communication skills
- Excellent organization, coordination, and time management skills
- Must be able to complete field work as required in adverse weather conditions
- Must have a vehicle and a valid "G" class license

**Salary:** To be determined

**Closing Date:**

Applications, consisting of a cover letter and resume with 3 references, must be received by **4:00 p.m. on March 27, 2020**. Please direct your application to the direction of:

Donna Mullen  
Human Resources Assistant  
P: 807-623-9543 Ext: 806  
Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)

When hand delivering, please ensure that your application is date  
Stamped and a copy is provided to you.

We appreciate all applications, however only those selected for an interview will be contacted.



F O R T   W I L L I A M   F I R S T   N A T I O N

## JOB POSTING

**Position Title:** Finance Officer- Full-time Permanent

**Position Description:** Under the general direction of the Controller, the Finance Officer will perform internal control functions, account reconciliation, general ledger administration and preparation of audit working papers.

**Major Responsibilities:**

- Monitor and enforce existing financial policies and procedures and assist with identifying areas for improvement relevant to accounting and internal control, budgeting, forecasting, and project tracking. Communicate and collaborate with Controller and Director of Finance to stay abreast of spending, budgeting, reports, and evaluation.
- Assists with the internal development and supervision of other Finance department staff including Accounts Payable Clerk, Accounts Receivable Clerk and Assistant Finance Officer in order to improve internal capacity.
- Monitor legislation, regulations, policies, and procedures applicable to financial reporting and operations, and ensure Fort William First Nation's compliance.
- Prepare bank and other account reconciliations.
- Completes journal entries as required.
- Assists with audit and preparation of audit working papers.
- A full job description is available upon request.

**Qualifications:**

- Diploma or degree in accounting is required, combined with a minimum of three (3) years' experience in the accounting field. Enrolment in the Chartered Professional Accountants (CPA) program of study is encouraged.
- Experience working within First Nations management.
- Knowledge of Microsoft Dynamics would be considered an asset.
- This position will be subject to a criminal records check.

**Salary:** To be negotiated.

**Job Posting Closing Date:** Applications, consisting of a cover letter and resume with three (3) references, must be received by **4pm on Friday, March 27, 2020.**

Please direct your application to the attention of:

**Donna Mullen, Human Resources Assistant**  
**Ph: 807-623-9543 ext. 806, Fax: 807-623-5190**  
**Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

When hand delivering; ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*



# JOB POSTING

**Position Title:** Governance Coordinator  
One Year Contract

**Position Description:** The role of the Governance Coordinator is to plan and efficiently execute Fort William First Nation's (FWFN) three main governance initiatives: membership law; election act; and governing constitution. They will also define the project objectives and deliverables and ensure measurable outcomes which reflect Fort William First Nation's vision, traditions, culture, and values.

### Major Responsibilities:

- Direct and execute community governance capacity development for the three main governance initiatives: membership law; election act; and governing constitution.
- Begin Governance strategic planning and constitution development process.
- Develop full-scale project work plan and associated communications documents.
- Develop communication strategy for FWFN Membership to ensure optimal transparency and understanding.
- Coordinate community focus groups and workshops on and off-reserve which may include: correspondence, engagement materials, travel, speakers, venues, and logistics.
- Develop and deliver progress reports and presentations to Leadership.
- A full job description is available upon request.

**Qualifications:**

- University degree or college diploma in the field of Political Sciences, Law, Community Development and/or Planning and Business and Administration.
- Or 5 years' direct work experience in project management capacity, including all aspects of governance and process development and execution.
- This position is subject to a criminal records check.

**Salary:** To be negotiated.

**Job Posting Closing Date:** Applications, consisting of a cover letter and resume with three (3) references, must be received by **4pm on Friday, March 27, 2020**. Please direct your application to the attention of:

**Donna Mullen**  
**Human Resources Assistant**  
**P: 807-623-9543 ext. 806**  
**F: 807-623-5190**  
**E: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

When hand delivering; ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*

NOKIIWIN & FORT WILLIAM FIRST NATION  
PRESENT:

# LANGUAGE CAFE

**Monday March 23, 2020  
5pm to 7pm  
at the Youth Centre**

The Education Department is hosting a language program evening. Come out to prepare a light meal & have fun learning a few Ojibwe words! Parents must accompany their children.

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ONLY 30 SPOTS AVAILABLE

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RSVP to Brittany Collins at 807 623 9543 ext 205  
or [education@fwfn.com](mailto:education@fwfn.com)

# FORT WILLIAM FIRST NATION

## Land Designation Vote

### **LONG TERM CARE FACILITY**

Chief and Council of the Fort William First Nation have requested a referendum vote of the First Nations electors concerning the designation of reserve land for the purpose of construction and operation of a long-term care facility.

