

Weekly Newsletter for May 18-24

Flyers are to be delivered each weekend by 4pm Sunday evening.
Didn't receive your newsletter this weekend?
Please call Kristy Boucher at 623-9543 ext.217 or
info@fwfn.com with your questions or concerns.

Finance Information Page For:

- Direct Deposit Forms for Member Distributions
- Youth Turning 18 Direct Deposit Forms
- Late Banking Information Annual Member Distributions
- Are You Making a Payment?

Is now on Page 2 of our Weekly Newsletter

Stay informed, follow us on:



NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS

Letting your dog run loose, puts them and the community members in danger.

It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.

Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.



Direct Deposit Forms for Member Distributions

Please keep your banking information up-to-date with Finance. If you change your financial institution or have not yet provided any banking information to Finance, the following options are available to submit your Direct Deposit Information:

- 1. Mail in a sample VOID cheque from your chequing account that has your current address information on it. Please enclose a brief note such as "Please update my direct deposit information", <u>sign and date</u> this note and provide your phone number in case we need to contact you.
- 2. If you have online banking, you can print out your own Direct Deposit form, **sign and date it,** print your address and phone number on it and mail it to FWFN Finance.
- 3. You can also visit your financial institution and have them fax FWFN Finance directly at (807) 623-5190 your direct deposit form after you signed and dated it. The fax must be faxed from the financial institution and cannot be faxed from a third-party fax number. Please note, some financial institutions provide this fax service and some do not. In the event they do not, you will need to mail this direct deposit form to us, as we will require your <u>original signature.</u>
- 4. Please note Finance does not process any banking updates by e-mail or pictures.
- 5. If you are providing your banking information for FWFN employee payroll purposes, you will need to consent to release this information from FWFN Payroll to share this information to FWFN Accounts Payable and you will need to sign and date this form along with FWFN Payroll sign off.

Youth Turning 18 - Direct Deposit Forms

Please provide your direct deposit information as noted above at least 1-week in advance of your birthday to the attention of Finance to release FWFN youth funds held in trust. In addition, as the Specific Claim Housing Trust administers the remaining balance of youth funds, please also contact Michael Pelletier Jr, CEO directly at cell (807) 629-0471 to arrange any payment of these youth funds due to you, you will need to provide your banking information to them directly.

Late Banking Information – Annual Member Distributions

Any revised direct deposit information received after a member distribution will be processed on the 3^{rd} – Friday of each month thereafter. Please provide no later than the Wednesday before the 3^{rd} Friday to ensure any amounts owing to you are processed on the 3^{rd} Friday. Otherwise, your payment may not be processed until the following month's 3^{rd} Friday.

Are You Making a Payment?

Any member or customer making a payment (rent, ice rental, arena gym memberships, hall rental, hunting/fishing licenses, craft tables, Health Fair, Good Food Box, Pow Wow vendors, any other payments), Fort William First Nation Reception (2nd Floor of Band Office) must issue you an official pre-numbered FWFN receipt at the time of your payment.

FWFN Reception can now also process your payment by <u>debit/credit card</u> (Visa, MasterCard, American Express, and Discover). You may also make your payment FWFN Reception by cash or cheque, you may also mail in your cheque payment to the address noted below. Please reference your invoice number or rental unit address for rental payments.

FWFN Arena can process receipts if you are paying for your ice by cheque, debit or credit card. The Arena no longer processes cash. If you are paying your ice rental by cash, please see FWFN Reception to have your official pre-numbered FWFN receipt issued to you.

Fort William First Nation – Reception is location on the 2nd floor, Suite 200 at 90 Anemki Drive.

Questions regarding the above can be address to Lori Payne, CPA, CA – A/Director of Finance.



COVID-19 – Update from Finance

The health and safety of our people, partners, families and community are our priority. In response to the COVID-19 pandemic, we have temporarily closed our offices to the public. We are operating at minimum essential services only and will be working remotely, our response time to you may be delayed regarding non-essential inquiries and services and we ask for your understanding and patience as we work through these difficult times.

