

Weekly Newsletter for June 1-7

Flyers are to be delivered each weekend by 4pm Sunday evening.

Didn't receive your newsletter this weekend?

Please call Kristy Boucher at 623-9543 ext.217 or
info@fwfn.com with your questions or concerns.

Finance Information Page For:

- Direct Deposit Forms for Member Distributions
- Youth Turning 18 – Direct Deposit Forms
- Late Banking Information – Annual Member Distributions
- Are You Making a Payment?

Is now on Page 2 of our Weekly Newsletter

Stay informed, follow us on:



@fortwilliamfirstnation



@FWFN1

NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS

Letting your dog run loose, puts them and the community members in danger.

It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.

Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.

COVID-19 – Update from Finance

The health and safety of our people, partners, families and community are our priority. In response to the COVID-19 pandemic, we have temporarily closed our offices to the public. We are operating at minimum essential services only and will be working remotely, our response time to you may be delayed regarding non-essential inquiries and services and we ask for your understanding and patience as we work through these difficult times.

For up-to-date information on COVID-19, please visit:

- Ontario Ministry of Health's website: <https://www.ontario.ca/page/2019-novel-coronavirus>
- Public Health Services Canada website: <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

You may also visit Fort William First Nation's COVID-19 Action Plan web page at: <https://fwfn.com/covid-19-action-plan/>

If you are an individual, business or industry – you may qualify for support under Canada's COVID-19 Economic Response Plan. For more information about Canada's plan, please visit: <https://www.canada.ca/en/departement-finance/economic-response-plan.html>

Any emergency calls to the Band Office reception should be redirected to essential services staff or FWFN Emergency Response Call Centre at (807) 698-0415 or by email at COVID19@fwfn.com. The COVID-19 Action Plan web page includes an Important Contact Information area also.

In addition to being a part of the COVID-19 pandemic team, Finance will be onsite regularly to assist with business continuity such as checking mail and responding to COVID-19 needs as our primary focus in addition to doing our best to administer all of our Finance functions such as our payments.

Are you trying to make a payment on your account?

During this interim period, you may wish to inquire with your financial institution on ordering cheques and mailing your payments to us at 90 Anemki Dr, Suite 200, Fort William First Nation, ON P7J 1L3. Alternatively, you may call in your payment with a credit card (Visa, MasterCard, American Express and Discover).

Payments to our suppliers

During this interim period, we will continue to make our supplier and member-contractor payments as scheduled to the best of our ability, however, we are committed to responding to our COVID-19 priority needs first and foremost in order to serve our Community to ensure their health and safety during this time.

If you are a member-contractor with no current banking information on hand for EFT direct deposit payment, we will be mailing your payment by cheque to you. All regular supplier payments will be processed by cheque and mailed. There will be no picking up of cheques for personal delivery in order to uphold the physical distancing requirements by public health officials. Alternatively, you may want to set up direct deposit, if so, please refer to the previous page for the correct format to submit this information to us.

Banking updates – direct deposit forms

During this interim period, Finance will only be accepting direct deposit information by mail and by fax direct from your financial institution. Please see the previous page on the correct format.

Bingo Balls

Bingo Balls applications received up to the point of the Bingo operations shutdown due to COVID-19 effective March 12, 2020, will be processed by Friday March 27, 2020. Any applications received after the Bingo Operations shut down will not be processed. Once Bingo operations resume and reopen, applications will need to be resubmitted at that time and will be processed thereafter.

Meegwetch – Stay safe and well – We are all in this together, in kindness – Your Finance Team

Direct Deposit Forms for Member Distributions

Please keep your banking information up-to-date with Finance. If you change your financial institution or have not yet provided any banking information to Finance, the following options are available to submit your Direct Deposit Information:

1. Mail in a sample VOID cheque from your chequing account that has your current address information on it. Please enclose a brief note such as **“Please update my direct deposit information”, sign and date** this note and provide your phone number in case we need to contact you.
2. If you have online banking, you can print out your own Direct Deposit form, **sign and date it**, print your address and phone number on it and mail it to FWFN Finance.
3. You can also visit your financial institution and have them fax FWFN Finance directly at (807) 623-5190 your direct deposit form after you signed and dated it. The fax must be faxed from the financial institution and cannot be faxed from a third-party fax number. Please note, some financial institutions provide this fax service and some do not. In the event they do not, you will need to mail this direct deposit form to us, as we will require your **original signature**.
4. Please note – Finance does not process any banking updates by e-mail or pictures.
5. If you are providing your banking information for FWFN employee payroll purposes, you will need to consent to release this information from FWFN Payroll to share this information to FWFN Accounts Payable and you will need to sign and date this form along with FWFN Payroll sign off.

Youth Turning 18 - Direct Deposit Forms

Please provide your direct deposit information as noted above at least 1-week in advance of your birthday to the attention of Finance to release FWFN youth funds held in trust. In addition, as the Specific Claim Housing Trust administers the remaining balance of youth funds, please also contact Michael Pelletier Jr, CEO directly at cell (807) 629-0471 to arrange any payment of these youth funds due to you, you will need to provide your banking information to them directly.

Late Banking Information – Annual Member Distributions

Any revised direct deposit information received after a member distribution will be processed on the 3rd – Friday of each month thereafter. Please provide no later than the Wednesday before the 3rd Friday to ensure any amounts owing to you are processed on the 3rd Friday. Otherwise, your payment may not be processed until the following month's 3rd Friday.

Are You Making a Payment?