Please join us in a community discussion about the details of this designation, your feedback and participation would be greatly appreciated.

**FWFN Lands Department**

### **VOTE DATE**

#### **WHEN**

**May 2, 2020  
9am – 8pm  
Fort William First Nation  
Community Hall**

### **INFORMATION SESSION**

#### **WHEN**

**April 20, 2020  
6pm-9pm  
Fort William First Nation  
Community Hall**

### **PRESENTATIONS**

**Adam Rose, Stantec**

**Tina Morriseau, FWFN**

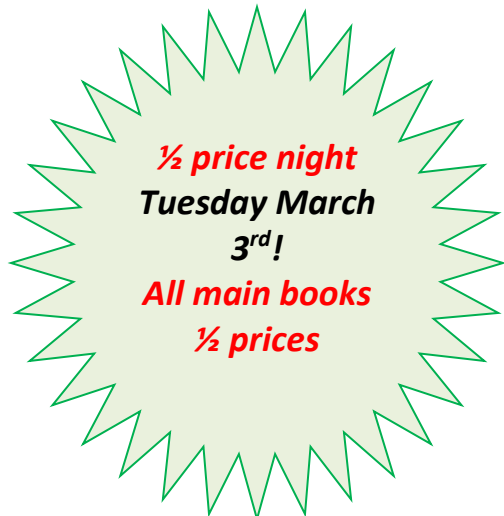
**Julie Watson, ISC**

**Mike Strickland, Buset LLP**

**LIGHT REFRESHMENTS  
AND SNACKS PROVIDED**



# March 2020 Events



**WHACKY  
WEDNESDAYS**  
  
**ALL SPECIAL  
BOOKS ½ PRICE!**



**WHACKY  
WEDNESDAYS**  
  
**ALL SPECIAL  
BOOKS ½ PRICE!**



For More Information visit our website @ [mountainbingo.com](http://mountainbingo.com)  
Thank you for your continued support!

**FWFN MOUNTAIN BINGO**  
**CALENDAR OF EVENTS**

**(807)622-5914 HOTLINE**



**March 2020**

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

1	2	3 ½ PRICE NIGHT	4 Whacky Wednesday	5 Catch the Ace draw 2pm!	6	7 CLOSED
8	9 CLOSED	10	11 Whacky Wednesday	12 Catch the Ace draw 2pm!	13	14 CLOSED
15	16 CLOSED	17 ST. PATTY'S DAY	18 Whacky Wednesday	19 Catch the Ace draw 2pm!	20 DRAW NIGHT	21 CLOSED
22 \$23,000.00 MINI MONSTER BINGO	23 CLOSED	24	25 Whacky Wednesday	26 Player Appreciation Night Catch the Ace draw 2pm!	27	28 CLOSED
	CLOSED				Did you buy your Catch the Ace tickets??	

# NEW PROGRAM!!

Introducing: **WELLNESS WEDNESDAY!!**

Program designed for all **DIABETIC** and **PRE-DIABETIC** community members of Fort William FN, who are interested in joining us for an afternoon of specific health topics related to diabetes screenings/nutrition/recipes and **BINGO!!** Bring bingo dabbers if you have any!



**March 25/2020**

**11:00-2:00pm**

**Community Hall- nonsmoking side**

- ❖ Lunch & refreshments provided
- ❖ Bingo for gift cards
- ❖ Attendance gift cards.

Any questions contact Julie Fair- Diabetes Initiative Worker:622-8802



FORT WILLIAM FIRST NATION

## **FORT WILLIAM FIRST NATION SOCIAL SERVICES**



# **ODSP**

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Ontario Disability Support Program

**ONTARIO DISABILITY SUPPORT PROGRAM WILL BE**

**AT OUR OFFICE ON:**

**FEBRUARY 20<sup>TH</sup>, MARCH 4<sup>TH</sup> & 19<sup>TH</sup>**

**FROM**

**1:00 TO 4:00**



# **Fort William First Nation**

## **2020/2021 POST SECONDARY APPLICATIONS**

2020/2021 Post-Secondary  
Applications are now available.

Please pick up at the office at  
reception OR email  
[education@fwfn.com](mailto:education@fwfn.com)  
to request an application.

EVERY student must apply each year.

The deadline to submit the application  
is Friday May 29, 2020 by 4pm.

