

Weekly Newsletter for May 11-17

Flyers are to be delivered each weekend by 4pm Sunday evening.
Didn't receive your newsletter this weekend?
Please call Kristy Boucher at 623-9543 ext.217 or
info@fwfn.com with your questions or concerns.

Finance Information Page For:

- Direct Deposit Forms for Member Distributions
- Youth Turning 18 Direct Deposit Forms
- Late Banking Information Annual Member Distributions
- Are You Making a Payment?

Is now on Page 2 of our Weekly Newsletter

Stay informed, follow us on:



NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS

Letting your dog run loose, puts them and the community members in danger.

It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.

Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.



Direct Deposit Forms for Member Distributions

Please keep your banking information up-to-date with Finance. If you change your financial institution or have not yet provided any banking information to Finance, the following options are available to submit your Direct Deposit Information:

- 1. Mail in a sample VOID cheque from your chequing account that has your current address information on it. Please enclose a brief note such as "Please update my direct deposit information", <u>sign and date</u> this note and provide your phone number in case we need to contact you.
- 2. If you have online banking, you can print out your own Direct Deposit form, **sign and date it,** print your address and phone number on it and mail it to FWFN Finance.
- 3. You can also visit your financial institution and have them fax FWFN Finance directly at (807) 623-5190 your direct deposit form after you signed and dated it. The fax must be faxed from the financial institution and cannot be faxed from a third-party fax number. Please note, some financial institutions provide this fax service and some do not. In the event they do not, you will need to mail this direct deposit form to us, as we will require your <u>original signature.</u>
- 4. Please note Finance does not process any banking updates by e-mail or pictures.
- 5. If you are providing your banking information for FWFN employee payroll purposes, you will need to consent to release this information from FWFN Payroll to share this information to FWFN Accounts Payable and you will need to sign and date this form along with FWFN Payroll sign off.

Youth Turning 18 - Direct Deposit Forms

Please provide your direct deposit information as noted above at least 1-week in advance of your birthday to the attention of Finance to release FWFN youth funds held in trust. In addition, as the Specific Claim Housing Trust administers the remaining balance of youth funds, please also contact Michael Pelletier Jr, CEO directly at cell (807) 629-0471 to arrange any payment of these youth funds due to you, you will need to provide your banking information to them directly.

Late Banking Information – Annual Member Distributions

Any revised direct deposit information received after a member distribution will be processed on the 3rd – Friday of each month thereafter. Please provide no later than the Wednesday before the 3rd Friday to ensure any amounts owing to you are processed on the 3rd Friday. Otherwise, your payment may not be processed until the following month's 3rd Friday.

Are You Making a Payment?

Any member or customer making a payment (rent, ice rental, arena gym memberships, hall rental, hunting/fishing licenses, craft tables, Health Fair, Good Food Box, Pow Wow vendors, any other payments), Fort William First Nation Reception (2nd Floor of Band Office) must issue you an official pre-numbered FWFN receipt at the time of your payment.

FWFN Reception can now also process your payment by <u>debit/credit card</u> (Visa, MasterCard, American Express, and Discover). You may also make your payment FWFN Reception by cash or cheque, you may also mail in your cheque payment to the address noted below. Please reference your invoice number or rental unit address for rental payments.

FWFN Arena can process receipts if you are paying for your ice by cheque, debit or credit card. The Arena no longer processes cash. If you are paying your ice rental by cash, please see FWFN Reception to have your official pre-numbered FWFN receipt issued to you.

Fort William First Nation – Reception is location on the 2nd floor, Suite 200 at 90 Anemki Drive.

Questions regarding the above can be address to Lori Payne, CPA, CA – A/Director of Finance.



COVID-19 – Update from Finance

The health and safety of our people, partners, families and community are our priority. In response to the COVID-19 pandemic, we have temporarily closed our offices to the public. We are operating at minimum essential services only and will be working remotely, our response time to you may be delayed regarding non-essential inquiries and services and we ask for your understanding and patience as we work through these difficult times.

For up-to-date information on COVID-19, please visit:

- Ontario Ministry of Health's website: https://www.ontario.ca/page/2019-novel-coronavirus
- Public Health Services Canada website: https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html

You may also visit Fort William First Nation's COVID-19 Action Plan web page at: https://fwfn.com/covid-19-action-plan/

Any emergency calls to the Band Office reception should be redirected to essential services staff or FWFN Emergency Response Call Centre at (807) 698-0415 or by email at COVID19@fwfn.com. The COVID-19 Action Plan web page includes an Important Contact Information area also.

In addition to being a part of the COVID-19 pandemic team, Finance will be onsite regularly to assist with business continuity such as checking mail and responding to COVID-19 needs as our primary focus in addition to doing our best to administer all of our Finance functions such as our payments.

Are you trying to make a payment on your account?

During this interim period, you may wish to inquire with your financial institution on ordering cheques and mailing your payments to us at 90 Anemki Dr, Suite 200, Fort William First Nation, ON P7J 1L3. Alternatively, you mail call in your payment with a credit card (Visa, MasterCard, American Express and Discover).

Payments to our suppliers

During this interim period, we will continue to make our supplier and member-contractor payments as scheduled to the best of our ability, however, we are committed to responding to our COVID-19 priority needs first and foremost in order to serve our Community to ensure their health and safety during this time.

If you are a member-contractor with no current banking information on hand for EFT direct deposit payment, we will be mailing your payment by cheque to you. All regular supplier payments will be processed by cheque and mailed. There will be no picking up of cheques for personal delivery in order to uphold the physical distancing requirements by public health officials.

Banking updates - direct deposit forms

During this interim period, Finance will only be accepting direct deposit information by mail and by fax direct from your financial institution. Please see the previous page on the correct format.

