



**Fort William  
First Nation**

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## **Weekly Newsletter for Nov 15 - 21**

**Flyers are to be delivered each weekend by 4pm Sunday evening.**

**Didn't receive your newsletter this weekend?**

**Please call Kristy Boucher at 623-9543 ext.217 or  
info@fwfn.com with your questions or concerns.**

**Finance Information Page For:**

- ☒ **Direct Deposit Forms for Member Distributions**
- ☒ **Youth Turning 18 – Direct Deposit Forms**
- ☒ **Late Banking Information – Annual Member Distributions**
- ☒ **Are You Making a Payment?**

**Is now on Page 2 of our Weekly Newsletter**

**Stay informed, follow us on:**

**@fortwilliamfirstnation**



**@FWFN1**

### **NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS**

**Letting your dog run loose, puts them and the community members in danger.**

**It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.**

**Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.**



Department: Office of the CEO

Date Prepared: November 3<sup>rd</sup>, 2021

Subject: FWFN Specific Claims Housing Trust – Member Vote

Prepared by: Michael D. Pelletier, CEO

In accordance with the provisions of the specific claim housing trust, approved by the membership on December 9th, 2005, Fort William First Nation (FWFN), as beneficiaries of the trust, hereby calls for a **Trustee Vote** by members to elect trustees to act on behalf of the FWFN Specific Claim Housing Trust.

#### History

The remaining assigned duty of this trust is to oversee the per capita distribution to those eligible members who reached the age of eighteen (18) years of age and whose funds were set aside in trust for this purpose.

Upon vacancy by any trustees, replacement of those trustees must be done by way of vote by the community membership in a band membership meeting as per section 5.8 of the FWFN Specific Claim Housing Trust. In accordance with section 5.6 of the FWFN Specific Claim Housing Trust, three members shall be on-reserve members and two shall be off-reserve members. Members interested in reviewing the terms of the trust are welcome to review a copy of the trust agreement upon request to myself at 807-623-9543 ext. 233 or ceo@fwfn.com.

A *Call for Expression of Interest* to fill the five (5) vacancies was sent in the summertime and the following individuals have come forward:

On-Reserve	Off Reserve
Tanya Fenton	Savannah Upton
Ian Bannon	Sarah Levesque
Fay Morriseau	Roy Pelletier
	Domenica Ward
	Amanda Korhonen

The off-reserve applicants will need to be voted upon at a duly convened meeting occurring on **December 6<sup>th</sup>, 2021**. The on-reserve applicants will fill the trustee seats by default as there are only three seats for on-reserve members. Eligible voters may in vote in advance and up to the close of the scheduled December 6<sup>th</sup> meeting by visiting <https://www.onefeather.ca/nations/fortwilliam>. Electronic polls opens November 29<sup>th</sup> at 9:00am and will close December 6<sup>th</sup> at 9:00pm. Please visit the link above anytime and click the **RED** button to activate your profile and then vote electronically when the poll opens.

Best regards,

**Michael D. Pelletier**  
Chief Executive Officer  
807.623.9543 Ext. 233  
Email: ceo@fwfn.com

**Department: Fort William First Nation CEO**  
**Subject: Electronic Voting**

**Date Prepared: July 28<sup>th</sup>, 2021**  
**Prepared by: Christina Thiessen**  
**Executive Assistant - Office of the CEO**



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## NOTICE TO COMMUNITY- Electronic Voting

Our Chief and Council have approved our voting system to move toward electronic voting for upcoming vote requirements. With this direction, Fort William First Nation will be working with OneFeather (onefeather.ca) to set up online electronic voting and community engagement solutions. The upcoming votes to use OneFeather technology will be:

- FWFN Specific Claims Housing Trust - Youth Trust Payments
- FWFN Lands Code

This will allow more accessibility for band members to participate in our governance and will represent our First Nation moving toward with modern technology. Band members will be required to create a OneFeather profile following the steps below. Setting up your profile is easy, safe and your personal data is secure and protected. It will only take a few minutes to complete this process. Other traditional paper voting solutions will remain in place for those members who do not have access to smart Edevice technology (phone, tablet or computer) and who may not have a personal email address.

OneFeather has set up a quick engagement event to get you started and activate your profile. You will require a personal email address, your status card number and date of birth. Click the RED button at the link below. Click the RED button - you will be guided through the activation process – it should only take a minute or two.

<https://www.onefeather.ca/nations/fortwilliam>

If you have any questions, please see contact information below.