*For more information, contact:*

*Brittany Collins*

*Education Assistant*

*623.9543 ext 205*

*[education@fwfn.com](mailto:education@fwfn.com)*



EDUCATION  
DEPARTMENT



**Please note, the last day to  
purchase school Uniforms  
for this school year is  
March 20, 2020.**

**No further purchases will be  
honored after this date.**

**Thank you for your  
cooperation**

# ECONOMIC DEVELOPMENT INFORMATION

## SESSION: WAASIGAN TRANSMISSION LINE

### PRESENTATION BY HYDRO ONE

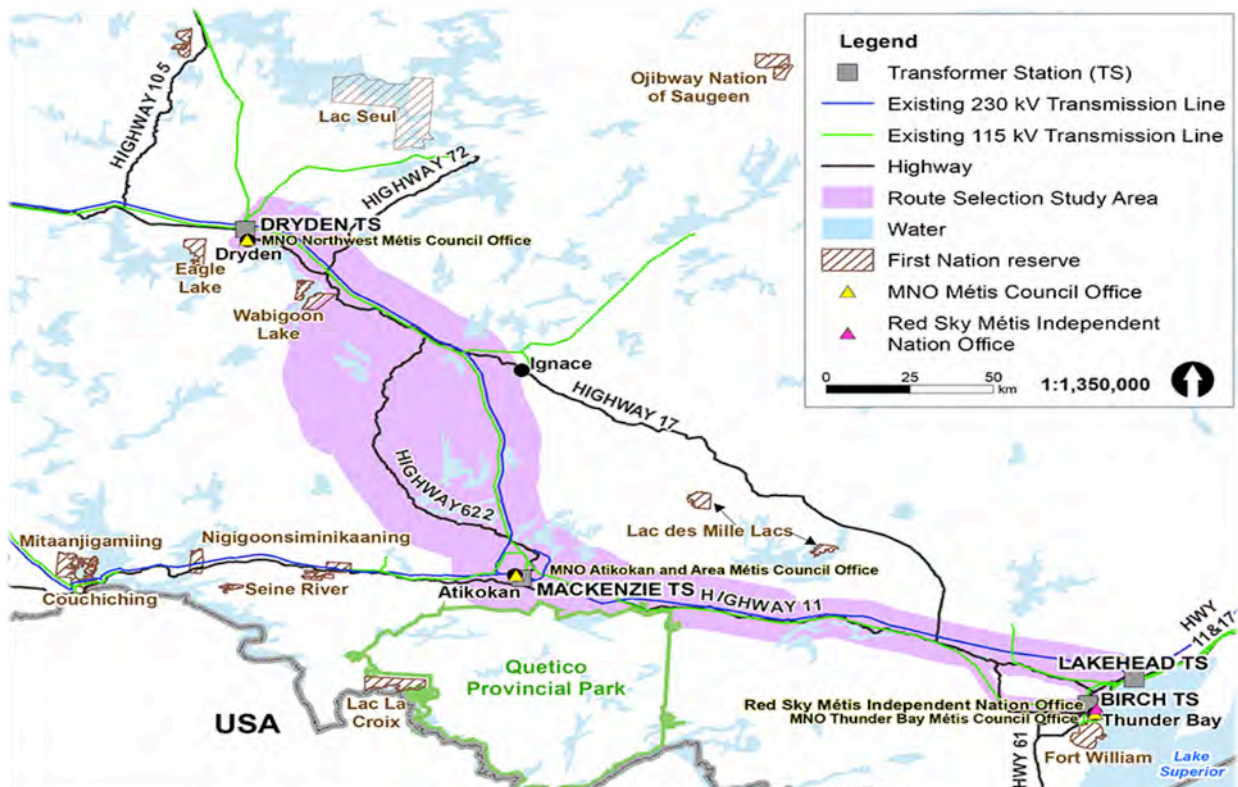
**\*MONDAY, MARCH 16<sup>TH</sup> FROM 5:30PM – 8PM\***

**FWFN COMMUNITY CENTER – SMOKING SIDE**

**FOOD PROVIDED AND DRAWS FOR GIFT CARDS FOR MEMBERS IN ATTENDANCE**

#### From Hydro One:

- ✓ “We want to hear from the public to ensure our project delivers tangible benefits to local communities.”
- ✓ “Together with Indigenous communities in the project area, Hydro One is exploring and discussing project details and potential benefits the Waasigan Transmission Line can bring.”



# Wash Your Hands Often to Stay Healthy

**Handwashing** is one of the best ways to protect yourself and your family from getting sick. Learn when and how you should wash your hands to stay healthy.