Bingo Balls

Bingo Balls applications received up to the point of the Bingo operations shutdown due to COVID-19 effective March 12, 2020, will be processed by Friday March 27, 2020. Any applications received after the Bingo Operations shut down will not be processed. Once Bingo operations resume and reopen, applications will need to be resubmitted at that time and will be processed thereafter.



COVID-19 - Update from Finance (continued)...

Applying for El Benefits and Emergency Response Benefit?

It is best to have all the following information with you before you start your online application in order to prevent delays:

- 1. Your ROE if your employer submits electronically, you do not need a paper copy (Note: FWFN submits ROEs electronically)
- 2. Your Social Insurance Number (SIN)
- 3. ID such as driver's license, birth certificate, passport for status card
- 4. Your complete bank account information (you can find this on your bank statement)

Apply online at: https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html

Applying for Canada Emergency Response Benefit (CERB) with CRA

Based on information on the CRA website:

"The CERB supports Canadians by providing financial support to employed and self-employed Canadians who are directly affected by COVID-19.

It provides a payment of \$2,000 for a 4-week period (the same as \$500 a week) for up to 16 weeks.

After you apply, you should get your payment in 3 business days if you signed up for direct deposit. If you haven't, you should get it in about 10 business days."

If you have already applied for EI, you will not need to apply for the CERB.

For more information about CERB, please visit: https://www.canada.ca/en/revenue-agency/services/benefits/apply-for-cerb-with-cra.html

Canada's COVID-19 Economic Response Plan

If you are an individual, business or industry – you may qualify for support under Canada's COVID-19 Economic Response Plan.

For more information about Canada's plan, please visit: https://www.canada.ca/en/department-finance/economic-response-plan.html

Meegwetch – Stay safe and well – We are all in this together, in kindness, Your Finance Team

ONTARIO WORKS ODSP INFO!



CERB PAYMENTS & SOCIAL ASSISTANCE

For those on social assistance who are eligible for the new federal Canada Emergency Response Benefit (CERB), that additional income replacement will be treated similar to earned income.

CERB payments are not employment earnings; however, in the unprecedented context of the COVID-19 emergency and economic impact, the government has approved a partial exemption of CERB payments that will operate with similarities to the current treatment of employment earnings:

- •For Existing Ontario Works & ODSP clients who were on the program <u>prior</u> to the COVID-19 outbreak, as of March 1, 2020, all recipients will have CERB income treated <u>as partially exempt</u> i.e. \$200 flat rate exemption + 50 percent for each additional dollar.
- •For **new** Ontario Works or ODSP applicants granted on or after March 1—CERB payments will be treated as <u>not exempt</u>, which means it will be <u>deducted dollar-for-dollar when determining eligibility for social assistance.</u>
- •CERB treatment rules also apply to the Employment Insurance-Emergency Response Benefit (EI-ERB).
- •CERB income <u>must be declared on your income statement similar to reporting earnings.</u>
- •Verification will be done with recipients and their Caseworker, clarifying if they have or have not been in receipt of the CERB or EI-ERB to determine their monthly issuance eligibility.
- •Ontario Works & ODSP recipients <u>who qualify for the CERB partial exemption but</u> <u>become financially ineligible</u> (i.e. where the income reduction from CERB reduces budgetary requirements to \$0) <u>will not lose access to health and other benefits.</u> These recipients will remain on social assistance, to ensure continued access to benefits and case management support.

For More Information, Please Call 622-6791

Or

Fmail

ShannonC@fwfn.com • SamandaAnderson@fwfn.com • DanielleP@fwfn.com



HAVE YOU REGISTERED TO SET UP



AN AT HOME GARDEN?



THE ONTARIO WORKS TEAM WILL BE SETTING
UP INTERESTED COMMUNITY MEMBERS WITH
YOUR OWN GARDEN BOXES IN YOUR YARD



<u>CRITERIA:</u>

- MUST BE ON OW OR ODSP
- MUST MEET WITH EMPLOYMENT WORKER TO PLAN YOUR GARDEN SPACE
- PICK THE VEGATABLES YOU'D LIKE TO PLANT
- MUST BE WILLING TO PLANT AND MAINTAIN YOUR GARDEN BOX FOR THE ENTIRE GROWING SEASON
- BI-WEEKLY CHECK INS ON GARDEN AND SUPPORTS IF NEEDED
- ** CURRENTLY A WAIT LIST FOR THOSE THAT ARE INTERESTED FOR PEOPLE <u>on & off</u> ow or odsp **

WE WILL BE BUILDING MORE THIS SEASON

BENEFITS OF GARDENING:

- SAVES YOU MONEY BY GROWING SOME OF YOUR OWN VEGETABLES & FRUIT
- REDUCES STRESS
- IT CAN KEEP YOU & YOUR FAMILY BUSY AND OUTSIDE
- GETS YOU ACTIVE

IF YOU HAVE REGISTERED PLEASE FOLLOW UP WITH HAILEY!

THIS SPRING & SUMMER ACTIVITY WILL GO TOWARDS MEETING YOUR PARTICIPATION REQUIREMENTS IF YOU ARE ON OW OR ODSP

FOR INFO CONTACT HAILEY @ 622-6791 LEAVE A MESSAGE SOMEONE WILL GET BACK TO YOU AS SOON AS POSSIBLE





FWFN Health Centre

You may find yourself in need of services

Some helpful supports are listed below:

APS-Anishinabek Police Service FWFN Detach: 807-625-0232

Child & Youth Crisis Support Line Thunder Bay: 807-346-8282

Thunder Bay Counselling Centre: 807-684-1880

Thunder Bay and Area Victims Services: 807-684-1051

Youth Outreach Worker: 807-623-8511

Beendigan Inc. Crisis Line: 807-346 HELP (4357)