Any member or customer making a payment (rent, ice rental, arena gym memberships, hall rental, hunting/fishing licenses, craft tables, Health Fair, Good Food Box, Pow Wow vendors, any other payments), Fort William First Nation Reception (2nd Floor of Band Office) must issue you an official pre-numbered FWFN receipt at the time of your payment.

FWFN Reception can now also process your payment by **debit/credit card** (Visa, MasterCard, American Express, and Discover). You may also make your payment FWFN Reception by cash or cheque, you may also mail in your cheque payment to the address noted below. Please reference your invoice number or rental unit address for rental payments.

FWFN Arena can process receipts if you are paying for your ice by cheque, debit or credit card. The Arena no longer processes cash. If you are paying your ice rental by cash, please see FWFN Reception to have your official pre-numbered FWFN receipt issued to you.

Fort William First Nation – Reception is located on the 2nd floor, Suite 200 at 90 Anemki Drive.

Questions regarding the above can be addressed to Lori Payne, CPA, CA – A/Director of Finance.



COVID-19 Financial Assistance Program

Further to the May 13, 2020 Chief and Council meeting, a \$300 COVID-19 financial assistance payment has been approved and the details are as follows:

- \$300 per adult member (aged 18 and older on May 13, 2020)
- This payment will be paid by EFT (electronic funds transfer) and will be issued by Friday June 5, 2020
- Funds may take up to 5-days to be deposited to your account so if you have not received your funds by Friday June 12, 2020 then please contact us at that time. Please contact Lori Payne, CPA, CA – Acting Director of Finance for these inquiries starting Friday June 12, 2020 at (807) 623-9543 ext 237.

All payments will be issued by EFT. The only exception is for those members who are non-Canadian residents. These non-Canadian residents will be issued a cheque and it will be mailed to your last updated mailing address.

If your banking information has changed, please see the first Finance page of our weekly Newsletter.





FWFN Health Centre

You may find yourself in need of services

Some helpful supports are listed below:

APS-Anishinabek Police Service FWFN Detach: 807-625-0232

Child & Youth Crisis Support Line Thunder Bay: 807-346-8282

Thunder Bay Counselling Centre: 807-684-1880

Thunder Bay and Area Victims Services: 807-684-1051

Youth Outreach Worker: 807-623-8511

Beendigan Inc. Crisis Line: 807-346 HELP (4357)

Dilico Anishnabek Family Services: 623-8511

Safe Alternatives: 1-800-366-8288

Kids Help Phone: 1-800-668-6868

Thunder Bay Crisis Response Services: 1-888-269-3100 or 346-8282

Crisis Services Canada: 1-833-456-4566

Balmoral Detox Centre: 623-6515

Talk4Healing Help Line: 1-855-554-4325

FWFN Health

90 Anemki Drive
FWFN, ON
Phone: (807) 622-8802



FORT WILLIAM FIRST NATION

VOLUNTEERS NEEDED!

COVID-19

RESPONSE TEAM

During the COVID-19 pandemic we
are seeking volunteers to help in
any means necessary to support our
emergency response team

FOR MORE INFO CONTACT:

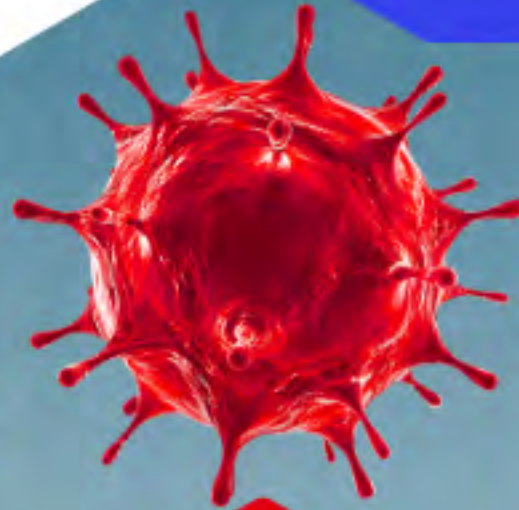
**Bess @ 252-7038 or
besslegarde@fwfn.com**

FOLLOW INSTRUCTIONS AND STAY SAFE

**WHITE:
EVERYTHING IS
GOOD**

**BLUE:
NEED WATER**

**YELLOW:
SELF-ISOLATING**



**GREEN:
NEED FOOD**

**RED:
HAVE COVID-19**

**ONLY USE
BLUE AND GREEN
IF YOU HAVE
COVID-19**

**CONTACT CALL
CENTRE**

698-0415

COVID19@FWFN.COM

ATTENTION FWFN SENIORS

**THE FEDERAL GOVERNMENT ANNOUNCED
A PAYMENT TO SENIORS TO ASSIST
DURING THE COVID-19 PANDEMIC**

**SENIORS WHO QUALIFY FOR OLD AGE
SECURITY (OAS) WILL BE ELIGIBLE FOR A
ONE-TIME, TAX-FREE PAYMENT OF \$300**

**THOSE SENIORS ELIGIBLE FOR THE
GUARANTEED INCOME SUPPLEMENT (GIS) WILL
GET AN EXTRA \$200**

**PAYMENTS WILL BE MADE DIRECT TO SENIORS
THROUGH THEIR CURRENT MONTHLY OAS/GIS
PAYMENTS**

**THIS PAYMENT IS BEING MADE BY THE FEDERAL
GOVERNMENT YOU MUST ALREADY BE SIGNED UP
WITH OLD AGE SECURITY OR
GUARENTEED INCOME SUPPLEMENT**

**YOU MAY REGISTER ONLINE THROUGH THE FEDERAL
GOVERNEMENT IF YOU WISH TO APPLY:**

**[WWW.CANADA.CA/EN/SERVICES/BENEFITS/PUBLICPENSIONS/
CPP/OLD-AGE-SECURITY.HTML](http://WWW.CANADA.CA/EN/SERVICES/BENEFITS/PUBLICPENSIONS/CPP/OLD-AGE-SECURITY.HTML)**

Regarding the Canada Emergency Student Benefit.