For up-to-date information on COVID-19, please visit:

- Ontario Ministry of Health's website: https://www.ontario.ca/page/2019-novel-coronavirus
- Public Health Services Canada website: https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html

You may also visit Fort William First Nation's COVID-19 Action Plan web page at: https://fwfn.com/covid-19-action-plan/

Any emergency calls to the Band Office reception should be redirected to essential services staff or FWFN Emergency Response Call Centre at (807) 698-0415 or by email at COVID19@fwfn.com. The COVID-19 Action Plan web page includes an Important Contact Information area also.

In addition to being a part of the COVID-19 pandemic team, Finance will be onsite regularly to assist with business continuity such as checking mail and responding to COVID-19 needs as our primary focus in addition to doing our best to administer all of our Finance functions such as our payments.

Are you trying to make a payment on your account?

During this interim period, you may wish to inquire with your financial institution on ordering cheques and mailing your payments to us at 90 Anemki Dr, Suite 200, Fort William First Nation, ON P7J 1L3. Alternatively, you mail call in your payment with a credit card (Visa, MasterCard, American Express and Discover).

Payments to our suppliers

During this interim period, we will continue to make our supplier and member-contractor payments as scheduled to the best of our ability, however, we are committed to responding to our COVID-19 priority needs first and foremost in order to serve our Community to ensure their health and safety during this time.

If you are a member-contractor with no current banking information on hand for EFT direct deposit payment, we will be mailing your payment by cheque to you. All regular supplier payments will be processed by cheque and mailed. There will be no picking up of cheques for personal delivery in order to uphold the physical distancing requirements by public health officials.

Banking updates - direct deposit forms

During this interim period, Finance will only be accepting direct deposit information by mail and by fax direct from your financial institution. Please see the previous page on the correct format.

Bingo Balls

Bingo Balls applications received up to the point of the Bingo operations shutdown due to COVID-19 effective March 12, 2020, will be processed by Friday March 27, 2020. Any applications received after the Bingo Operations shut down will not be processed. Once Bingo operations resume and reopen, applications will need to be resubmitted at that time and will be processed thereafter.



COVID-19 – Update from Finance (continued)...

Applying for El Benefits and Emergency Response Benefit?

It is best to have all the following information with you before you start your online application in order to prevent delays:

- 1. Your ROE if your employer submits electronically, you do not need a paper copy (Note: FWFN submits ROEs electronically)
- 2. Your Social Insurance Number (SIN)
- 3. ID such as driver's license, birth certificate, passport for status card
- 4. Your complete bank account information (you can find this on your bank statement)

Apply online at: https://www.canada.ca/en/services/benefits/ei/ei-regular-benefit/apply.html

Applying for Canada Emergency Response Benefit (CERB) with CRA

Based on information on the CRA website:

"The CERB supports Canadians by providing financial support to employed and self-employed Canadians who are directly affected by COVID-19.

It provides a payment of \$2,000 for a 4-week period (the same as \$500 a week) for up to 16 weeks.

After you apply, you should get your payment in 3 business days if you signed up for direct deposit. If you haven't, you should get it in about 10 business days."

If you have already applied for EI, you will not need to apply for the CERB.

For more information about CERB, please visit: https://www.canada.ca/en/revenue-agency/services/benefits/apply-for-cerb-with-cra.html

Canada's COVID-19 Economic Response Plan

If you are an individual, business or industry – you may qualify for support under Canada's COVID-19 Economic Response Plan.

For more information about Canada's plan, please visit: https://www.canada.ca/en/department-finance/economic-response-plan.html

Meegwetch – Stay safe and well – We are all in this together, in kindness, Your Finance Team



HAVE YOU REGISTERED TO SET UP



AN AT HOME GARDEN?



THE ONTARIO WORKS TEAM WILL BE SETTING UP INTERESTED COMMUNITY MEMBERS WITH YOUR OWN GARDEN BOXES IN YOUR YARD



- SAVES YOU MONEY BY GROWING SOME OF YOUR OWN VEGETABLES & FRUIT
- REDUCES STRESS
- IT CAN KEEP YOU & YOUR FAMILY BUSY AND OUTSIDE
- GETS YOU ACTIVE

IF YOU HAVE REGISTERED PLEASE FOLLOW UP WITH HAILEY!