Dilico Anishnabek Family Services: 623-8511

Safe Alternatives: 1-800-366-8288

Kids Help Phone: 1-800-668-6868

Thunder Bay Crisis Response Services: 1-888-269-3100 or 346-8282

Crisis Services Canada: 1-833-456-4566

Balmoral Detox Centre: 623-6515

Talk4Healing Help Line: 1-855-554-4325

FWFN Health

90 Anemki Drive FWFN, ON Phone: (807) 622-8802



BBQ PACKAGE WINNER IS "Jessica Bannon & Family"







For the On-Reserve Members that Registered into our BBQ Package draw, Check out our Youth & Social fb page to see how we picked our Lucky Winner

Had to of be registered before April 21 2020 & Draw Date: April 22th @3pm



Thank you to all who Participated Youth & Social Development Draw







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
				FOOD BANK PICK UP GUIDELINES		

5 6 1 1 6 1 6 1 7	1110110101			~
			_	
3	4	5	6	
10	11	FAMILY FOOD BANK 11am-5pm	13	
17	18	SINGLES FOOD BANK 11am-3pm		
24	25	26	27	

PLEASE READ THE FOLLOWING

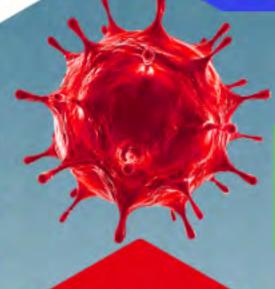
- If you are <u>sick</u>, <u>have a cough</u>, <u>runny nose or fever</u>
 we ask that you or any member of your home- <u>DO NOT</u>
 come to pick up the food, please remain at home and
 call the office for assistance.
- If you have a Vehicle, remain in the vehicle upon arrival
- If you do not have a vehicle, <u>please practice safe social</u> <u>distancing- remaining 6ft away from one another.</u>
- Someone will take down your name and make sure you know you are on the waiting list
- Please do not come to the door or surround the door
- Food Banks will be put on curbside for individuals to load.
- Once you are done please leave the cart on the curb do not attempt to bring it in.
- We ask that when you get home to wipe down/ wash your food products before storing them

FOLLOW INSTRUCTIONS AND STAY SAFE

WHITE: EVERYTHING IS GOOD

BLUE: NEED WATER

YELLOW: Self-isolating



GREEN: NEED FOOD

RED: HAVE COVID-19

ONLY USE
BLUE AND GREEN
IF YOU HAVE
COVID-19

CONTACT CALL
CENTRE

698-0415 COVID19@FWFN.COM

MANDATORY REQUIREMENTS!

Please bring the following during a scheduled appointment:

- All tax-slips for employment/pension/social assistance (eg: T4, T5007, TA[P], T4[OAS], T5, T4A)
- 2. Rent receipt/s with full name of landlord/s, Municipal Property tax bills
- 3. Complete info of spouse/s (includes ex-spouse/s), as well all dependents.
- 4. Receipts for public transit passes, RRSPs, donations, medical expenses, &c.
- 5. Financial Institution/Bank info to set-up/change direct deposit info.
- 6. USB flash-drive/Pen-drive to save a copy of your tax-file
- 7. College/University tuition fee certificates, bursary/grant/scholarship tax slip (T2202A, T4A)
- 8. Prior year's Notice of Assessment from CRA (not applicable for 1st-time filers)
- 9. Government-issued photo identification.
- 10. Notice of Determination from CRA with regard to Infirmity/Disability (if applicable)
- 11. Summarize and total all expenses such as rent, medical expenses &c for the year.
- Annual household Income* NOT to exceed \$25,000**(Non-complex tax situations only***!)
 (*Excludes: Provincial/Federal benefits such as CCB, OTB, GST)

(*Includes: salary, wages, honoraria, tips, gratuities, commissions, bonus, &c)

("Message/phone for options (including referrals) for those whose income exceeds this limit)

(***Complex tax-situations: Business/rental/foreign income, bankruptcy, deceased person return, capital gains/losses, sale of house)

With prior appointment only!

No Walk-ins and No Drop-offs Please!

PHONE: (807) 346-9674

EMAIL: incometaxclinics@outlook.com

www.facebook.com/incometaxclinics

NB: If unable to attend for any reason, please phone/message ahead of time to cancel/re-schedule

Failure to attend a scheduled appointment could result in 'Miss Appointment' Fees

Note: You are responsible for all the information on the Return - regardless of who prepares it!

Live Webinar

Date: May 12, 2020

Time: 10:00am—11:20am

Cost: FREE



CONFERENCE SPEAKERS



Barbara Nolan

Elder

Charles Catchpole
Chef/Owner,
Charger Foods





Dan White

3rd Apprentice, UA Canada

Jennifer Mueller

Civil Maintenance,

OPG





Kevin Hill
Forestry Tech,
Hydro One

Keir Johnston
Enbridge
Representative



Danny Deleary

AABO Representative

SKILLS ONTARIO: FIRST NATIONS, MÉTIS, AND INUIT STUDENT CONFERENCE

For Indigenous youth to learn about the career paths in the skilled trades and technologies, while celebrating a shared cultural heritage and the success of Indigenous youth across Ontario.



To join this event, register at skillsontario.com/fnmi.

Agenda				
10:00-10:07	WELCOMING REMARKS BY ELDER BARBARA NOLAN			
10:07-10:20	CHEF CHARLES WILL LEAD US IN A COOKING SESSION			
10:20- 10:40	MENTOR PANEL			
10:40- 10:55	OPPORTUNITIES IN THE SKILLED TRADES FOR INDIGENOUS YOUTH			
10:55-11:00	CLOSING REMARKS BY ELDER BARBARA NOLAN			
11:00-11:20	Q&A			

Please be advised that this conference will be recorded.

Thank you to our sponsors!







This program is funded by the Government of Ontario.











For hands-on activities that can be done at home through our **#SkillsAtHome** challenge series, follow us on Twitter and visit **skillsontario.com/skillsathome**!



