

Weekly Newsletter for November 23-29

Flyers are to be delivered each weekend by 4pm Sunday evening.

Didn't receive your newsletter this weekend?

**Please call Kristy Boucher at 623-9543 ext.217 or
info@fwfn.com with your questions or concerns.**

Finance Information Page For:

- **Direct Deposit Forms for Member Distributions**
- **Youth Turning 18 – Direct Deposit Forms**
- **Late Banking Information – Annual Member Distributions**
- **Are You Making a Payment?**

Is now on Page 2 of our Weekly Newsletter

Stay informed, follow us on:



@fortwilliamfirstnation



@FWFN1

NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS

Letting your dog run loose, puts them and the community members in danger.

It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.

Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.

Direct Deposit Forms for Member Distributions

Please keep your banking information up-to-date with Finance. If you change your financial institution or have not yet provided any banking information to Finance, the following options are available to submit your Direct Deposit Information:

1. Mail in a sample VOID cheque from your chequing account that has your current address information on it. Please enclose a brief note such as **“Please update my direct deposit information”, sign and date** this note and provide your phone number in case we need to contact you.
2. If you have online banking, you can print out your own Direct Deposit form that is pre-populated with your name and bank account information already on it, **sign and date it**, print your address and phone number on it and mail it to FWFN Finance. Finance will not process a manually filled out/hand-written direct deposit form that is not bank-stamped and bank-dated by your branch.
3. You can also visit your financial institution and have them fax FWFN Finance directly at (807) 623-5190 your direct deposit form after you signed and dated it. The fax must be faxed from the financial institution and cannot be faxed from a third-party fax number. Please note, some financial institutions provide this fax service and some do not. In the event they do not, you will need to mail this direct deposit form to us, as we will require your **original signature**.
4. Please note – Finance does not process any banking updates by e-mail or pictures or hand-written account information.
5. If you are providing your banking information for FWFN employee payroll purposes, you will need to consent to release this information from FWFN Payroll to share this information to FWFN Accounts Payable and you will need to sign and date this form along with FWFN Payroll sign off.

Youth Turning 18 - Direct Deposit Forms

Please provide your direct deposit information as noted above at least 1-week in advance of your birthday to the attention of Finance to release FWFN youth funds held in trust. In addition, as the Specific Claim Housing Trust administers the remaining balance of youth funds, please also contact Michael Pelletier Jr, CEO directly at cell (807) 629-0471 to arrange any payment of these youth funds due to you, you will need to provide your banking information to them directly.

Late Banking Information – Annual Member Distributions

Any revised direct deposit information received after a member distribution will be processed on the 3rd – Friday of each month thereafter. Please provide no later than the Wednesday before the 3rd Friday to ensure any amounts owing to you are processed on the 3rd Friday. Otherwise, your payment may not be processed until the following month's 3rd Friday.

Are You Making a Payment? ****NEW UPDATE Effective June 3, 2020****

Any member or customer making a payment (rent, ice rental, arena gym memberships, hall rental, hunting/fishing licenses, craft tables, Health Fair, Good Food Box, Pow Wow vendors, any other payments), Fort William First Nation Reception (2nd Floor of Band Office) must issue you an official pre-numbered FWFN receipt.

****Effective June 3, 2020**** FWFN can accept payments by autodeposit/e-transfer from your personal smartphone banking app. You can register FWFN as a recipient by adding our Accounts Receivable email: accountsreceivable@fwfn.com. Please include a brief message before sending your payment such as: rent, ice rental (include organization name if applicable), invoice IVC#. A receipt will then issued to you by mail.

We can also debit/credit card (Visa, MasterCard, American Express, and Discover). You may also mail in your cheque payment to the address noted below. Please reference your invoice number or rental unit address for rental payments. **During the pandemic we are not processing any cash deposits.**

FWFN Arena can process receipts if you are paying for your ice debit or credit card. The Arena no longer processes cash. FWFN Arena customers can now set up accountsreceivable@fwfn.com to send in an autodeposit/e-transfer payment – please include a brief reference to your organization if applicable and invoice IVC#.

Fort William First Nation – 2nd floor, Suite 200 at 90 Anemki Drive – for mailings.

COVID-19 – Update from Finance

As COVID-19 numbers continue to increase during the second wave in Ontario it is more important than ever for everyone to remain vigilant in their efforts to prevent the spread of COVID-19. This includes maintaining physical distancing with one another, practicing good hand hygiene and wearing masks when in enclosed public spaces.

Please continue to visit our local Thunder Bay Health Unit website for the most current COVID-19 data at: <https://www.tbdhu.com/coviddata>.

You may also visit our COVID-19 Action Plan web page for Community Updates, Resources and Important Contact Information at: <https://fwfn.com/covid-19-action-plan/>.