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick with vomiting or diarrhea.
- Before and after treating a cut or wound
- After using the toilet
- After changing diapers or cleaning up a child who has used the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

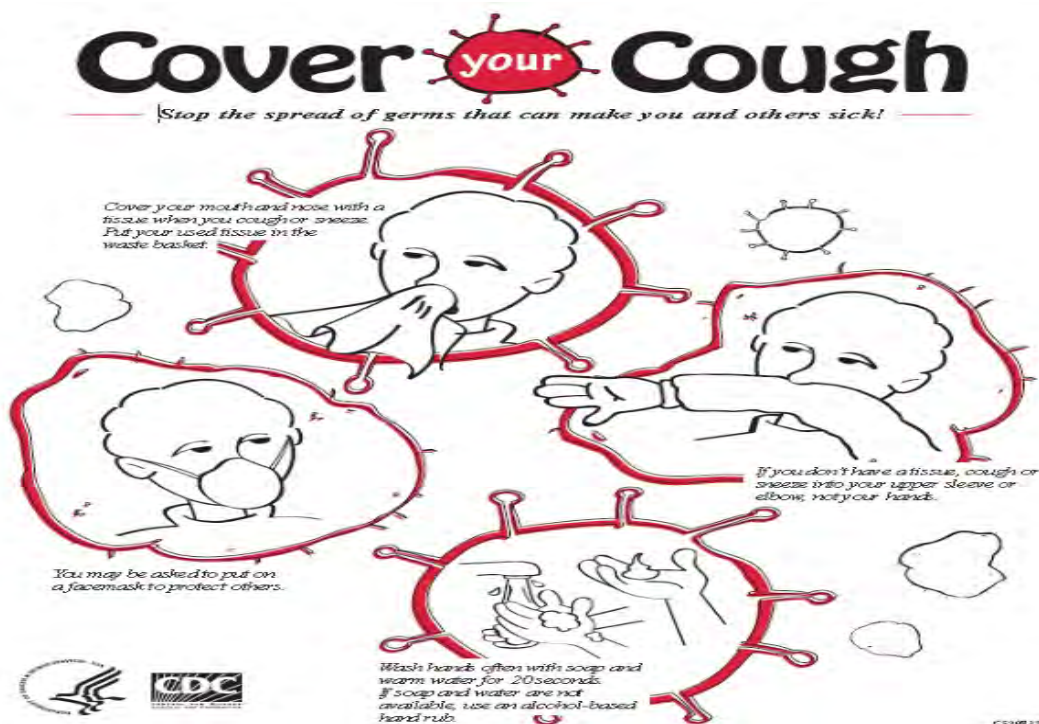


If soap and water not available, use an alcohol-base hand sanitizer.

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## What is the correct way to sneeze or cough to avoid spreading germs?

1. Always carry a tissue or handkerchief to cover your mouth or nose.
  2. Cough or sneeze into your elbow, if you don't have a tissue.
  3. Turn away from people when coughing or sneezing to avoid contaminating others.
  4. If you are in a crowd and cannot turn away, cough or sneeze downwards towards your feet.
  5. If you are having a coughing or sneezing episode, excuse yourself from the room until it subsides.
- In addition, washing hands and/or use of antibacterial hand gel immediately after blowing one's nose is critical to help stop the spread of germs.



### What is the new coronavirus virus?

Coronaviruses are a large family of viruses, causing from the common cold to more severe diseases. The coronavirus (COVID-19) is a new coronavirus identified in China in late December 2019. It has since spread to other countries in the world.

### What are the symptoms?

Symptoms of novel coronavirus are similar to influenza and include: fever, cough and/or difficulty breathing. In severe cases, the infection can lead to hospitalization or death.

### Am I at risk of getting it?

- At this time, the Public Health Agency of Canada (PHAC) states the risk of coronavirus to Canadians is low
- You are at risk of getting sick with the novel coronavirus if you have:
  - recently travelled to a country affected by COVID-19 (mainland China, Hong Kong, Iran, Italy, Japan, Singapore, South Korea) \* please see PHAC travel advisory website below for updated countries
  - been in close contact with someone tested and has the virus
  - been in close contact with a suspected case of the virus
  - been in close contact with someone who has recently travelled to the affected area and has symptoms of respiratory illness listed above
    - If you are at risk of getting the virus and you have symptoms of fever, cough, or shortness of breath, call your health care provider or nursing station right away
- Your risk of becoming very sick may be higher if you have a weakened immune system – this includes older adults and people with chronic diseases such as diabetes, heart problems or cancer