Respectfully,



**Michael D. Pelletier, Chief Executive Officer**  
**Fort William First Nation**  
**P: 807.623.9543 Ext. 233 C: 807-629-0471**



**Department: Lands & Properties**

**Date:**

**October 15, 2021**

**Subject: Live Bear Traps**

**Prepared By: Wyatt Bannon – By-Law Enforcement**

## Community Notice

In an effort to deal with problem black bears there are times when the use of live bear traps are necessary. These traps are very effective in capturing and relocating bears. They are also designed in such a way to minimize injury to not only the bears but to children as well.

However, this does not mean they are entirely safe for children. Especially if a bear is trapped inside the trap. A trapped bear can be very dangerous and should only be handled by a properly trained authorized individual. Even being near a trapped bear can be dangerous as in the case of a trapped cub the mother can be in the area and can be very protective of her young.

As such, we are asking that no one approach these traps at any time and that parents teach their children to stay away from them entirely. We've included pictures of a live bear trap so that parents can show their children

When deployed we will make every effort to contact anyone in the general area to stay clear of the trap.

We also utilize cellular connected trail cameras placed around the live bear trap. This allows for almost instant notification to us of any activity and we will respond accordingly.





There are also times when the use of aversive conditioning may be used. This can be in the form of utilizing loud sounds such as bear bangers, which sound like a high powered gun being fired. It also may be by striking the bear with an object such as rock, stick and even a paint ball fired from a paint ball gun.

This type of conditioning is widely used by bear management personnel and although it may appear harmful to the bear, it is the best and safest way to teach bears not to go near humans.

If done incorrectly can result in serious injury to the bear as well as increase the chance of the bear attacking humans in the area. As such, aversive conditioning should only be done by trained, qualified authorized individuals.

If you have any questions or concerns regarding live bear traps or problem black bears in general.

Please feel free to call me at 807 285 9428.

Respectfully,

Wyatt Bannon  
By-Law Enforcement.

Department: Lands & Properties Department

Date:

September 30, 2021

Subject: Bears

Prepared By: Wyatt Bannon – By-Law Enforcement



## Community Notice

As we are all aware, this year's lack of rain has caused a collapse of this year's berry harvest. As a result, we have seen an increase in bear activity throughout our community as they search for food. Unfortunately, they have found an alternate food source in our garbage, BBQ's, apple trees and even our bird feeders.

**BEARS HAVE AN EXCELLENT MEMORY AND WILL RETURN NIGHT AFTER NIGHT TO FEED AS LONG AS THERE IS FOOD.**

We are currently taking steps to help redirect bear activity away from populated areas, which is working. However, we are asking for your help with the following:

Garbage to be placed out only on the morning of the scheduled pick up date. Furthermore, in the event that the scheduled garbage pickup did not occur, we are asking community members to bring their garbage inside until the next scheduled garbage pick up date. BBQ's be cleaned after each use. Any apples that fall to the ground be cleaned up daily. If needed we can collect any unused apples.

In the unfortunate situation where a bear has to be terminated for safety reasons if there are community members who are interested in harvesting it for food please call me @ 807 285 9428 and leave your name and phone number.

We encourage community members to be aware of your surroundings while enjoying the outdoors. We have always and will continue to live along side this beautiful majestic creature. The current bear situation should subside by late October early November depending on snow cover and food availability. Here are some safety tips as well as some important information on black bear behaviour.

It is a good idea to make noise when rounding corners or exiting your residence. Carry a whistle or wear a bear bell. It is recommended not to make eye contact; Black Bears will take this as an act of aggression.

Remember that the presence of a healthy black bear population is an indication that we have a very healthy Eco-system. However, the large amount of bear activity is directly related to us humans provided them with a sustained food source from our garbage, bird feeders, BBQ's and apples.

## Encountering a Black Bear

If you encounter a Black Bear it is likely to react in one of four ways.

### 1. Fleeing Bear

In most cases, a bear will hear or smell you before you are aware of it. Even if you surprise a bear, it will most often flee the area. **Reacting to a fleeing bear...** Enjoy the fleeting sight of a wild Black Bear.