In addition to being a part of the COVID-19 pandemic team, Finance continues to work onsite in order to maintain continuity of services. Responding to COVID-19 pandemic needs and our Community's health and safety remains our primary focus while we continue to do our best to administer all of our Finance functions and as a result, our response times may continue to be delayed. We sincerely appreciate your continued patience and understanding during this time.

Payments to our suppliers

If you are a member-contractor with no current banking information on hand for EFT direct deposit payment, we will be mailing your payment by cheque to you. All regular supplier payments will be processed by cheque and mailed. There will be no picking up of cheques for personal delivery in order to limit contact and uphold the physical distancing requirements by public health officials.

You may wish to set up direct deposit, if so, please refer to the previous page for the correct format to submit this information to us.

Bingo Balls

Until further notice, Bingo Balls applications are not being accepted at this time, as a result of limited Bingo Operations during the pandemic.



Indigenous Support for Student Learning Program (SSLP)

The BC Aboriginal Network on Disability Society (BCANDS) is now offering the Indigenous Support for Student Learning Program (SSLP). The SSLP is a time-limited project for Indigenous students who have limited financial resources, including those living with disabilities. We are accepting applications for students who are enrolled in Formal education (either online, remote, or on-site learning) to receive a laptop and accessories.

Our Goal:

- Assist Indigenous students' continued participation and success in their education, and eventually, in their future employment

Am I Eligible?

- Applicants must be enrolled in Formal education at any level from kindergarten to post-secondary OR taking courses through an accredited institution, AND be actively attending
- Applicants must be of Indigenous ancestry
- Applicants must not have received/be receiving any other support for equipment from Nation, community, or other organization/program
- Applicants must be a Canadian resident
- Applicants must be low-income OR
- Applicants identify as living with a disability AND be low-income

"Persons with disabilities," for the purposes of student financial aid, is defined as "those who have long-term physical, mental, intellectual or sensory impairments which in the interaction with various barriers may hinder their full and effective participation in society on an equal basis with others" ¹

Acceptable Documentation to demonstrate financial need (for applicant or parent/legal guardian)

Please include proof of/an approval statement from any one of the following:

- Federal or provincial/territorial Student Loan
 - Any Federal or provincial/territorial Income Assistance
 - Any Federal or provincial/territorial Disability Assistance
 - Canada Child Benefit (parent or legal guardian)
 - Most recent Income Tax Notice of Assessment prepared by Canada Revenue Agency (CRA)
- ➔ If these options are not available and you meet all of the eligibility criteria, provide thoroughly describe your situation under Section 3 B (*Demonstrate Financial Need*)

All information in the applications must be fully completed for consideration (Sections 1-6). BCANDS will verify the applicant's enrolment, attendance (online, remote, or in-class), and financial need. BCANDS reserves the right to refuse any application and determine the level of support approved. BCANDS will prioritize approvals based on the information provided in the application, the demonstrated need, and the date received. Applicant's receiving support from their Nation, community, or another organization/program in relation to equipment (computers) for their ongoing participation in school may be deemed ineligible.

Applications will be accepted on an ongoing basis. Applications must be received by BCANDS no later than March 15th, 2021 for consideration. However, due to the limited financial resources available and high demand, we recommend that applicants submit their completed application as early as possible. Late applications will not be reviewed. Call for applications will be closed in event that the project's resources have been fully expended prior to the **March 15, 2021 deadline**. If you need assistance with the application or have questions, please contact us.

Please keep this page for your records.

¹ Definition from the United Nations Convention on the Rights of Persons with Disabilities



British Columbia Aboriginal Network on Disability Society

#6-1610 Island Highway — Victoria, BC — Canada — V9B 1H8
Tel: 250-381-7303 — Toll Free: 1-888-815-5511 — Fax: 250-381-7312
Email: sslp@bcands.bc.ca — www.bcands.bc.ca

Section 1: Applicant Information

Full Name:

First Last M.I.

Parent or Guardian
Name: (if applicable)

First Last M.I.

Date of
Birth: _____
(MM/DD/YYYY)

Mailing Address
for Equipment
Distribution:

Street Address Apartment/Unit #

City/Town Province Postal Code

Phone Number: _____

Email: _____

Age: (any age is eligible) _____

Gender: _____

How do you identify:

First Nations (Status) ☐ Inuit ☐
First Nations (Non-Status) ☐ Métis ☐

Are you living with a disability?

YES ☐ NO ☐

→ If yes,
please briefly
describe your
disability and
its effects:

Are you a Canadian Citizen?

YES ☐ NO ☐

Are you employed while attending school?

YES ☐ NO ☐

→ If yes: Full-time ☐ Part-time ☐

Section 2: Enrolment Verification

All information provided in this section will be verified by BCANDS.