THIS SPRING & SUMMER ACTIVITY WILL GO TOWARDS MEETING YOUR PARTICIPATION REQUIREMENTS IF YOU ARE ON OW OR ODSP



CRITERIA:

- MUST BE ON OW OR ODSP
- MUST MEET WITH EMPLOYMENT WORKER TO PLAN YOUR GARDEN SPACE
- PICK THE VEGATABLES YOU'D LIKE TO PLANT
- MUST BE WILLING TO PLANT AND MAINTAIN YOUR GARDEN BOX FOR THE ENTIRE GROWING SEASON
- BI-WEEKLY CHECK INS ON GARDEN AND SUPPORTS IF NEEDED
- ** CURRENTLY A WAIT LIST FOR THOSE THAT ARE INTERESTED FOR PEOPLE ON & OFF OW OR ODSP **

WE WILL BE BUILDING MORE THIS SEASON

FOR INFO CONTACT HAILEY @ 622-6791 LEAVE A MESSAGE SOMEONE WILL GET BACK TO YOU AS SOON AS POSSIBLE





FWFN Health Centre

You may find yourself in need of services

Some helpful supports are listed below:

APS-Anishinabek Police Service FWFN Detach: 807-625-0232

Child & Youth Crisis Support Line Thunder Bay: 807-346-8282

Thunder Bay Counselling Centre: 807-684-1880

Thunder Bay and Area Victims Services: 807-684-1051

Youth Outreach Worker: 807-623-8511

Beendigan Inc. Crisis Line: 807-346 HELP (4357)

Dilico Anishnabek Family Services: 623-8511

Safe Alternatives: 1-800-366-8288

Kids Help Phone: 1-800-668-6868

Thunder Bay Crisis Response Services: 1-888-269-3100 or 346-8282

Crisis Services Canada: 1-833-456-4566

Balmoral Detox Centre: 623-6515

Talk4Healing Help Line: 1-855-554-4325

FWFN Health

90 Anemki Drive FWFN, ON Phone: (807) 622-8802





Personal Development 5 Day Challenge Virtual Workshop

Objective: To learn a few different ways to shift your mindset, be more self-aware and to release stress and anxiety by using creative art techniques.

Who should attend? This series is made for anyone who has the desire to be creative and open-minded towards self-awareness. This workshop is for you if you are at home bored or stressed and could use a new hobby. Anyone slightly creative will enjoy this workshop! No creative experience is needed!

Day 1 - Self-Awareness Intro

We will learn how to become more aware of our emotional states especially during this pandemic and trying time.

Day 2 - Mandala Meditation for Self-Discovery & Healing

This workshop is designed to help you let your emotions & feelings inspire you. The techniques we use in this workshop truly are a creative way to relax.

Day 3 - Attitude is Everything

Our attitude whether it's positive or negative has a major impact on our life. In this workshop we learn about our belief system and how to master our thoughts.

Day 4 - Forgiveness Sets You Free

We can't successfully move forward in life and create a healthy body, mind and spirit if we are living with guilt, resentment or regret.

Day 5 - Power of Gratitude

When we focus on what we are grateful for we end up having more of it. When we focus on what we don't have we'll never have enough.

We will finish the series by writing out our goals on how we can commit to being more self-aware in the upcoming weeks during this pandemic.