Informing those who are eligible and those who are NOT Eligible for the benefit.

If students are already receiving the CERB or E.I those individuals **will not** be eligible for the CESB.

Applications will open on May 15, 2020.

Criteria is as follows:

1. Students enrolled in a post-secondary education program (minimum of 12 weeks)
2. Students who have graduated from or left their post-secondary studies no earlier than December 2019
3. Students who have completed, or will complete, high school in 2020 and have applied for a post-secondary educational program that begins before February 01 2021.

Eligible students can receive \$1,250 per month

Students with dependants are eligible for an additional \$750 (under the age of 12)

Disability students may receive a maximum of \$2000

When applying, students must attest that for COVID-19 related reasons, they are:

- unable to work; or
- seeking work but are unable to find it; or
- working but unable to make more than \$1,000 (before taxes) over the four-week period for which they are applying.

More information is provided online from the link provided.

<https://www.canada.ca/en/employment-social-development/news/2020/05/background-the-canada-emergency-student-benefit.html>

Please keep in mind that the benefit **must be** repaid.

Nokiiwin Tribal Council and Wesway Respite Services present:



Nokiiwin
TRIBAL COUNCIL

Wesway
Respite... Care your way

Respite Care Funding For Families

What is Respite Care?

Respite care is anything that provides a break or relief for families who are caring for loved ones with exceptional needs.

How Does it Work?

Families decide how and when they want to use their support and who they trust to provide the care. Childcare, overnight relief, recreational activity fees, after school programs, specialized camps, extra professional services, and even assistance on medical trips, are all considered services of respite care. Wesway will then reimburse the family caregiver for costs associated with their respite plan.

Who is Eligible for this Funding?

This funding is for families with unmet respite care needs who are caring for a child who:

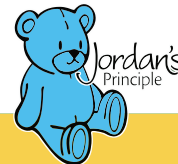
- Is under the age of 18
- Lives at home with a caregiver or guardian
- Has physical or mental wellness challenges, a disability or chronic/complex health issues
- Is a member of a Nokiiwin community, living on or off reserve.

Giiniwenama "To care for and look after"

For more information and application, please contact:

Coty Crews | (807) 622-6723 | cotycrews@fwfn.com

Wesway | 1-888-623-2353 ext. 6672 | rdabrowski@wesway.com



Nokiiwin is continuing to provide support for respite services to families in member communities during this difficult time of COVID-19





F O R T W I L L I A M F I R S T N A T I O N

JOB POSTING

Position Title: Security Checkpoint Officers

Position Description: The Security Checkpoint Officer will operate the FWFN enforced security checkpoints put in place to limit outside access to residential areas of FWFN during the COVID-19 global pandemic.

Major Responsibilities:

- Conduct check stops and enforce vehicle restrictions into FWFN residential areas.
- Adhere to all policies and follow established procedures.
- Write reports of daily activities and irregularities, such as presence of unauthorized persons, or unusual occurrences.
- Record non-member vehicle license plates of vehicles granted access and maintain log of same.
- Call APS in cases of emergency, such as presence of unauthorized persons, persons who fail to stop at check points, etc.
- Other duties as assigned.

Qualifications:

- High School Diploma required.
- A related security certificate would be considered an asset.
- Previous experience as a Security Officer or in a related field required.
- Must have a valid driver's license and access to a personal vehicle.
- First-aid and CPR certification is an asset.
- Must be able to complete required paperwork to report abnormalities or incidents.
- Must be able to sit or stand for long periods of time.

Salary: To be negotiated.

Job Posting Closing: On-going. Hiring as needed

Please direct your application to the attention of:

Donna Mullen
Human Resources Assistant

Email: donnamullen@fwfn.com

We appreciate all applications. Only those selected for an interview will be contacted.



**Fort William
First Nation**



Dear Parents/Guardians & Students:
Please check out the following link for help
with using chrome books

<https://www.wevideo.com/view/1708312934>

**STAY
SAFE** 



Resource for Using
Chrome Books to Support
Learning at Home



***Fort William
First Nation***

ATTENTION MEMBERS

**The FWFN COVID-19 Call Centre is available
from 9 AM to 4 PM to take your calls.**

The number is 807-698-0415



**The FWFN On-Call 24 Hour Emergency
Response Line is available for any calls
beyond those hours.**

The on-call number is 807-472-7701

*Thank
You*

STAY HOME. STAY SAFE

Notice

Clients on the Medical Assistance Treatment (MAT) program who are receiving services from OATC & Lucero must access the RAAM Clinic located on Fort William First Nation, 200 Anemki Place

RAAM clinic will be operating on Saturday April 11, 2020 until further notice. Bring proper identification

**The hours of operation are:
Monday-Friday: 9:00am-11:00am
Saturday-Sunday: 9:00am-11:00am**

For further information call On-call: 472-7701
Or
Emergency Response Call Center: 698-0415



FORT WILLIAM FIRST NATION



WAASIGAN TRANSMISSION LINE

Powering northwestern Ontario is an important part of Hydro One's past and future. We live and work in the north and focus every day on delivering a safe and reliable supply of electricity to local homes and businesses.