Department: Fort William First Nation CEO

Subject: COVID-19 Community Update

Date Prepared: May 7, 2020

Prepared by: Christina Thiessen
Executive Assistant - Office of the CEO

NOTICE TO COMMUNITY- Update on COVID-19 from Emergency Response Group

Council has recently made a decision to allow the opening of FWFN stores. On Tuesday May 5th, the stores opened to all general public. There are new operating requirements put in place. The stores will be open limited hours, social distancing must be practiced, there will be limits to customers in stores, and additional cleaning procedures. The stores must follow and remain up to date with all of the safety requirements by the Canada Labour Code and The Thunder Bay District Health Unit.

As of Thursday May 7th, at 4:00pm confirmed by Thunder Bay District Health Unit there are 77 COVID-19 confirmed positive tests in Thunder Bay and Surrounding Areas (Including District Communities & First Nation Communities). <u>At</u> this time there are 0 cases in Fort William First Nation.

Total Number of Confirmed Positive Tests (as of May 7, 2020 at 4:00 p.m.)	77
 Of these, number of cumulative confirmed positive tests among Long-Term Care residents or staff 	1
Active Cases	8
Resolved Cases	68

 Deceased 	1
Total Number of Negative Tests	5442
 Of these, number of negative tests among Long-Term Care residents or staff 	1225
Total Number of Tests to Date	5519

Reminders and Updates:

FWFN STILL ON LOCKDOWN- There is a strong concern with those making unnecessary trips to town. We are asking and reminding everyone to please **only leave your home for ESSENTIAL items**.

- Those who need to leave Fort William First Nation for anything is asked to self isolate
- If you do need to go to town try and keep this at a very minimum. NOT multiple trips (unless absolutely necessary)
- Do not go visiting.
- Pick up what you need and go straight back home.
- We recommend <u>not</u> to pickup hitchhikers.
- APS and any Bylaw Officers have the authority to issues compliances notices and notice of fines to those who are not following FWFN Bylaws.



NEIGHBOURHOOD WATCH- Please only use coloured flags if someone is sick in your home. If anyone has not received their colour coded flag package, please contact us to request one to be delivered to you. This contact information is noted below.

FOOD DISTRIBUTION-

- On Reserve Elders
 - Delivery for frozen items took place Tuesday May 4th, next fresh delivery will be Thursday May 7th
 - PPE masks to be included with next distribution
- o Off Reserve Elders * must live within City of Thunder bay
 - Ongoing registration
 - Need to confirm address with COVID Call Center
 - PPE masks to be included on next distribution
- On Reserve Household- Pickup System
 - Preparing meat package
 - Waiting for confirmation of date to put in next newsletter
 - please see weekly newsletter for upcoming and ongoing information

CHIEF & COUNCIL- next meeting is to be held on Monday, May 10th, 2020 at 5:30 pm

COVID-19 Information & Communication Lines

• Email: covid19@fwfn.com

Call Center Line: (807) 698-0415

Website: https://fwfn.com/covid-19-action-plan/

How can I protect myself from getting COVID-19?

You can stay healthy and prevent the spread of infections by:

- washing your hands often with soap and water for at least 20 seconds;
- avoiding touching your eyes, nose or mouth with unwashed hands;
- avoiding close contact with people who are sick;
- · coughing or sneezing into your sleeve and not your hands; and
- staying home if you are sick to avoid spreading illness to others.

If you have any questions please see contact information below.

Respectfully,

Michael D. Pelletier

Chief Executive Officer
Fort William First Nation
90 Anemki Drive, Suite 200

millen-

Fort William First Nation, ON

P7J 1L3

P: 807.623.9543 Ext. 233

C: 807-629-0471 F: 807-623-5190



Personal Development 5 Day Challenge Virtual Workshop

Objective: To learn a few different ways to shift your mindset, be more self-aware and to release stress and anxiety by using creative art techniques.

Who should attend? This series is made for anyone who has the desire to be creative and open-minded towards self-awareness. This workshop is for you if you are at home bored or stressed and could use a new hobby. Anyone slightly creative will enjoy this workshop! No creative experience is needed!

Day 1 - Self-Awareness Intro

We will learn how to become more aware of our emotional states especially during this pandemic and trying time.

Day 2 - Mandala Meditation for Self-Discovery & Healing

This workshop is designed to help you let your emotions & feelings inspire you. The techniques we use in this workshop truly are a creative way to relax.

Day 3 - Attitude is Everything

Our attitude whether it's positive or negative has a major impact on our life. In this workshop we learn about our belief system and how to master our thoughts.

Day 4 - Forgiveness Sets You Free

We can't successfully move forward in life and create a healthy body, mind and spirit if we are living with guilt, resentment or regret.

Day 5 - Power of Gratitude

When we focus on what we are grateful for we end up having more of it. When we focus on what we don't have we'll never have enough.

We will finish the series by writing out our goals on how we can commit to being more self-aware in the upcoming weeks during this pandemic.

May 18th-22nd 1p.m-3p.m Via Zoom Please contact 622-6791 if you are interested







Respite Care Funding For Families

What is Respite Care?

Respite care is anything that provides a break or relief for families who are caring for loved ones with exceptional needs.

How Does it Work?

Families decide how and when they want to use their support and who they trust to provide the care. Childcare, overnight relief, recreational activity fees, after school programs, specialized camps, extra professional services, and even assistance on medical trips, are all considered services of respite care. Wesway will then reimburse the family caregiver for costs associated with their respite plan.

Who is Eligible for this Funding?

This funding is for families with unmet respite care needs who are caring for a child who:

- Is under the age of 18
- Lives at home with a caregiver or guardian
- Has physical or mental wellness challenges, a disability or chronic/complex health issues
- Is a member of a Nokiiwin community, living on or off reserve.