Name of School:

School Address:

Number of classes
enrolled in & attending:

Full-time/ Part-
time Program:

Program Start Date
(MM/DD/YYYY):

Student ID #
(if applicable):



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Section 3: Eligibility Criteria

You must meet ALL of the following criteria to proceed and be considered for the SSLP. This information will be verified.

- A)** I confirm that I am an Indigenous student with limited financial resources, including those living with a disability ☐
- I confirm that I am an Indigenous student who is enrolled, and actively attends classes in a Formal educational institution (either online, onsite, or remotely) ☐
- I confirm that I have not received other support or similar funding for technology equipment (laptops/tablets) from another program or my community ☐

Why are you applying for the BCANDS Support for Student Learning Program (SSLP)? Please describe your current financial and educational situation, and how this program and provided computer will improve your ability to participate in your education: (please attach additional pages if you need more room)

B) DEMONSTRATE FINANCIAL NEED:

Please describe your limited financial means:

Do you receive (select ALL that apply):

Federal Income or Disability Assistance

YES
☐

NO
☐

→ If yes, indicate
benefit name(s)

Benefit Name(s):

Provincial/territorial Income or Disability Assistance

YES
☐

NO
☐

→ If yes, indicate
benefit name(s)

Are you a Parent/Guardian of a student receiving Income or Disability Assistance?

YES
☐

NO
☐

→ If yes, indicate
benefit name(s)

Other means of financial assistance:

INCLUDE DOCUMENTATION TO DEMONSTRATE FINANCIAL NEED WITH APPLICATION

See Page 1 for list of Acceptable Documentation



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Email: sslp@bcands.bc.ca — www.bcands.bc.ca

Section 4: References

All information provided in this section will be verified by BCANDS. Contact information must be affiliated with your educational institution AND/OR community.

If possible, have your community contact provide a signed letter (included) verifying you have not received other funding.

Admissions Contact at Educational Institution

Full Name: _____ Position: _____
Email: _____ Phone Number: _____
Address: _____

Community Staff OR Chief and Council Contact (if possible)

Name of Indigenous Community: _____ Position: _____
Full Name: _____ Phone Number: _____
Email: _____
Address: _____

Section 5: Equipment Requirements

The Support for Student Learning Program (SSLP) intends to maximize available funds and will prioritize applicants based on level of need for the available resources provided through the program.

Please provide your software requests, though we cannot guarantee that you will receive your requests.

Hardware and software requests: Laptop ☐ Wireless Mouse ☐ In-ear Headphones ☐
Other specialty software requirements: (e.g. screen reader, speech-to-text, dictation software, etc.) ☐

FOR DEPARTMENT USE ONLY – do not fill out

Date received: _____ Approved: YES ☐ NO ☐
Enrolment verified: YES ☐ NO ☐ Documentation included / Financial Need demonstrated: YES ☐ NO ☐
Sent Computer (and accessories): YES ☐ NO ☐ Date Deployed: _____



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Tel: 250-381-7303 — Toll Free: 1-888-815-5511 — Fax: 250-381-7312
Email: sslp@bcands.bc.ca — www.bcands.bc.ca

Section 6: Disclaimer and Signature

I authorize the release of information included in this application form to BCANDS for the purpose of eligibility verification for the student technology and resource funding.

I. I understand that:

- a) I am applying for technology equipment (computer and accessories) under the publicly-funded Support for Student Learning Program (SSLP)
- b) It is my responsibility to ensure that all of the information provided on and with this application is true and complete, and I have not made any false or misleading statements on this application.
- c) Incomplete or inaccurate information, or any attempt to access this funding by fraudulent means will result in my disqualification from the SSLP and related services.
- d) BCANDS reserves the right to refuse an application and to determine the level of support approved as determined through my provided information and described need.
- e) BCANDS may need to collect additional information about me to determine my eligibility for the SSLP or verify information provided in the application and related documentation.
- f) This program is dependent on available funding, and that BCANDS cannot ensure everyone in need receives adequate equipment and software.

II. If I am approved for the SSLP program:

- a) I understand that the provided equipment (computer and accessories) is for the intended purpose of enabling my continued and successful educational outcomes, and for eventual future employment.
- b) I will exercise due care of any and all items provided to me, and use them solely for their intended purpose. I will not install or have installed any software or hardware that could interfere with the equipment's functionality or intended purpose.
- c) I understand that BCANDS is not responsible for any additional expenses or services. All technological services provided through the SSLP will include a standard system software and are provided based on availability.
- d) I understand that any updates, repairs, additional software, subscriptions, or otherwise that are required are my sole responsibility. BCANDS will not provide ongoing costs associated with the provided equipment or software (e.g. Internet services, subscriptions, software, etc.).