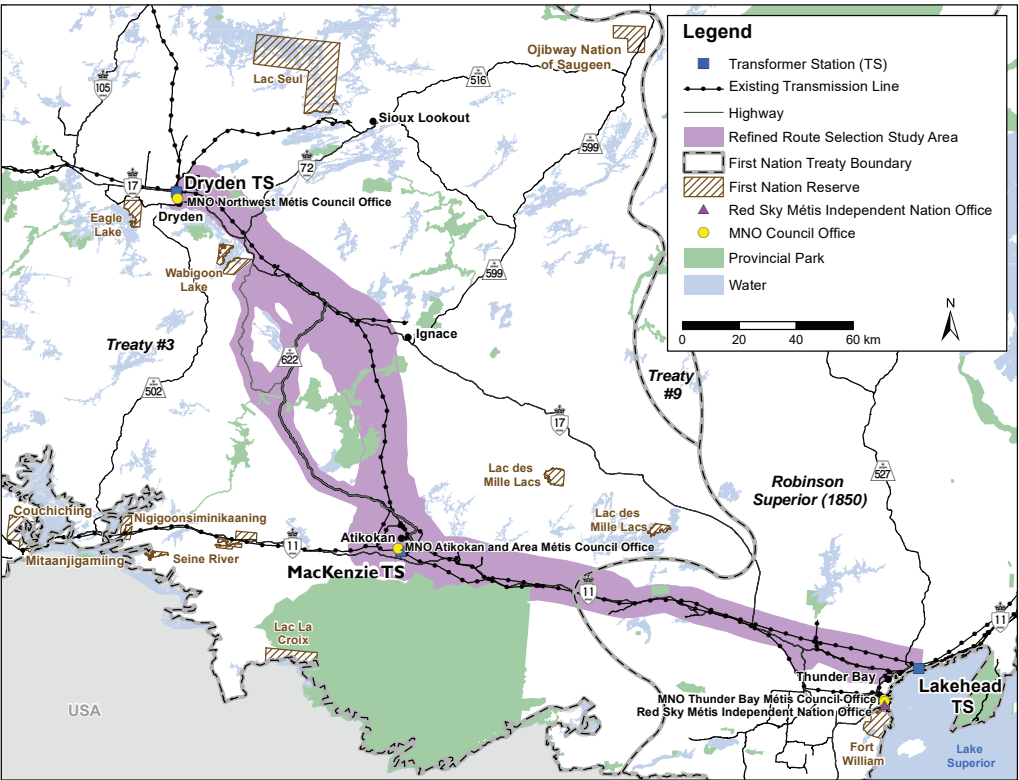
In April 2019, Hydro One initiated an Environmental Assessment for the Waasigan Transmission Line, a proposed new transmission line between Thunder Bay, Atikokan and Dryden. Waasigan is an Ojibwe word for "bringing power".

With more than 70 years of history building the electrical backbone of northwestern Ontario, Hydro One understands what it means to be a community partner. Building the Waasigan Transmission Line will create opportunities for long-term social and economic benefits to the communities we serve.



WAASIGAN TRANSMISSION LINE

- Since we last met, we have advanced work on the Terms of Reference, which is the first step of the Environmental Assessment (EA). Updated information and mapping, including a narrated project update presentation and the refined route selection study area, are available on the project website www.HydroOne.com/Waasigan.
- The EA will determine the preferred route for a new double-circuit 230 kilovolt transmission line between Lakehead Transformer Station (TS) and Mackenzie TS, and a new single-circuit 230 kilovolt transmission line between Mackenzie TS and Dryden TS, as shown on the map below.
- We are completing the EA planning and development work now, to ensure that capacity is ready when it's needed.
- Hydro One is committed to powering economies and connecting communities in northwestern Ontario. We recognize the potential that exists and believe in supporting growth in the region.



BENEFITS OF HYDRO ONE'S PROPOSAL



Training



Developing
partnerships



Powering
economic
growth



Respecting the
environment

For more information, please visit www.HydroOne.com/Waasigan, or contact Community Relations at Community.Relations@HydroOne.com



THE FIRST NATIONS LABOUR AND EMPLOYMENT DEVELOPMENT (FNLED) SURVEY

The purpose of the FNLED survey is to capture labour market information (LMI) and factors associated with employment in First Nations communities across Canada at a national level.

The goal is to gain powerful knowledge on employment and labour conditions that exist for First Nations and move toward an evidence-based approach to informing policy, funding decisions and empowering real change.

HAVE YOUR SAY!

SURVEYING

STARTS TUES. MAY 26/20



FNIGC | CGIPN

First Nations Information Governance Centre
Le Centre de gouvernance de l'information des Premières Nations



innovationseven
INNOVATION FOR SEVEN GENERATIONS



**Note – Additional details can be viewed online at

<https://fwfn.com/departments/economicdevelopment/consultation/>



THE FIRST NATIONS LABOUR AND EMPLOYMENT DEVELOPMENT (FNLED) SURVEY



Contact

Candace Bennett
Lisa Meness



Candace is a member of the Algonquins of Pikwakanagan First Nation with over 20 years of experience

working with First Nation communities on First Nations projects.



Mobile: 613 914 4477



Office: 613 625 1441 ext. 103
cbennett@innovation7.ca



Lisa is a member and former chief of the Algonquins of Pikwakanagan First Nation. Lisa has 20 years of experience in

supporting First Nations, provincial and federal organizations in all areas of consultation, engagement, and partnership and project development. Lisa has a background in economic development as well as First Nation capacity building and assisting non-FN organizations with cultural awareness.