Giiniwenama "To care for and look after"

Nokiiwin is continuing to provide support for respite services to

For more information and application, please contact:

Coty Crews | (807) 622-6723 | cotycrews@fwfn.com Wesway | 1-888-623-2353 ext. 6672 | rdabrowski@wesway.com

families in member communities during this difficult time of COVID-19





Mental Health - Coronavirus 2019 (COVID-19) Tips for Preventing Stigma

What is Stigma?

Stigma occurs when people associate a risk with a specific people, place, or thing – like a minority group – and there is no evidence that the risk is greater in that group than in the general population. Stigmatization is especially common in disease outbreaks. In an outbreak, this often means people are labelled, stereotyped, separated, and/or experience loss of status and discrimination because of an association with a disease.

When an infectious disease outbreak becomes a pandemic, as with coronavirus disease 2019 (COVID-19), people are understandably frightened and concerned. When the outbreak is caused by a new virus, rumors and misinformation run rampant. Confusion is the breeding ground of stereotypes, prejudice, and discrimination. This can negatively affect those with a disease themselves, as well as their caregivers, family, friends and communities.

Stereotypes quickly arise about people who have or may have the disease. In the U.S., Canada, and Europe, for example, people of Asian descent have been treated with suspicion and blamed for COVID-19, even though they're no more likely to spread the virus than the general population. Also, some people worry that individuals who have recently completed quarantine have COVID-19 and are contagious, but there is no current evidence to suggest that's the case.

This kind of stigma harms people with COVID-19 in three ways. First is public stigma, harm that results when people endorse stereotypes about individuals with COVID-19, such as they're tainted. Second is self-sigma: the disrespect that results when people associated with the virus internalize stereotypes and feel tainted or dirty. It is difficult enough dealing with the virus; in addition, people are supposed to be ashamed of themselves. Third is what has been called label avoidance, which is an obvious and observable mark that the public discriminates against; for example, the mark of most stigmatized health conditions is different because it is hidden; one cannot tell who in a room of one hundred people is positive for the coronavirus. The stigma of health arises from a label. People will try to avoid the label by avoiding health-related experiences. Because of label avoidance, they will choose not to be tested or will not isolate should results be "positive."

Blaming and shaming groups in this way can be hurtful and dangerous. It makes people targets for misplaced anger and hostility. It also creates hardships and divisions that hamper the response to the pandemic. Stigma arises when the virus and the person with the virus are conflated; when we change the question from what's to blame to who's to blame. Find out how to identify COVID-19 stigma and how to respond to it.

Who experiences stigma related to COVID-19?

- People of Asian descent
- People returning from travel
- Health care workers and emergency responders
- People with the disease and their family and friends
- People released from quarantine

What happens to those that are stigmatized?

- They may be excluded or shunned in social situations.
- They may be denied job and educational opportunities.
- They may be denied access to adequate housing and health care.
- They may be targets of verbal, emotional and physical abuse.

How does stigma affect people that experience it?

Stigma can undermine social unity and prompt possible social isolation of those who are stigmatized. This might contribute to a situation where the virus is more, not less, likely to spread. In fact, stigma can drive people to hide the illness to avoid discrimination, refrain people from seeking health care immediately, and prevent them from adopting healthy behaviours. Stigma can make people feel isolated and even abandoned. They may feel depressed, hurt and angry when friends and others in their community avoid them for fear of getting COVID-19. Perhaps more concerning, stigma harms people's health and well-being in many ways.

Why does stigma hurt everyone?

Research from past epidemics has shown that stigma undermines efforts to test for and treat disease. People who are worried about being shunned or worse may be less likely to get tested or seek medical care, which increases infection risks for them and for others.

What you can do to reduce COVID-19 stigma?

Education is one way to fight stigma. It helps dispel harmful stereotypes. Also, it is well evidenced that stigma and fear around communicable diseases hamper the response. What works is building trust in reliable health services and advice, empathy with those affected, understanding of the disease itself, and adopting effective practical measures, which people can use to help keep themselves and their loved ones safe.

How we talk and communicate about COVID-19 is critical in supporting people to take effective action to combat the disease and avoid fuelling fear and stigma further. An environment needs to be created in which the disease and its impact can be discussed and addressed openly, honestly, and effectively. Here are some tips on how to address and avoid compounding social stigma:

You can help reduce stigma by:

- Get and share the facts about COVID-19 from reputable sources such as the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO).
- Speaking up if you hear or see inaccurate statements about COVID-19 and certain people or groups.
- Reaching out to people who may feel stigmatized. Ask how you can help. Listen to them and show that you understand and support them.
- Showing support for health care workers and others who are caring for people with COVID-19. Thank them for their work and share positive messages on social media.
- Showing support for and thanking all who continue their essential jobs to help you and your community, such as police officers, bus drivers, grocery store clerks, food bank workers, security personnel, and delivery people.

COVID-19 Stigma Do's and Don't

DO - talk about the new coronavirus disease (COVID-19)

DON'T - attach locations or ethnicity to the disease, this is not a "Wuhan Virus", "Chinese Virus" or "Asian Virus". The official name for the disease was deliberately chosen to avoid stigmatisation - the "co" stands for Corona, "vi" for virus and "d" for disease, 19 is because the disease emerged in 2019.

DO - talk about "people who have COVID-19", "people who are being treated for COVID-19", "people who are recovering from COVID-19" or "people who died after contracting COVID-19" **DON'T** - refer to people with the disease as "COVID-19 cases" or "victims"

DO - talk about "those who may have COVID-19" or "those presumptive for COVID-19" **DON'T** - talk about "COVID-19 suspects" or "suspected cases".

DO - talk about people "acquiring" or "contracting" COVID-19

DON'T talk about people "transmitting COVID-19" "infecting others" or "spreading the virus" as it implies intentional transmission and assigns blame. Using criminalising or dehumanising terminology creates the impression that those with the disease have somehow done something wrong or are less human than the rest of us, feeding stigma, undermining empathy, and potentially fuelling wider reluctance to seek treatment or attend screening, testing, and quarantine.