I give BCANDS permission to contact myself, and the references provided in order to verify program eligibility:

Applicant Signature: x

Date: _____
(MM/DD/YYYY)

Parent/Guardian Signature: x
(if applicable)

Date: _____
(MM/DD/YYYY)

PLEASE EMAIL, MAIL, OR FAX YOUR APPLICATION TO BCANDS:

Mail: #6-1610 Island Highway
Victoria, BC
V9B 1H8

Email: sslp@bcands.bc.ca

Fax: 250-381-7312



Section 7: Optional Additional Information

The information collected in this section will **NOT** be used towards your application approval process. It will be used for BCANDS' internal research and engagement purposes only.

Any information provided in this section will be collected **anonymously**.

Answering the questions in this section are **optional**, but we appreciate any information you are willing to provide!

1. As an Indigenous student and/or Indigenous student with a disability (or parent/guardian), what are the biggest barriers to accessing and continuing your education? (i.e., access to buildings, discrimination and stereotypes, information technology, communication, outdoor spaces, transportation, etc.)

2. A) Has the COVID-19 pandemic created or enhanced any barriers that make it challenging to access or remain in school?

Strongly Disagree

☐

Disagree

☐

Neutral

☐

Agree

☐

Strongly Agree

☐

B) If you agree, how so?



FAMILY PROGRAM

CHRISTMAS DRAWS!

**FOR CAREGIVERS OF CHILDREN
12 AND UNDER**

5 Draws Weekly!

MONDAY

Nov 30th, Dec 7th & Dec 14th 2020

CALL THE HEALTH CENTRE TO REGISTER!

(807) 622-8802

PLEASE NOTE YOU ONLY NEED TO CALL ONCE

ONE ENTRY PER HOUSEHOLD

OPEN TO MEMBERS ON & OFF RESERVE (WITHIN CITY LIMITS)



COMMUNITY NOTICE

NOVEMBER 18, 2020

**The Health Centre is requesting FWFN
community members to self identify if they
have these Health issues**

Due to the COVID-19 arising again

- **C.O.P.D.**
- **ASTHMA**
- **IF THEY ARE PREGNANT**

Please call the Health Centre at 622-8802

IF YOU HAVE ANY QUESTIONS



FORT WILLIAM FIRST NATION HEALTH CENTRE

November 18, 2020

Notice to On Reserve Community Members

With the current rise in COVID-19 cases within the city of Thunder Bay, and surrounding area, Fort William First Nation is preparing to support the community in the event we have a confirmed positive case/cases., or should the province go back into lock down.

We are kindly asking that you register your family with the Health department to allow for our staff to prepare kits and/or supplies to be distributed should they be needed. The important information we require are names, ages and addresses this will help to facilitate accurate response and support to individuals, families and the Community. Please call Pat at 622-8802 to provide the information.

Thank you,

FWFN Health Staff

90 Anemki Drive, Suite 100
Fort William First Nation, ON P7J 1K3
Telephone: (807)622-8802
Fax: (807)623-8312

Department: Fort William First Nation CEO
Subject: COVID-19 Community Update

Date Prepared: November 19th, 2020
Prepared by: Christina Thiessen
Executive Assistant - Office of the CEO

NOTICE TO COMMUNITY- Update on COVID-19 from Emergency Response Group

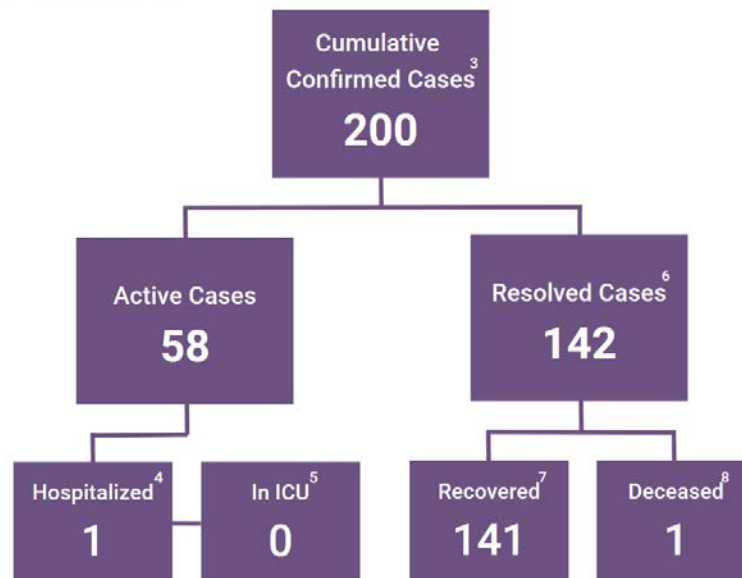
With the COVID-19 cases rising in the City of Thunder Bay and Surrounding Areas, it has been recommended by the Emergency Response Team to Chief & Council to re-enter stage **3 of the FWFN Pandemic Plan**. This will include a phased plan for security checkpoints with movement between phases decided by Chief & Council with recommendations made by the Emergency Response Group.