Mobile: 613 914 2037



Office: 613 625 1441 ext. 104
lmeness@innovation7.ca

HOW

Regional Coordinators work with communities to provide understanding, clarity and guidance for the FNLED.

1

Consent and permission from Chief and Council.

2

Work with First Nations to identify method of data collection.

3

Communicate to participants about time and data collection process.

4

Hiring First Nation field interviewers to conduct the survey.

5

Work with communities to provide guidance during data collection.

6

Notification to Chief, Council and participants of project completion.

7

Communicate results back to the communities.

WHO

FNIGC: The First Nations Information Governance Centre is a non-profit, First Nations mandated organization

that is a premiere source of information about First Nations communities in Canada. FNIGC has a mandate to oversee data collection on First Nations reserves and northern communities, research, knowledge dissemination and the promotion and advancement of **the First Nations principles of OCAP®: Ownership, Control, Access and Possession on behalf of First Nations.**

I7: Innovation Seven Inc. (I7) is a professional services organization that specializing in helping communities, businesses, governments, and agencies assess and develop opportunities for Indigenous knowledge and inclusion. Headquartered in Pikwakanagan, ON, **I7 is a 100% First Nation owned business and is PSAB compliant.**

I7 and FNIGC: I7 is under contract by FNIGC for the management of the survey exercise and is responsible for coordinating the collection of data. **All I7 staff have completed OCAP® training.**

WHAT

FNLED: The First Nations Labour and Employment Development Survey (FNLED) is a new survey **to learn more**

about employment and labour in First Nations communities across Canada.

The survey is being implemented on behalf of Chiefs of Ontario (COO) through a contract with FNIGC.

This survey will have a thematic focus on employment, labour, jobs, skills and development involving First Nations youth (ages 15-17) and adults (ages 18-64). The information collected from the FNLED survey will help First Nations communities, organizations and all levels of government develop programs and policies **that aim to improve the well-being of First Nations** people living on reserve and in northern communities.

The FNLED survey is a survey **by First Nations people for First Nations people.**

WHERE

The survey is taking place in 230 communities across 10 provinces and two territories in Canada. In Ontario, **37 communities** have been selected to participate.

WHY

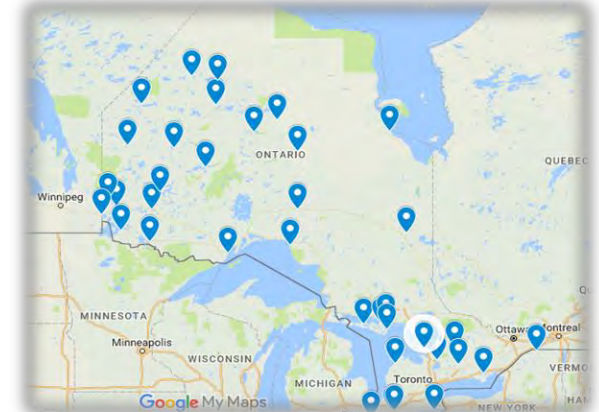
The **purpose** of the FNLED survey is to capture labour market information (LMI) and factors associated with employment in

First Nations communities across Canada at a national level.

The **goal** is to gain powerful knowledge on employment and labour conditions that exist for First Nations and move toward an evidence-based approach to informing policy, funding decisions and empowering real change.

WHEN

The FNLED project is in the planning stage. The data collection stage will run between **September 2018 and December 2019.**



MANDATORY REQUIREMENTS!

Please bring the following during a scheduled appointment:

1. **All tax-slips for employment/pension/social assistance** (eg: T4, T5007, TA[P], T4[OAS], T5, T4A)
2. **Rent receipt/s with full name of landlord/s, Municipal Property tax bills**
3. **Complete info of spouse/s (includes ex-spouse/s), as well all dependents.**
4. **Receipts for public transit passes, RRSPs, donations, medical expenses, &c.**
5. **Financial Institution/Bank info - to set-up/change direct deposit info.**
6. **USB flash-drive/Pen-drive - to save a copy of your tax-file**
7. **College/University tuition fee certificates, bursary/grant/scholarship tax slip (T2202A, T4A)**
8. **Prior year's Notice of Assessment from CRA** (not applicable for 1st-time filers)
9. **Government-issued photo identification.**
10. **Notice of Determination from CRA with regard to Infirmity/Disability** (if applicable)
11. **Summarize and total all expenses such as rent, medical expenses &c for the year.**
12. **Annual household Income* NOT to exceed \$25,000** (Non-complex tax situations only***!)**
(*)Excludes: Provincial/Federal benefits such as CCB, OTB, GST)
(**)Includes: salary, wages, honoraria, tips, gratuities, commissions, bonus, &c)
(***Message/phone for options (including referrals) for those whose income exceeds this limit)
(****Complex tax-situations: Business/rental/foreign income, bankruptcy, deceased person return, capital gains/losses, sale of house)

With prior appointment only!
No Walk-ins and No Drop-offs Please!

PHONE: (807) 346-9674

EMAIL: incometaxclinics@outlook.com

www.facebook.com/incometaxclinics

NB: If unable to attend for any reason, please phone/message ahead of time to cancel/re-schedule

Failure to attend a scheduled appointment could result in 'Miss Appointment' Fees

Note: You are responsible for all the information on the Return - regardless of who prepares it!