### How can I protect myself?

- You can protect yourself the same way as would from the flu, such as:
  - ✓ washing your hands frequently with soap and water for at least 20 seconds
  - ✓ avoid touching your eyes, nose, or mouth with unwashed hands
  - ✓ covering your mouth and nose with a tissue or arm when coughing and sneezing
  - ✓ avoid people who are sick
  - ✓ stay home if you are sick and limit visitors

### Is there treatment for the coronavirus?

- There are no specific treatments or vaccines for coronaviruses
- Most people will recover on their own and are advised to drink lots of water or fluids, get rest and sleep, and try a humidifier or a hot shower to help with a sore throat or cough
- People who are very sick with symptoms (such as difficulty breathing) or are at risk of complications, should go to the emergency department or nursing station to be assessed
  - Call the clinic before going in to tell them about your symptoms and risks



**For additional Resources:**

- Current information visit Ontario Ministry of Health at **[www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus)**
- Public Health Agency of Canada COVID-19 toll free at: **1-833-784-4397**
- Public Health Agency of Canada COVID-19 travel advisory: **[www.travel.gc.ca](http://www.travel.gc.ca)**
- Coronavirus and First Nations Communities website: **<https://www.sac-isc.gc.ca/eng/1581964230816>**
- Your Public Health Office/Health Centre/Nursing Station at: \_\_\_\_\_



## Youth Centre Program 10-12yrs

Tuesday	Wednesday	Thursday	Friday
<b>3</b> After School Program 4:00pm-6:00pm	<b>4</b> Science North 4:00pm-6:00pm	<b>5</b> After School Program 4:00pm-6:00pm	<b>6</b> X
<b>10</b> Prevention 4:00pm-6:00pm	<b>11</b> Right to Play: Food-ology 4:00pm-6:00pm	<b>12</b> After School Program 4:00pm-6:00pm	<b>13</b> Movie/Game Night 5:30pm-8:30pm
<b>17</b> Closed	<b>18</b> Pajama Day! Movies, Snacks & Games 5:00pm-8:00pm	<b>19</b> Closed	<b>20</b> X
<b>24</b> Prevention 4:00pm-6:00pm	<b>25</b> Roots to Harvest Cooking Program 4:30pm-7:30pm	<b>26</b> Famous Players Silver City – Movies Time to be Determined	<b>27</b>
<b>31</b> After School Program 4:00pm-6:00pm			

**\*Youth are required to have a full completed registration form to attend Youth Centre Programs & Outings\***



**roots to harvest**  
Punks Growing Food



**RIGHT  
TOPLAY**

# march

Youth Centre Program  
13-17yrs

Tuesday	Wednesday	Thursday	Friday
<b>3</b> Climate Change Work Shop #5 6:30pm-8:30pm	<b>4</b> Right to Play: Youth Leadership 6:30pm-8:30pm	<b>5</b> Drop in Night 6:30pm-8:30pm	<b>6</b> Movie/Game Night 5:30pm-8:30pm
<b>10</b> Climate Change Work Shop #6 6:30pm-8:30pm	<b>11</b> Right to Play: Youth Leadership 6:30pm-8:30pm	<b>12</b> Drop in Night 6:30pm-8:30pm	<b>13</b> X
<b>17</b> Closed	<b>18</b> X	<b>19</b> Closed	<b>20</b> Pajama Night! Movies, Games & Snacks 5:30pm-8:30pm
<b>24</b> Prevention 6:30pm-8:30pm	<b>25</b> Roots to Harvest Cooking Program 4:30pm-7:30pm	<b>26</b> X	<b>2</b> Wacky Wings Arcade Time to be Determined
<b>31</b> Prevention: Wellness 6:30pm-8:30pm			

**\*Youth are required to have a full completed registration form to attend Youth Centre Programs & Outings\***



**RIGHT** roots to harvest  
**TOPLAY** Punks Growing Food

# Safer Communities Start With You



## WORKSHOP

### Facilitator: Kris Carlson

Youth-in-Transition Worker

Co-chair, Thunder Bay Coalition to End Human Trafficking

- ☒ What you need to know about the risk of youth exploitation in Thunder Bay
- ☒ Identify when someone may be trying to take advantage of you or a friend
- ☒ Where to get help and find support in our community
- ☒ Check out onsite information booths

*Are you 12–18 years of age?*



*You are invited to attend:*

**Tuesday March 24, 2020**

Sign in: 9:30 am

Workshop: 10:00 am - 3:00 pm

**Victoria Inn**

555 W. Arthur Street

Thunder Bay

**FOR MORE INFORMATION OR TO REGISTER CALL 577-4925**

Or register online: <https://www.creightonyouth.com/workshop>