The FWFN Emergency Response Team has been working with Dilico to provide COVID-19 testing. The Dilico family health team is doing COVID-19 testing Mondays to Fridays by appointment only. Please call 626-5200 if you or your child require a test. Please see flyer for more details.

As of November 19th, 2020, at 11:50 am confirmed by Thunder Bay District Health Unit there 200 COVID-19 confirmed positive tests in Thunder Bay and Surrounding Areas (Including District Communities & First Nation Communities). At this time there are 0 cases in Fort William First Nation. At this time there are 58 active case in Thunder Bay and Surrounding Areas.

Status of Confirmed Cases in TBDHU

The following information describes confirmed positive COVID-19 cases in the areas served by TBDHU.



Reminders and Updates:

NEIGHBOURHOOD WATCH- Please only use coloured flags if someone is sick in your home. The neighbourhood watch flags will be redistributed to all on reserve homes **over the next week.** The system is an emergency response measure, for those who are sick or self-isolation to indicate that help is needed. For more information please contact the Emergency Response hotline at **622-3913.**

FWFN Health Centre:

Prevent the Spread of the Flu, attend the next schedule Flu Clinic taking place Tuesday November 24th, 2020. 4:00-7:00 p.m. at the FWFN Community Centre Non-Smoking. The clinic will be using the back entrance of the community centre. No appointment necessary. ****Masks will be required****

The Health Centre is asking that FWFN families register with the health department. This information will be used in the event we have a confirmed positive case or should the province go back into lock down. This will allow staff to prepare kits and/or supplies to be distributed should they be needed. Please call Pat at 622-8802 to register with the health department.

Mandatory Masks:

FWFN Chief and Council has supported all Ministry of Health guidelines including those set forth by the Thunder Bay District Health Unit. Wearing a mask or face covering is required in indoor public spaces under the instructions issued by the Medical Officer of Health. The mask or face covering should cover your nose, mouth and chin, without gapping. Wearing a mask or face covering is an additional measure we can take to reduce the spread of COVID-19 and keep each other safe. This means that, with some exceptions, all customers or visitors entering an indoor premise or apartment and condominium common area are required to wear a mask or face covering while inside.

Bylaw Enforcement:

Our Emergency Response Group have had focused discussions around how our Community By-law Enforcement Officers can help strengthen our surveillance protocols. A few minor revisions were made to the protocols to improve and include these officers in additional monitoring duties of the Neighbourhood Watch Program. Details of this program are noted below on how to use. Other additional responsibilities of the Community By Law Enforcement Officers include but are not limited to:

- Monitoring and recording suspicious vehicle activity.
- Attend large group gathering to enforcement pandemic safety precautions at defined by government health agencies.

FWFN Bingo and Arena Operations:

The FWFN Bingo will continue to remain open outdoors, weather permitting for a couple weeks. The FWFN Arena will continue to stay open under the current phase of pandemic plan, following all safety protocols.

Youth & Social Development:

Some programs have been placed on hold or cancelled, please see the community newsletters or the FWFN Facebook page for updates. Some programs will be shifting to virtual where possible.

Christmas Parade to take place December 5th, 2020, 6:00 p.m.- 9:00 p.m. Please see flyer for registration details. ****will be following all COVID-19 safety protocols and guidelines****

CHIEF & COUNCIL- Ongoing weekly meetings taking place. Next scheduled meetings: Friday November 20th and Wednesday November 25th.

COVID-19 Information & Communication Lines

- Email: covid19@fwfn.com
- Call Center Line: (807) 698-0415

Website: <https://fwfn.com/covid-19-action-plan/>

How can I protect myself from getting COVID-19?

You can stay healthy and prevent the spread of infections by:

- washing your hands often with soap and water for at least 20 seconds;
- avoiding touching your eyes, nose or mouth with unwashed hands;
- avoiding close contact with people who are sick;
- coughing or sneezing into your sleeve and not your hands; and
- staying home if you are sick to avoid spreading illness to others.

If you have any questions please see contact information below.

Respectfully,



**Michael D. Pelletier
Chief Executive Officer
Fort William First Nation
90 Anemki Drive, Suite 200
Fort William First Nation, ON
P7J 1L3
P: 807.623.9543 Ext. 233
C: 807-629-0471
F: 807-623-5190**



Attention Community Members

Fort William First Nation is implementing the

“COVID-19 Neighborhood Watch System”

Attached is a color-coded flag kit for your household.

This system is an emergency measure, for those **who are sick or self-isolating** to indicate that help is needed.

It isn't intended to replace communication with essential service providers, but to serve as a backup measure - also helps essential service workers, who are minimizing contact by avoiding going into homes and using drop-off instead.

It is the responsibility of the homeowner to ensure that they have the essential items that they need in their homes such as food, medications etc.