May 18th-22nd 1p.m-3p.m Via Zoom Please contact 622-6791 if you are interested

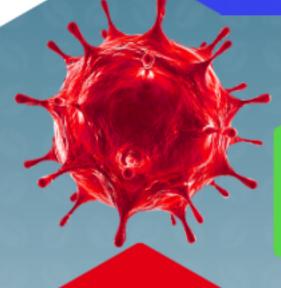


FOLLOW INSTRUCTIONS AND STAY SAFE

WHITE: Everything is good

BLUE: Need water

YELLOW: SELF-ISOLATING



GREEN: NEED FOOD

RED: HAVE COVID-19

ONLY USE BLUE AND GREEN IF YOU HAVE COVID-19

CONTACT CALL
CENTRE

698-0415 COVID19@FWFN.COM

ATTENTION FWFN SENIORS

THE FEDERAL GOVERNMENT ANNOUNCED A PAYMENT TO SENIORS TO ASSIST DURING THE COVID-19 PANDEMIC

SENIORS WHO QUALIFY FOR OLD AGE SECURITY (OAS) WILL BE ELIGIBLE FOR A ONE-TIME, TAX-FREE PAYMENT OF \$300

THOSE SENIORS ELIGIBLE FOR THE GUARANTEED INCOME SUPPLEMENT (GIS) WILL GET AN EXTRA \$200

PAYMENTS WILL BE MADE DIRECT TO SENIORS THROUGH THEIR CURRENT MONTHLY OAS/GIS PAYMENTS

THIS PAYMENT IS BEING MADE BY THE FEDERAL GOVERNEMNT YOU MUST ALREADY BE SIGNED UP WITH OLD AGE SECURITY OR GUARENTEED INCOME SUPPLEMENT

YOU MAY REGISTER ONLINE THROUGH THE FEDERAL GOVERNEMENT IF YOU WISH TO APPLY:

WWW.CANADA.CA/EN/SERVICES/BENEFITS/PUBLICPENSIONS/ CPP/OLD-AGE-SECURITY.HTML

FORT WILLIAM FIRST NATION HEALTH FAIR 2020 POSTPONED

NEW DATE TO BE ANNOUNCED

MORE INFORMATION:

472-7701 www.fwfn.com

FWFN is doing our efforts to limit the spread of the virus, It will be rescheduled keep your eye out for a new date

Thank you for your cooperation in keeping our community safe

FWFN Health Centre presents

Fort William First
Nation's
1st Annual
Mental HealthWeek



MAY 24-31

#GetReal about #Mental Health

MAY 25th

MONDAY

Mental Health Week Kick-Off Event

MAY 27th
WEDNESDAY

Child and Youth Mental Health Day

MAY 31st SUNDAY Mental Health Speaker Series

For more information contact Stephanie MacLaurin - Mental Health Crisis Response Coordinator (807)630-6212 or email stephaniemaclaurin@fwfn.com

Fort William First Nation Food Distribution Program

TUESDAY, MAY 19, 2020

LOCATION: FWFN BINGO HALL FRONT ENTRANCE

This program is for Fort William First Nation Homes, this is a tough time for everyone, but together, we will get through it. It will require all of us working together to make sure that everyone is provided for while still being as safe as possible.

Each area of the First Nation will be assigned a 2-hour window to pick up your food hamper. Make note of your time slot for food hamper pick up.

THE PROCESS FOR PICK UP IS AS FOLLOWS: (Only come during your assigned pick up time!)

- 1. Follow the signs and pylons to gain access to the food pick-up location
- 2. <u>REMAIN IN YOUR VEHICLE</u> OPEN YOUR TRUNK BEFORE GETTING IN THE LINE FOR FOOD PICK UP.
- 3. Tell the staff member your name and your address. Please note only 1 hamper per household.

Any clients who are experiencing symptoms of the virus are asked to stay at home in isolation and to call the public health authorities. If you are sick, call the COVID-19 call center at 624-0915 to make arrangements to

Elders 65 plus will receive delivery during the hours of 9am and noon on May 19, 2020.

Pick up time schedule

9 AM – 11 AM	Mountain Road
11 AM - 1 PM	Chippewa Road, City Road, Quarry Road
1 AM - 3 PM	Back Street, Mission Road, Mountain Lookout
3 PM – 5 PM	Anemki, Little Lake, Fox Court, Lynx Court, Wolf Street, Wolf Court
5 PM – 7 PM	Squaw Bay, Brule Bay, Sandy Beach

Please note that this is a program to provide limited supplies to each household to assist during this pandemic, it is still the responsibility of the home owner to provide the essential items to their own homes.

Regarding the Canada Emergency Student Benefit.

Informing those who are eligible and those who are NOT Eligible for the benefit.

If students are already receiving the CERB or E.I those individuals **will not** be eligible for the CESB.

Applications will open on May 15, 2020.

Criteria is as follows:

- Students enrolled in a post-secondary education program (minimum of 12 weeks)
- 2. Students who have graduated from or left their post-secondary studies no earlier than December 2019
- 3. Students who have completed, or will complete, high school in 2020 and have applied for a post-secondary educational program that begins before February 01 2021.