Free clinics will be held Wednesday evenings from 5:00 p.m. to approximately 8:00 p.m. for Nookiwin members at the Regional Multicultural Youth Council, 511 Victoria Ave. East. Thunder Bay.

Social Distancing during Income Tax Clinic:

- Clients should not have any symptoms of any virus/illness.
- no requirements to wear a mask, if they want to wear one, that's fine too.
- come at scheduled time, not all together, one (or family) at a time. If clients attend together, they may be asked to wait outside.
- hand-washing is available after use of transfer of papers/usb.
- If clients are unable to attend a confirmed appointment for any reason, they must let me know in advance.

ATTENTION COMMUNITY MEMBERS!

We want to hear from
you.

The Youth & Social
Department are looking
for Ideas and
suggestions from the
community on
programs that they
would like to see be
offered this summer.

Keep in mind that we
are still in a pandemic
and we still need to
follow all protocols.

If you have an idea or
suggestion that you would
like to share email

ReneePervais@fwfn.com



We look forward to hearing from You!

YOUTH & SOCIAL DEVELOPMENT

- Youth Centre, Culture & Recreation -

Date : May 27 2020

Time: 6-9 pm



ONLINE PAINT NIGHT

Connecting Online for the Night Program with your family.

Supplies will be delivered 1 per household.

Limited registrations
FWFN members only.
Online: [Zoom.us](https://www.zoom.us)

Must Register : Bess Legarde: (807) 252-7038
Email: besslegarde@fwfn.com

BIGGEST LOSER "HOME EDITION"

Tuesday & Thursday at 6pm online Classes offered : [Zoom.us](https://www.zoom.us)

FWFN members only

Weekly Incentives

Bi-weekly Weigh ins

Next Weigh in June 8th 2020

Prizes for 1st, 2nd, 3rd for Men & Woman.



Must Register: Bess Legarde: (807) 252-7038
Email: besslegarde@gmail.com

COMMUNITY COLORING

Healthy weekly info done with your family in a crafty way!
The Coloring page is located: FWFN Youth & Social FB page & FWFN News Letter



FAMILY FUN CHALLENGE

8-week challenge, 8 Fridays prizes & 1 Grand prize

Starting : June 1st – July 31st 2020

To Register Email: (Name, Phone Number & Address)

Contact: Marnie Greenwald marniegreenwald@fwfn.com

FWFN COVID-19 TIME CAPSULE

Don't forget place everything in an Envelope with your mailing address on it & Email marniegreenwald@fwfn.com to pick up! Marnie will stop collecting July 30 Because its going in the ground that day @3pm



VISIT FACEBOOK: FORT WILLIAM FIRST NATION YOUTH & SOCIAL DEVELOPMENT

YOUTH & SOCIAL DEVELOPMENT

- Youth Centre, Culture & Recreation -

DIY PIZZA KITS

Registration Deadline: Wednesday, June 3rd 2020

Limit: 3 Per Household

Youth 10-17yrs – On-Reserve Only

Delivery: Friday June 5th, 2020

Between 2:00pm – 5:00pm

To Register Email: (Name, Phone Number & Address)

Mary Charlie

MaryCharlie@fwfn.com



Starting back up Wed June 3rd

Time: 7-9 pm

ONLINE ANISHNAABEMOWIN

Are you a First Nation Member wanting to know the language?

To register with the program, please contact Gail.

Weekly 18+ program online: Zoom.us



Contact: Gail R Bannon: (807) 629-8521

Email: gailrbannon@fwfn.com



COMING SOON



- Cultural Teachings with Special guests -

To register with the program, please contact Gail.

program online: Zoom.us

Contact: Gail R Bannon: (807) 629-8521

Email: gailrbannon@fwfn.com



FWFN FAMILY FUN CHALLENGE

- June 1st - July 31st 2020 -

8-week challenge, 8 Fridays prizes & 1 Grand prize -

WEEK 1 JUNE 1 – 5 TH 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Family Walk for 20 Minutes	Face time a missed family Member	Fill out a FWFN family time capsule sheet	Pajama Day	Weekly Draw Day
WEEK 2 JUNE 8 -12 TH 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Family Hide-&-seek	Clean your yard together.	Make food with your family.	Sports day	Weekly Draw Day
WEEK 3 JUNE 15 – 19 TH 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Chalk Art your roadway	Walk for 20 Minutes	Dance party with your Family	Crazy Hair Day	Weekly Draw Day
WEEK 4 JUNE 22-26 TH 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Read a book outside with your family	Give away old cloths or toys	Paint Positive Rocks & place on the side walk.	Watch an old Movie with your family.	Weekly Draw Day
WEEK 5 JUNE 29 – JULY 3 RD 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Outside Teddy bear Picnic	Star glaze with your family	Complete a 100-piece Puzzle day	Backwards day	Weekly Draw Day
WEEK 6 JULY 6-10 TH 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Build a Fort inside or out.	Color contest with your family	Outside Water fun	Tie die cloths	Weekly Draw Day
WEEK 7 JULY 13-17 TH 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Walk for 10 Minutes Run for 2 minutes.	Listen to Pow wow music with your family.	Have a Family Bonfire	Hat day	Weekly Draw Day
WEEK 8 JULY 27-31 ST 2020				
Monday	Tuesday	Wednesday	Thursday	Friday
Family art	Outside Scavenger hunt	Outside water fight	Family Funny selfie day	Weekly Draw Day

-STAY HAPPY & HEALTHY WHILE WE'RE ALL AT HOME-

All you got to do is

Get Active with your family, capture the moment, send to WIN!

marniegreenwald@fwfn.com

FWFN FAMILY FUN CHALLENGE

HOW TO WIN THE PROGRAMS GRAND PRIZE

Register as a family: Names, Address & Number with Marnie for a chance to win our Grand Prize at end of the 8 weeks!