In the event that you or someone in your home gets sick, or is self-isolating due to being sick, please ensure that the color-coded flag is placed in a spot that is visible from the road or the driveway, such as a living room window.

For more information please contact the FWFN
Emergency Response hotline at 622-3913

Together we can fight the spread of COVID-19.

Fort William First Nation COVID-19 NEIGHBOURHOOD WATCH



WHITE: EVERYTHING IS OKAY



BLUE: NEED WATER



YELLOW: SICK AND/OR SELF ISOLATING



RED: INFECTED WITH COVID-19



GREEN: NEED FOOD



THIS NEIGHBOURHOOD WATCH SYSTEM IS AN
ADDITIONAL MEASURE AND DOES NOT REPLACE
COMMUNICATION WITH OUR ESSENTIAL SERVICE
PROVIDERS VIA PHONE AND EMAIL

Mental Health and COVID-19

Tips for Preventing Stigma

What is Stigma?

Stigma is a mark of disgrace associated with a particular quality, person or circumstance, such as COVID-19. Stigma occurs when people associate a risk with a specific people, place, or thing while there is no evidence the risk is greater in that group. Stigmatization is especially common in disease outbreaks. In an outbreak, this often means people are labelled, stereotyped, separated, and/or experience loss of status and discrimination because of an association with a disease.

People are understandably frightened and concerned when an infectious disease outbreak becomes a pandemic. When the outbreak is caused by a new virus, rumors and misinformation run rampant. Confusion is the breeding ground of stereotypes, prejudice, and discrimination leading to stigma. This stigma can negatively affect those with a disease themselves, as well as their caregivers, family, friends, and communities.

Stereotypes quickly arise about people who have or may have the disease. For example, people of Asian descent have been treated with suspicion and blamed for COVID-19, even though they're no more likely to spread the virus than the general population. Also, some people worry that individuals who have recently completed quarantine have COVID-19 and are contagious, but there is no current evidence to suggest that is the case.

This kind of stigma harms people with COVID-19 in three ways. First is *public stigma*, harm that results when people endorse stereotypes about individuals with COVID-19, such as they're tainted. Second is *self-stigma*: the disrespect that results when people associated with the virus internalize stereotypes and feel tainted or dirty. It is difficult enough dealing with the virus; in addition, people are supposed to be ashamed of themselves. Third is what has been called *label avoidance*, which is an obvious and observable mark that the public discriminates against. For example, the mark of most stigmatized health conditions is different because it is hidden; one cannot tell who in a room of one hundred people is positive for coronavirus. People will try to avoid the label by avoiding health-related experiences. Label avoidance causes people not to be tested or isolate should results be "positive."

Blaming and shaming groups in this way can be hurtful and dangerous. It makes people targets for misplaced anger and hostility. It also creates hardships and divisions that hamper the response to the pandemic. Stigma arises when the virus and the person with the virus are conflated; when we change the question from what's to blame to who's to blame. Find out how to identify COVID-19 stigma and how to respond to it.

Who experiences stigma related to COVID-19?

- People of Asian descent
- People returning from travel
- Health care workers and emergency responders
- People with the disease and their family and friends
- People released from quarantine

What happens to those that are stigmatized?

- They may be excluded or shunned in social situations.
- They may be denied job and educational opportunities.
- They may be denied access to adequate housing and health care.
- They may be targets of verbal, emotional and physical abuse.

How does stigma affect people that experience it?

Stigma can undermine social unity and prompt possible social isolation for those who are stigmatized. This might contribute to a situation where the virus is more likely to spread. In fact, stigma can drive people to hide the illness to avoid discrimination, refrain from seeking health care immediately, and prevent them from adopting healthy behaviours. Stigma can make people feel isolated and even abandoned. They may feel depressed, hurt and angry when friends and others in their community avoid them for fear of getting COVID-19.

Why does stigma hurt everyone?

Research from past epidemics has shown that stigma undermines efforts to test for and treat disease. People who are worried about being shunned or worse may be less likely to get tested or seek medical care, which increases infection risks for them and for others.

What you can do to reduce COVID-19 stigma?

Education is one way to fight stigma. It helps dispel harmful stereotypes. Also, it is well evidenced that stigma and fear around communicable diseases hamper the response. What works is building trust in reliable health services and advice, empathy for those affected, understanding of the disease itself, and adopting effective practical safety measures.

How we talk and communicate about COVID-19 is critical in supporting people to take effective action to combat the disease and avoid fuelling fear and stigma further. An environment needs to be created in which the disease and its impact can be discussed and addressed openly, honestly, and effectively. Here are some tips on how to address and avoid compounding social stigma:

You can help reduce stigma by:

- Get and share the facts about COVID-19 from reputable sources such as the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO).
- Speak up if you hear/see incorrect statements about COVID-19 and certain people/groups.
- Reaching out to people who may feel stigmatized. Ask how you can help. Listen to them and show you understand and support them.
- Showing support for health care workers and others who are caring for people with COVID-19. Thank them for their work and share positive messages on social media.
- Showing support for and thanking all who continue their essential jobs to help you and your community, such as police officers, bus drivers, grocery store clerks, food bank workers, security personnel, and delivery people.