Eligible students can receive \$1,250 per month
Students with dependants are eligible for an additional \$750 (under the age of 12)
Disability students may receive a maximum of \$2000

When applying, students must attest that for COVID-19 related reasons, they are:

- unable to work; or
- seeking work but are unable to find it; or
- working but unable to make more than \$1,000 (before taxes) over the four-week period for which they are applying.

More information is provided online from the link provided.

https://www.canada.ca/en/employment-social-development/news/2020/05/backgrounder-the-canada-emergency-student-benefit.html

Please keep in mind that the benefit <u>must be</u> repaid.





Respite Care Funding For Families

What is Respite Care?

Respite care is anything that provides a break or relief for families who are caring for loved ones with exceptional needs.

How Does it Work?

Families decide how and when they want to use their support and who they trust to provide the care. Childcare, overnight relief, recreational activity fees, after school programs, specialized camps, extra professional services, and even assistance on medical trips, are all considered services of respite care. Wesway will then reimburse the family caregiver for costs associated with their respite plan.

Who is Eligible for this Funding?

This funding is for families with unmet respite care needs who are caring for a child who:

- Is under the age of 18
- Lives at home with a caregiver or guardian
- Has physical or mental wellness challenges, a disability or chronic/complex health issues
- Is a member of a Nokiiwin community, living on or off reserve.

Giiniwenama "To care for and look after"

Nokiiwin is continuing to provide support for respite services to

For more information and application, please contact:

Coty Crews | (807) 622-6723 | cotycrews@fwfn.com Wesway | 1-888-623-2353 ext. 6672 | rdabrowski@wesway.com

families in member communities during this difficult time of COVID-19







JOB POSTING

Position Title: Governance Coordinator

One Year Contract

Position Description: The role of the Governance Coordinator is to plan and efficiently execute Fort

William First Nation's (FWFN) three main governance initiatives: membership law; election act; and governing constitution. They will also define the project objectives and deliverables and ensure measurable outcomes which reflect Fort

William First Nation's vision, traditions, culture, and values.

Major Responsibilities:

- Direct and execute community governance capacity development which include three main governance initiatives: membership law; election act; and governing constitution.
- Begin Governance strategic planning and constitution development process.
- Develop full-scale project work plan and associated communications documents.
- Develop communication strategy for FWFN Membership to ensure optimal transparency and understanding.
- Coordinate community focus groups and workshops on and off-reserve which may include: correspondence, engagement materials, travel, speakers, venues, and logistics.
- Develop and deliver progress reports and presentations to Leadership.
- A full job description is available upon request.

Qualifications:

- University degree or college diploma in the field of Political Sciences, Law, Community Development and/or Planning and Business and Administration.
- Or 5 years' direct work experience in project management capacity, including all aspects of governance and process development and execution.
- This position is subject to a criminal records check.

Salary: To be negotiated.

Job Posting Closing Date: Applications, consisting of a cover letter and resume with

three (3) references, must be received by **4pm on Friday, May 29, 2020.** Please direct your application to the attention of:

Donna Mullen
Human Resources Assistant
P: 807-623-9543 ext. 806
F: 807-623-5190

E: donnamullen@fwfn.com

When hand delivering; ensure that your application is date stamped and a copy provided to you.

We appreciate all applications. Only those selected for an interview will be contacted.

Notice

Clients on the Medical Assistance Treatment (MAT) program who are receiving services from OATC & Lucero must access the RAAM Clinic located on Fort William First Nation, 200 Anemki Place

RAAM clinic will be operating on Saturday April 11, 2020 until further notice. Bring proper identification

The hours of operation are:

Monday-Friday: 9:00am-11:00am

Saturday-Sunday: 9:00am-11:00am

For further information call On-call: 472-7701

Or

Emergency Response Call Center: 698-0415





ATTENTION MEMBERS

The FWFN COVID-19 Call Centre is available from 9 AM to 4 PM to take your calls. The number is 807-698-0415

The FWFN On-Call 24 Hour Emergency Response Line is available for any calls beyond those hours.

The on-call number is 807-472-7701



STAY HOME.STAY SAFE