DO - speak accurately about the risk from COVID-19, based on scientific data and latest official health advice.

DON'T - repeat or share unconfirmed rumours, and avoid using hyperbolic language designed to generate fear like "plague", "apocalypse" etc.

DO - talk positively and emphasise the effectiveness of prevention and treatment measures. For most people this is a disease they can overcome. There are simple steps we can all take to keep ourselves, our loved ones and the most vulnerable safe.

DON'T - emphasise or dwell on the negative, or messages of threat. We need to work together to help keep those who are most vulnerable safe.

DO - emphasise the effectiveness of adopting protective measures to prevent acquiring the new coronavirus, as well as early screening, testing and treatment.

DON'T - be rude, give the evil eye, say mean things, be racist, or be too hard on yourself.

If a person you care about is possibly experiencing a mental health crisis or emergency, please encourage them to seek help immediately. You can reach our Mental Health Crisis Coordinator, Stephanie MacLaurin, at (807)630-6212 or email them at <u>stephaniemaclaurin@fwfn.com</u>. If you require immediate assistance, please call the Health Centre On Call 24 hours at (807)472-7701.



- Community Colouring -- FWFN YOUTH & SOCIAL DEVELOPMENT -



- Community Colouring -- FWFN YOUTH & SOCIAL DEVELOPMENT -



JOB POSTING

Position Title: Band Membership Clerk (Reposted)

Full-time Contract Position—1 Year Maternity Coverage

Possibility of extension (up to 18 months)

Position Description: This position will assist FWFN Band Members through the application

process for Indian Status to facilitate the determination of an

individual's eligibility for Indian Status and also maintain the Band List. This role also communicates decisions made by the Registrar and issues Status Cards to those that are deemed eligible. The Band Membership Clerk will have knowledge of FWFN's values, culture and traditions. The Band Membership Clerk will work under the direct

supervision of the CEO.

Major Responsibilities:

- Administer the membership program for the Fort William First Nation Band
- Assist community members in applying for status, renewing status cards, and updating records regarding marriage, divorce and death
- Maintain a current, up-to-date and accurate Indian Register (a listing of all persons registered as Indians under the Indian Act) for the First Nation
- Assist with access to government services related to the occurrence of life changes as a status Indian such as reporting birth, marriage, divorce and death events.
- Refer individuals to various organizations or references to conduct research for registration
- Assist individuals who are applying for registration for Indian Status or to become a Band member (e.g. assist individuals with transfers to and from other bands as requested)
- Network with other First Nation Clerks, as required
- Receive and review applications and assist for Indian Status
- Communicate to individuals of the decisions made by the Registrar on their application
- Issue status cards for authorized individuals in accordance with Departmental policies and procedures
- Maintain an effective filing system that includes the necessary reporting of Certificates of Indian Status on a regular basis along with an event reporting system for all transactions
- Meet with Department Officer on a regular basis to review Registry program and discuss areas for improvement
- Submit Registry and Band files for auditing as requested
- Liaise with Provincial and Federal Departments/Agencies to facilitate the provision of services to First Nation clients
- Assist the Indian Registrar in maintaining the integrity of the information contained within the Indian Registrar. The responsibilities of an Indian Registration Administrator, as delegated to them by the Indian Registrar are included in the Indian Registration Administrator Training Manual.



A full job description is available upon request.

Qualifications:

- Full comprehension of Indian Registration process
- Indian Registrar Administration (IRA) Training is an Asset
- Strong verbal and communication skills and be able to relate well with members, coworkers, and general public
- Able to take direction willingly from supervisor
- Detail oriented with excellent organization skills
- Experience working in an administrative setting; reliability and dependability is a requirement
- Scheduling client appointments
- Excellent knowledge of Microsoft Office
- Ability to multitask and prioritize daily workload
- This position will be subject to a criminal records check.

Salary: To be negotiated.

Job Posting Closing Date: Applications, consisting of a cover letter and resume with three (3)

references, must be received by 4pm on Friday, May 15, 2020. Please

direct your application to the attention of:

Donna Mullen
Human Resources Assistant
Ph: 807-623-9543 ext. 806, Fax: 807-623-5190
Email: donnamullen@fwfn.com

When hand delivering; ensure that your application is date stamped and a copy provided to you.



JOB POSTING

Position Title: Governance Coordinator

One Year Contract

Position Description: The role of the Governance Coordinator is to plan and efficiently execute Fort

William First Nation's (FWFN) three main governance initiatives: membership law; election act; and governing constitution. They will also define the project objectives and deliverables and ensure measurable outcomes which reflect Fort

William First Nation's vision, traditions, culture, and values.

Major Responsibilities:

- Direct and execute community governance capacity development which include three main governance initiatives: membership law; election act; and governing constitution.
- Begin Governance strategic planning and constitution development process.
- Develop full-scale project work plan and associated communications documents.
- Develop communication strategy for FWFN Membership to ensure optimal transparency and understanding.
- Coordinate community focus groups and workshops on and off-reserve which may include: correspondence, engagement materials, travel, speakers, venues, and logistics.
- Develop and deliver progress reports and presentations to Leadership.
- A full job description is available upon request.

Qualifications:

- University degree or college diploma in the field of Political Sciences, Law, Community Development and/or Planning and Business and Administration.
- Or 5 years' direct work experience in project management capacity, including all aspects of governance and process development and execution.
- This position is subject to a criminal records check.

Salary: To be negotiated.

Job Posting Closing Date: Applications, consisting of a cover letter and resume with

three (3) references, must be received by **4pm on Friday, May 29, 2020.** Please direct your application to the attention of:

Donna Mullen Human Resources Assistant P: 807-623-9543 ext. 806 F: 807-623-5190

E: donnamullen@fwfn.com

When hand delivering; ensure that your application is date stamped and a copy provided to you.