COVID-19 Stigma Do's and Don't

DO - talk about the new coronavirus disease (COVID-19)

DON'T - attach locations or ethnicity to the disease, such as “Wuhan Virus”, “Chinese Virus” or “Asian Virus”. The official name for the disease was deliberately chosen to avoid stigmatization - the “co” stands for Corona, “vi” for virus and “d” for disease, 19 is because the disease emerged in 2019.

DO - talk about “people who have COVID-19”, “people who are being treated for COVID-19”, “people who are recovering from COVID-19” or “people who died after contracting COVID-19”

DON'T - refer to people with the disease as “COVID-19 cases” or “victims”

DO - talk about “those who may have COVID-19” or “those presumptive for COVID-19”

DON'T - talk about “COVID-19 suspects” or “suspected cases”.

DO - talk about people “acquiring” or “contracting” COVID-19

DON'T talk about people “transmitting COVID-19” “infecting others” or “spreading the virus” as it implies intentional transmission and assigns blame, which creates the impression those with the disease have somehow done something wrong. This feed stigma, undermining empathy, and potentially fuelling wider reluctance to seek treatment or attend screening, testing, and quarantine.

DO - speak accurately about the risk from COVID-19, based on scientific data and latest official health advice.

DON'T - repeat or share unconfirmed rumours, and avoid using hyperbolic language designed to generate fear like “plague”, “apocalypse” etc.

DO - talk positively and emphasise the effectiveness of prevention and treatment measures. For most people this is a disease they can overcome.

DON'T - emphasize or dwell on the negative, or messages of threat. We need to work together to help keep those who are most vulnerable safe.

DO - emphasize the effectiveness of adopting protective measures to prevent acquiring the new coronavirus, as well as early screening, testing and treatment.

DON'T - be rude, give the evil eye, say mean things, be racist, or be too hard on yourself.

If you or a person you care about is experiencing a mental health crisis or emergency, please encourage them to seek help immediately. You can reach our Mental Health Crisis Coordinator, Stephanie MacLaurin, at (807)630-6212 or email them at stephaniemaclaurin@fwfn.com. If you require immediate assistance after hours, please call the Health Centre On Call 24 hours at (807)472-7701.

FORT WILLIAM FIRST NATION

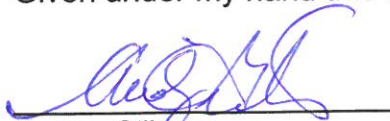
Notice of Bi-Election

Notice is hereby given to the electors of the **Fort William First Nation** that a poll will be held at the Fort William First Nation Community Centre located at 400 Anemki Drive, Fort William First Nation, ON for 1 (one) Councillor position on Monday January 4, 2021 from 9 a.m. to 8 p.m.

Any elector may vote by mail-in ballot by submitting a ***Request for Mail-in Ballot Form***, which can be obtained from the electoral officer, along with a copy of identification, by **Thursday December 10, 2020.**

All ballots cast at this election will be counted at the Fort William Community Centre immediately following the close of the poll on Monday January 4, 2021 at 8:00 p.m.

Given under my hand this 5TH day of November 2020



Audrey Gilbeau
Electoral Officer

P.O. Box 26030 Memorial PO
Thunder Bay, ON P7B 0B2

Cell: 807-621-7489

Fax: (807) 474-4238 E-mail: director@nokiiwin.com

FORT WILLIAM FIRST NATION Notice of Nomination Meeting

Notice is hereby given that a meeting of the electors of Fort William First Nation will be held at the **Fort William First Nation Community Centre** located at 400 Anemki Drive, Fort William First Nation, ON **on Monday November 30, 2020 beginning at 5:00 p.m.** and lasting for at least three hours, for the purposes of nominating candidates for the position of 1 (one) councillor. **Nomination Meeting will close at 8:00 p.m.**

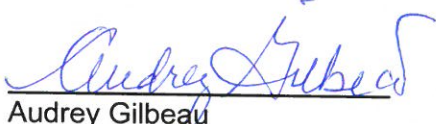
IMPORTANT INFORMATION ABOUT THE NOMINATION OF CANDIDATES:

1. Any elector may nominate candidates by delivering or sending by mail, email or fax to the Electoral Officer a completed, signed and witnessed nomination and voter declaration form to the Electoral Officer before the time set for the nomination meeting, OR by making a nomination orally at the nomination meeting.
2. Under the *First Nations Elections Act*, an elector must not nominate more than one candidate for the position councillor as there is only one (1) councillor position available for the bi-election.
3. Under the *First Nations Elections Act*, a nominee does not become a candidate until they deliver to the **Electoral Officer or Deputy Electoral Officer, by 6 p.m. on Thursday December 3, 2020** a signed *Candidate Declaration* form, which can be obtained from the Electoral Officer.