HOW TO WIN EACH WEEK Value

- Follow the daily fun challenge's or do your own active activity as a family.
 - Take a picture during & email it to win each week.
- You have 4 days each week (mon- thru) to be active & to share your picture to increase your family's chances on winning the Fridays prize.
- Send your pictures entrees Mon, Tues, Wed & Thurs of each week (NO LATER THEN EVERY THURSDAY) to win that following Friday weekly prize.
- The winner will be announced on FWFN Youth & Social Development Facebook page Each Friday @ 3pm, & then safely delivered the same day.
(On-Reserve Only)

-STAY HAPPY & HEALTHIY WHILE WERE ALL AT HOME-

All you got to do is

Get Active with your family, capture the moment, send to WIN!

marniegreenwald@fwfn.com



FORT WILLIAM FIRST NATION

- FWFN YOUTH & SOCIAL DEVELOPMENT -

FWFN 2020 COVID-19 TIME CAPSULE



Familys Name:

Date & Time Filled out:

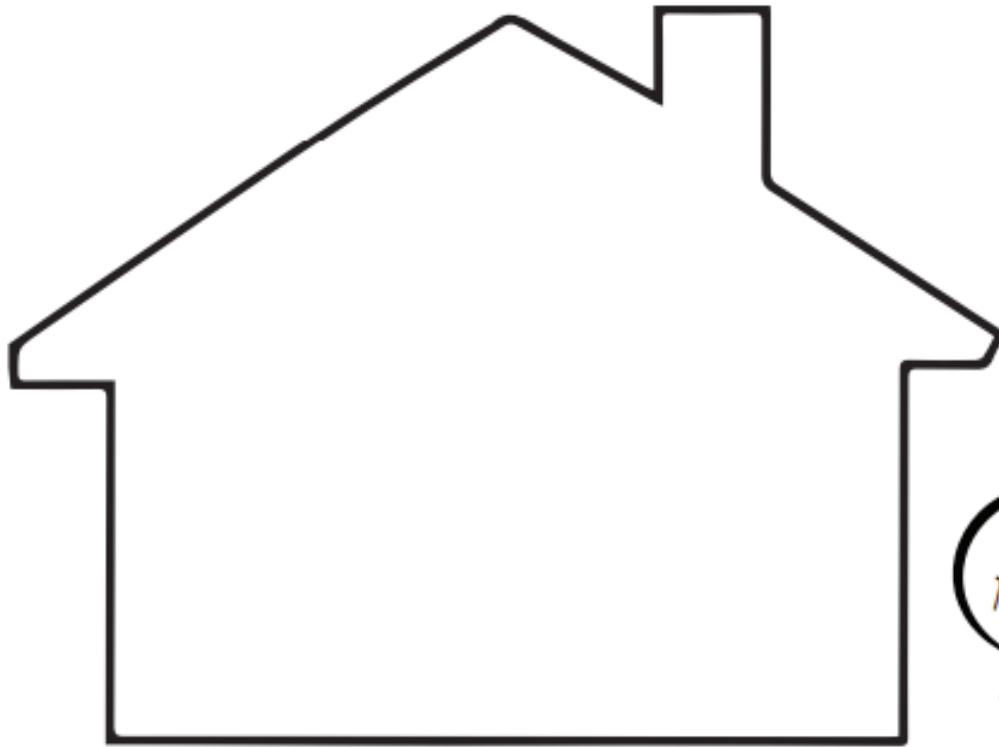
YOU ARE LIVING THROUGH HISTORY RIGHT NOW

TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

- | | |
|--|---|
| <input type="checkbox"/> SOME PHOTOS FROM THIS TIME | <input type="checkbox"/> ANY ART WORK YOU CREATED |
| <input type="checkbox"/> A JOURNAL OF YOUR DAYS | <input type="checkbox"/> FAMILY / PET PICTURES |
| <input type="checkbox"/> LOCAL NEWSPAPER PAGES OR CLIPPING | <input type="checkbox"/> SPECIAL MEMORIES |

Draw, Paste or add a picture for the future!
Add if you like: Letters to my future self from your kids

MY COMMUNITY



COLOUR THIS HOUSE
TO LOOK LIKE YOURS

WHERE I AM LIVING DURING THIS TIME:



WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN
OUTSIDE (e.g hearts in windows, chalk notes on sidewalk, etc)

HOW ARE YOU CONNECTING WITH OTHERS?



ALL ABOUT MY FAMILY

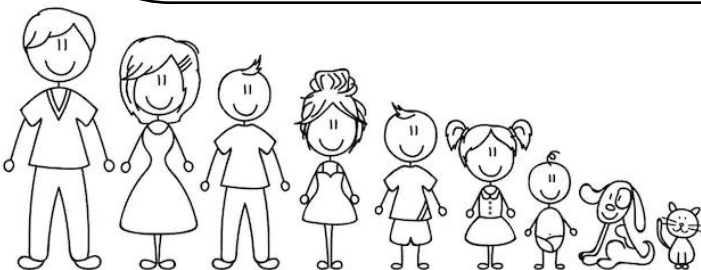
How is my family feeling

What are our favourite activities

What is new ?

What do we miss as a Family?

Draw your whole family even your pets.