JOB POSTING

Position Title: Community By-Law Enforcement Officer

Part-time- 3 month Contract

Position Description: The Community By-Law Enforcement Officer is responsible for

enforcing FWFN by-laws and providing public education and

awareness programs and services in order to ensure the protection of residents, property and employees. Through the course of their

duties, the Community By-Law Enforcement Officer will be

required to respond to complaints, investigate appropriately, issue

tickets as required, participate in judicial hearings and court

proceedings, and follow law enforcement policies and procedures. Other responsibilities will include administrative tasks such as the creation and maintenance of records and preparation of associated reports. The Community By-Law Enforcement Officer will report to

the Director of Lands and Property.

Major Responsibilities:

- Respond to complaints from community members, Chief and Council, and businesses
- Discuss bylaw requirements with involved parties and attempt to reach an understanding and obtain voluntary compliance with the bylaw
- Enforce bylaws by issuing violation tickets and prepare related legal documents
- Maintain detailed records
- Investigate bylaw offences to prepare for court proceedings
- Appear in court and give testimony related to the prosecution of bylaw offenders
- Provide community education and awareness and promote safety in order to reduce the incidence of accidents, emergencies and bylaw infractions
- Promote public safety
- Coordinate, promote and/or deliver safety events
- Provide safety awareness programs for community
- Liaise with community and businesses concerning safety issues and concerns
- Enforce community bylaws in order to ensure a safe environment for community members
- Conduct regular patrols and perform day to day enforcement activities
- Enforce speed limits and other vehicle regulations
- Conduct investigations
- Respond to resident complaints and concerns
- Maintain crowd control as required

We appreciate all applications. Only those selected for an interview will be contacted.



FORT WILLIAM FIRST NATION

- Ensure evidence is gathered in an appropriate and legal manner
- Prepare reports for presentation to court
- Complete administrative tasks as required
- Maintain records of bylaw infractions, permits, etc.
- · Prepare reports on all areas of By-Law
- Other duties as assigned

Working Conditions:

- Working outdoors in all weather conditions
- May come into contact with hazardous goods, aggressive animals, and/or dangerous situations
- Overtime as required

Qualifications:

- High School Diploma required
- Related Security Certificate required
- Completion of the Police Foundation's certificate course would be considered an asset
- Must have a valid driver's license and access to a personal vehicle
- Must have first-aid and CPR certification
- Must have an understanding of First Nations By-Laws
- Must be able to complete required paperwork to report abnormalities or incidents
- Must be able to sit or stand for long periods of time
- Attention to detail in all areas of work
- Effective communication skills with individuals at all levels of the organization

Salary and term: To be negotiated

Job Posting Closing Date: Applications, consisting of a cover letter and resume with

three (3) references, must be received by **4pm Tuesday**, **May 12**th, **2020**. Please direct your application to the

attention of:

Donna Mullen

Human Resources Assistant P: 807-623-9543 Ext: 806

Email: donnamullen@fwfn.com



Spring Cleaning Your Yard? Check Local By-laws before Open Air Burning

Fort William First Nation – April 29, 2020 Fort William First Nation Fire Department is advising residents to contact them regarding any restrictions governing open air burning, before starting any fires or burning brush.

"With spring outdoor cleanup starting, we know some community members choose to burn brush and yard debris on their property," explained Fire Prevention Officer William Solomon. Cleaning up debris and limiting the level of flammable vegetation surrounding your home is a good practice. But make sure the way you do it is safe – for you, your home, your neighbors, and the surrounding area.

At this time Fort William First nation along with the rest of the province is under a strict fire ban.

Open air burning can include the use of outdoor fireplaces and cooking fires not involving the use of a barbeque. Some outdoor appliances used are not recommended because there is potential for personal injury, property damage and increased risk of a grass fire.

"Whether in the backyard of your home, the cottage or at a campground, make fire safety a priority," said William Solomon. "Open air burning, especially if left unattended, can become difficult to control and can result in a serious widespread fire."

Always keep fire safety in mind, contact Fort William First Nation Fire Department for more information or any questions you have about our open air burning requirements.

William G Solomon

Fire Prevention Officer

807-623-9543



ATTENTION FWFN



MEMBERS

YOUTH & SOCIAL DEVELOPMENT IS CURRENTLY POSTPONING ALL PROGRAMS DUE TO THE COVID-19 PANDEMIC AND UNFORSEEN CIRCUMSTANCES



THE FOLLOWING PROGRAMS ARE ON HOLD UNTIL FUTHER NOTICE:





ANISHNAABEMOWIN



BIGGEST LOSER HOME ADDITION



ONLINE PAINT NIGHT



YOUTH CENTRE PROGRAMS & TO GO KITS

STAFF HAVE BEEN TEMPORARY REASSIGNED TO ASSIST IN **ESSENTIAL SERVICES DUTIES AND WILL RESUME** PROGRAMMING AND SERVICES AT A LATER DATE.

WE ARE SORRY FOR ANY INCONVIENCE THIS MAY HAVE CAUSED.

Notice

Clients on the Medical Assistance Treatment (MAT) program who are receiving services from OATC & Lucero must access the RAAM Clinic located on Fort William First Nation, 200 Anemki Place

RAAM clinic will be operating on Saturday April 11, 2020 until further notice. Bring proper identification

The hours of operation are:

Monday-Friday: 9:00am-11:00am

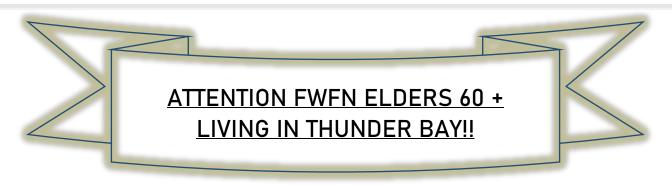
Saturday-Sunday: 9:00am-11:00am

For further information call On-call: 472-7701

Or

Emergency Response Call Center: 698-0415





FOOD DISTRIBUTION PROGRAM - FRIDAY, MAY 15th 2020

This program is for Fort William First Nation Elders living in Thunder Bay, this is a tough time for everyone, but together, we will get through it. It will require all of us working together to make sure that everyone is provided for while still being as safe as possible.