IMPORTANT INFORMATION ABOUT THE ELECTION:

1. The election will be held on the Monday January 4, 2021 at the Fort William Community Centre located at 400 Anemki Drive, Fort William First Nation, ON from 9 a.m. to 8 p.m.
2. Any elector may vote by mail-in ballot by submitting a *Request for Mail-in Ballot* form, which can be obtained from the electoral officer, along with a copy of identification, by **Thursday December 10, 2020**
3. Any elector may permit the electoral officer to release their name to the candidates.

Given under my hand this 5TH day of November 2020



Audrey Gilbeau
Electoral Officer

P.O. Box 26030 Memorial PO
Thunder Bay, ON P7B 0B2

Cell: 807-621-7489

Fax (807) 474-4238 E-mail: director@nokiwin.com

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If you want your name and address to be given to candidates at this election for the purpose of communicating with you, please check the statement below, print and sign your name, detach this form at the dotted line and return the bottom portion to the Electoral Officer.

☐ I authorize that my name and address be given to candidates at this election.

_____	_____	_____	
Print Name	Date of Birth	Signature	
_____	_____	_____	_____
Address	City/Town/First Nation	Province	Postal code



F O R T W I L L I A M F I R S T N A T I O N

JOB POSTING

**Position Title: Project Coordinator – Part-Time
Six Month Contract**

Position Description:

Under the supervision of the Health Manager, the Project Coordinator will work along with the Cultural and Recreation Coordinator on a part-time basis with a wide range of duties for the design of a Red Jingle Dress to be displayed at our Annual First Nation pow-wow honouring our Missing and Murdered Women , Girls and LGBTQ2S families.

Major Responsibilities:

- Coordinate subsequent meetings pertaining to MMIWG and LGBTQ2S families and survivors within FWFN First Nation.
- Coordinate and follow up on meetings of the project.
- Coordinate with supportive collaterals and resources during interviews, and have knowledge of regional supports available. This may include Elder supports, therefore the incumbent must be familiar and knowledgeable of Elder protocols when approaching Elders for support.
- Work with other organizations and resources that may be having gatherings or events of MMIWG and LGBTQ2S families to determine if families want to share their stories and make connections with other families affected.
- Develop a project work plan that identifies all project activities: including budget, key deliverable dates, and regularly review
- Coordinate the steps required for the development of the memorial monument
- Coordinate community forums, Sharing Circles and Feasts.
- Complete all activities identified in the 6-month project Contribution Agreement.
- Draft correspondence and briefing notes related to the project as required.
- Submit project travel and accommodation requests as required in a timely manner.
- Respond to external and internal inquiries regarding the project.
- Other tasks as assigned.

Qualifications:

- Preference will be given to FWFN Post-Secondary Students or candidates who, possess a Certification from a recognized college or technical institute or a combination of two years related experience and/or education/training.



F O R T W I L L I A M F I R S T N A T I O N

- Possess some Trauma Informed Training and/or Grief & Loss or a combination of both.
- Group facilitation skills.
- A strong and full understanding of the issue of Ontario's First Nations MMIWG & LGBTQ2S, including knowledge about the MMIWG National Inquiry and its Calls for Justice.
- Knowledge of First Nation culture, history, and issues.
- Excellent administrative/general office procedures, computer and office equipment, and research capabilities.
- Effective time management and reporting to meet deadlines.
- Demonstrated sound judgement, and capability to maintain confidentiality at all times.
- Excellent interpersonal skills, demonstrates empathy, and ability to work cooperatively as a part of an interdisciplinary team of professionals.
- Ability to communicate effectively, both in written and verbal forms.
- Demonstrated ability to work independently with minimal supervision.
- Proficient in using Microsoft office programs –Word, Excel, Power Point and Outlook.
- Adhere to FWFN's policies and procedures
- Possesses a valid Class G Driver's License and vehicle, work flexible hours, and travel upon request
- This position requires a satisfactory Criminal Record Check
- Maintain confidential client files according to Fort William First Nation policies and procedures.
- A full job description is available upon request.

Salary: To be determined.

Job Posting Closing Date: Applications, consisting of a cover letter and resume with three (3) references, must be received by **4pm on Sunday, November 29, 2020**. Please direct your application to the attention of:

Donna Mullen, HR Assistant
Email: donnamullen@fwfn.com
P: 807-623-9543 ext. 806, Fax: 807-623-5190

When hand delivering; ensure that your application is date stamped and a copy provided to you.

We appreciate all applications. Only those selected for an interview will be contacted.