### 2. Habituated Bear

Some bears lose their fear of humans from frequent human contact or from being rewarded with human food or garbage. These bears may not respond to our attempts to dissuade them and may react defensively. **Reacting to an Habituated Bear...** Stay calm and determine if the bear is aware of you. If the bear is unaware of you, move away quietly. However, if the bear is aware of you, talk to the bear in a low tone, wave your arms, back away, and leave the area. **Do not turn and run.** If you are near a building or car, get inside as a precaution. If the bear was attracted to food or garbage, remove it after the bear leaves to discourage the bear from returning.



### 3. Defensive Bear

A defensive bear will respond in a defensive manner if it perceives you as a threat or if it is defending a food source. It may use vocalizations such as huffing, blowing air loudly through nostrils, exhaling loudly and "popping" of teeth, and may swat the ground with its fore paws, lowering its head, and drawing back the ears. As well, a defensive bear may resort to bluff charges. The bear is feeling threatened by your presence and is trying to get you to back off. **Reacting to a Defensive Bear...** Stop and face the bear. If you are with others, stay together and act as a group. Make sure the bear has a clear escape route. Slowly back away while watching the bear and wait for it to leave. Use a whistle or airhorn, or bear spray if you have them. **Do not turn and run** - this may trigger a predatory response in the bear. Do not climb a tree - bears are excellent climbers.

### 4. Predatory Black Bear

On EXTREMELY RARE occasions, a bear will attack humans with the intent to kill. Predatory bears seldom make huffing or "popping" sounds, nor do they swat the ground with their forepaws, or bluff charge as defensive bears sometimes do. Instead, they silently stalk, or press closer and closer to their intended prey, apparently assessing whether it is safe to attack. **Reacting to a Predatory Bear...** Leave the area if you can, **but never turn and run**. If you cannot leave, confront the bear. Do everything in your power to make the bear think twice about attacking you. Be aggressive, yell, throw rocks, hit the bear with sticks, and use your whistle, air horn, or bear spray if you have them. If a predatory bear does make contact with you, do not play dead. Fighting back with everything you have is the best way to persuade a predatory Black Bear to halt its attack.

### Emergency situations

**Call 911 or your local police** if a bear poses an immediate threat to personal safety and exhibits threatening or aggressive behaviour, such as:

- enters a school yard when school is in session
- stalks people and lingers at the site
- enters or tries to enter a residence
- wanders into a public gathering
- kills livestock/pets and lingers at the site
- Police will respond first to an emergency situation, but may request assistance from the Ministry of Natural Resources and Forestry during daylight hours.

### Non-emergency encounters

Call the toll-free Bear Wise reporting line at [1-866-514-2327](tel:1-866-514-2327) (TTY [705-945-7641](tel:705-945-7641) )

In addition, call 807 285 9428 and leave a message, ----- if a bear:

- roams around or checks garbage cans
- breaks into a shed where garbage or food is stored
- is in a tree
- pulls down a bird feeder or knocks over a barbecue
- moves through a backyard or field but does not linger

**This line operates 24 hours a day, seven days a week, from April 1 to November 30.**

## Fort William First Nation

### Garbage Pick-up Schedule

#### **Monday**

Mountain Road, Chippewa Road, City Road, Anemki Drive, Lynx Court, Fox Court, Wolf Court, Wolf Street, Little Lake Crescent

Arena, Community Centre, Office Buildings

#### **Tuesday**

Back Street Road, Mission Road, Squaw Bay Road

Arena, Community Centre, Office Buildings

#### **Wednesday**

Chippewa Trailer Park

Arena, Community Centre, Office Buildings

#### **Thursday**

Mountain Road, Chippewa Road, City Road, Anemki Drive, Lynx Court, Fox Court, Wolf Court, Wolf Street, Little Lake Crescent

Arena, Community Centre, Office Buildings

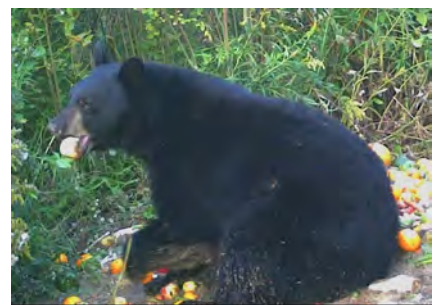
#### **Friday**

Back Street Road, Mission Road, Squaw Bay Road

Arena, Community Centre, Office Buildings

Garbage Pick up is scheduled between 8:00 a.m. – 4:00 p.m.