If you are <u>60 years or older</u> and DID NOT receive a Food Hamper please call (807) 622-3931 To update your address and phone number.

Elders could come pick up your Hamper at the FWFN Community Center or call (807) 622-3931 to arrange to have your hamper delivered directly to your home on Friday May 15th between 9 – 4 pm.

Any clients who are experiencing symptoms of the virus are asked to stay at home in isolation and to call the public health authorities. If you are sick, call the COVID-19 call center at 622-3931.

Please note that this is a program to provide limited supplies to each household to assist during this pandemic, it is still the responsibility of the home owner to provide the essential items to their own homes.

Together we can slow the spread of COVID-19, and get through this difficult time.



BBQ PACKAGE WINNER IS "Jessica Bannon & Family"







For the On-Reserve Members that Registered into our BBQ Package draw, Check out our Youth & Social fb page to see how we picked our Lucky Winner

Had to of be registered before April 21 2020 & Draw Date: April 22th @3pm



Thank you to all who Participated Youth & Social Development Draw

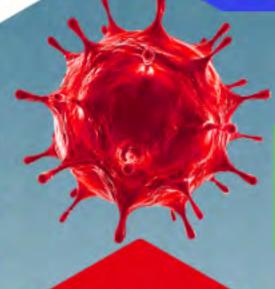


FOLLOW INSTRUCTIONS AND STAY SAFE

WHITE: EVERYTHING IS GOOD

BLUE: NEED WATER

YELLOW: Self-isolating



GREEN: NEED FOOD

RED: HAVE COVID-19

ONLY USE
BLUE AND GREEN
IF YOU HAVE
COVID-19

CONTACT CALL
CENTRE

698-0415 COVID19@FWFN.COM



FOOD PICKUP

May 19th, 2020

Pick up time schedule

9 AM - 11 AM Mountain Road

11 AM - 1 PM Chippewa Road, City Road

1 AM - 3 PM Back Street, Mission Road, Mountain Lookout

3 PM - 5 PM Anemki, Little Lake, Fox Court, Lynx Court, Wolf Street, Wolf Court

5 PM - 7 PM Squaw Bay, Brule Bay, Sandy Beach

If you cannot pick up your hamper or you are sick, please contact the COVID-19 call centre @698-0415

Elders 65+ will receive delivery

ATTENTION Members ASYMPTOMATIC COVID-19

Ontario has reported COVID-19 cases where people DO NOT have common COVID-19 symptoms

People may carry the illness and not feel or look sick

You can still catch COVID-19 from these people

DIVINE MERCY MESSAGE

KNOW THAT PRAYERS ARE BEING SAID EVERY DAY FOR YOU, YOUR FAMILY MEMBERS AND YOUR DECEASED RELATIVES. GOD'S DIVINE MERCY IS NEVER ENDING FOR ALL OF US, EVEN WHEN WE ARE NOT CONSCIOUS OF THIS. THIS IS A HOLY MYSTERY. NO MATTER WHAT OUR LIFE SITUATIONS ARE, HIS DIVINE MERCY IS THERE FOR US TO ACCEPT.

DO WE DARE IDENTIFY THAT VEIL WHICH SEEMS MOST TO BE HINDERRING OUR GAZE UPON THE IMAGE OF JESUS. IN OUR LAST DIVINE MERCY MESSAGE WE HEARD THE REFERENCE TO OUR GRANDPARENTS AND ANCESTORS. ARE WE OBLIGATED IN ANY WAY TO OUR ANCESTORS? ARE WE MAINTAINING OUR RELATIONSHIP WITH MOTHER MARY?

THE FOLLOWING IS A PRAYER FROM OUR ANCESTORS: O MARY, MOTHER OF MERCY, WATCH OVER ALL OUR PEOPLE, THAT THE CROSS OF CHRIST MAY NOT BE EMPTIED OF ITS POWER, THAT OUR PEOPLE MAY NOT STRAY FROM THE PATH OF GOOD OR BECOME BLIND TO SIN, BUT, RATHER, MAY PUT THEIR HOPE EVER FULLY IN GOD WHO IS "GENEROUS WITH HIS MERCY" (Eph 2:4).

"WE ARE GOD'S WORKS CREATED BY CHRIST TO LIVE THE GOOD LIFE HE MEANT FOR US TO LIVE "(Eph 2:10)

PRAYER OF TRUST

WE FLY TO YOUR MERCY, COMPASSIONATE GOD, WHO ALONE ARE GOOD. ALTHOUGH MY MISERY IS GREAT AND MY OFFENCES ARE MANY, I TRUST IN YOUR MERCY, BECAUSE YOU ARE THE GOD OF MERCY; AND, FROM TIME IMMEMORIAL, IT HAS NEVER BEEN HEARD OF, NOR DO HEAVEN OR EARTH REMEMBER, THAT A SOUL TRUSTING IN YOUR MERCY HAS BEEN DISAPPOINTED. O GOD OF COMPASSION, YOU ALONE CAN JUSTIFY ME, AND YOU WILL NEVER REJECT ME WHEN I, CONTRITE, APPROACH YOUR MERCIFUL HEART, WHEN NO ONE HAS EVER BEEN REFUSED, EVEN IF HE WAS THE GREATEST SINNER.

APOSTLE OF DIVINE MERCY