Some things you could Add

- Names of everyone
- Ages of everyone
- Date & Time

Whats your familys favourite

Card game : _____

App : _____

Puzzle : _____

Board game : _____

Outside Fun: _____

Sport : _____

Draw your familys favourite Movie:

Draw your favourtie snack

I AM MOST THANKFUL FOR

WHAT I HAVE LEARNT MOST
FROM THIS EXPERIENCE:

THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

1

2

3

OUR HANDPRINTS



PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE



Big family ? add your familys prints on another blank page !

More Ideas : Trace & colour or ink finger prints.

WHAT HAS BEEN THE
BIGGEST CHANGE?

HOW ARE YOU FINDING
HOMESCHOOLING?



DAYS SPENT INSIDE

HOW ARE YOU FEELING?

YOUR TOP 3 MOMENTS FROM THIS EXPERIENCE:

1. _____
2. _____
3. _____

Who did I Facetime

Who helped with homework

GOAL/S FOR
AFTER THIS:

FAVOURITE FOOD TO BAKE: _____

FAVOURITE TIME OF DAY: _____



Don't forget place everything in an Envelope with your mailing address on it & Email marniegreenwald@fwfn.com to pick up! Marnie will stop collecting July



30 Because its going in the ground that day @3pm 😊

CHOR DEFENDERS



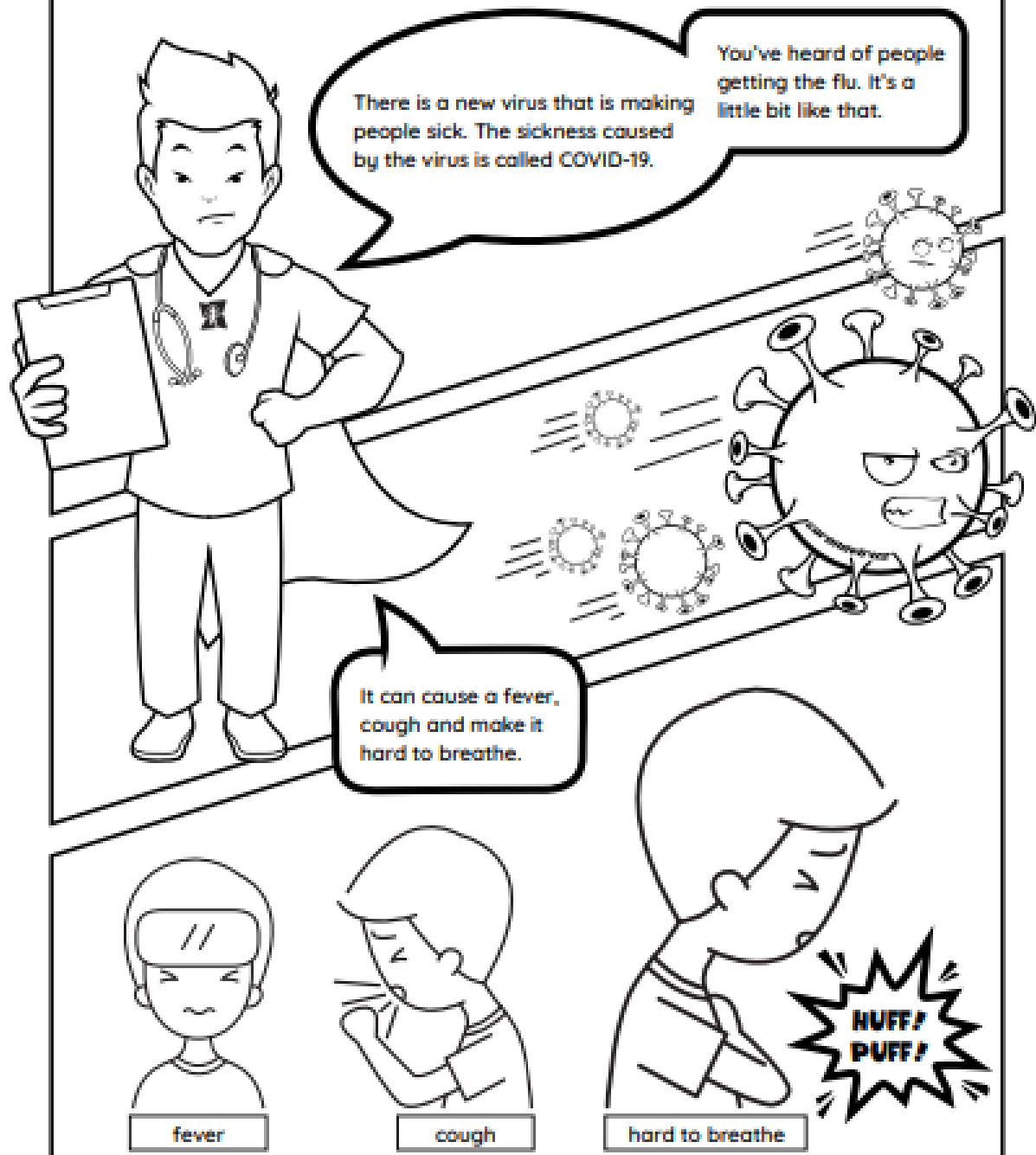
**Children's
Hospital**
of Richmond at VCU

chrichmond.org/covid-19



- Community Colouring -
- FWFN YOUTH & SOCIAL DEVELOPMENT -

What is COVID-19?



- Community Colouring -
- FWFN YOUTH & SOCIAL DEVELOPMENT -