**\*\*Please be advised that this schedule is subject to change based on holidays and equipment breakdowns\*\***



Respectfully,

Wyatt Bannon

By-Law Enforcement / Animal Control / Community Safety





F O R T   W I L L I A M   F I R S T   N A T I O N

## JOB POSTING

**Position Title:** Bus Monitor

**Position Description:** Under the general direction of the Director of Health & Social Services and direct supervision of the Education Coordinator, the bus monitor will enforce the bus transportation policies and procedures to ensure students safety while travelling on the bus.

**Major Responsibilities:**

- Ensure students follow FWFN bus safety protocols and procedures while travelling on the bus
- Report any behavioural issues, incidence and injuries of a child to the Principal of the school as well as the Education Coordinator
- Inform students of bus rules and ensure students abide by set rules while travelling on the bus
- Provide incident reports in the event of an accident/incident
- Attend meetings as required
- Additional duties as required

**Qualifications/ Conditions of Employment:**

- Completion of secondary school diploma preferred
- Criminal Reference Check required
- First Aid Certificate required

**Job Posting Closing Date:** Posting open until position(s) is filled. Please direct your application, consisting of a cover letter and resume with three (3) references to the attention of:

**Donna Mullen**  
**Human Resources Assistant**  
**P: 807-623-9543 ext. 806**  
**F: 807-623-5190**  
**Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

When hand delivering, ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*

## Receptionist/Bookkeeper Position



### About This Opportunity

We are a publicly listed mineral exploration company seeking a full-time receptionist/bookkeeper with a minimum of two (2) years of similar experience. The ideal candidate will be a detail-oriented team player who enjoys being part of a dynamic team. We are looking for someone who is ready to hit the ground running and take ownership of their next role.

### Duties and Responsibilities

- Full cycle bookkeeping
- Accounts payable which includes posting vendor invoices, reconciling vendor accounts and preparing weekly payments
- Assist with year-end audits
- Maintain an organized filing system
- Assist with corporate marketing
- Occupy reception desk and answer and direct incoming phone calls and office mail
- Completing various projects and other office administrative duties as needed

### Skills and Qualifications

- Post-secondary diploma in office administration or bookkeeping
- Minimum 2 years full-cycle accounting experience
- Fluent in reading, writing and oral communication in English
- Strong computer skills with proficiency in Microsoft office, especially Excel spreadsheets
- Marketing and event planning experience would be beneficial
- Organized, strong attention to detail, and a high degree of accuracy
- Strong problem solving and analytical skills
- The ability to work independently, as well as part of a team, and be flexible and adaptable to ongoing change
- Familiarity with Quickbooks or SAGE is an asset

### What We Offer

- Competitive compensation
- 2 weeks paid vacation
- Staff Benefits Plan
- Professional office environment

### Location

This position is based in Thunder Bay, Ontario and the successful candidate should also be based in Thunder Bay.

### How to Apply

If you are interested in this unique opportunity, please email [careers@cleanairmetals.ca](mailto:careers@cleanairmetals.ca) with your resume (with references) and cover letter stating salary expectations.

We thank all candidates for their interest; however, only those being considered will be contacted.



Health  
Canada

Santé  
Canada

Tel.:

Fax:

**Fax Transmission**  
**Transmission de télécopieur**

<b>From / De:</b> Spina, Shannon	<b>To / A:</b> 18076238312
<b>Date Sent:</b> 11/08/2021 09:05:32 AM <b>Pages:</b> 2	<b>FAX Number / Numéro de télécopieur:</b> 18076238312

**Subject / Sujet:** Food Recall Warning - Certain sliced mushroom products recalled due to *Listeria monocytogenes*

Good Morning,

Please visit the Canadian Food Inspection Agency Website to see details regarding the following food recall. For your information only.

Carleton Mushroom is recalling Sliced White Mushrooms prepared for Metro Brands from the marketplace due to possible *Listeria monocytogenes* contamination. Consumers should not consume the recalled product. The recalled product has been sold in Ontario and Quebec and may have been distributed in other provinces and territories.

Brand	Product	Size	UPC	Code(s)
None (prepared for Metro Brands)	Sliced White Mushrooms	227 g	0 59749 86872 3	Best before 2021 OCT 25
Carleton	Mushrooms Sliced White	227 g	0 33383 67600 5	Best Before 2021 NOV 08 CM
Carleton	Mushrooms Organic Sliced White	227 g	8 56243 00140 9	Best Before 2021 NOV 08 CM
Carleton	Mushrooms Sliced Cremini	227 g	0 68414 96960 3	Best Before 2021 NOV 08 CM
PC Organics	White Sliced	227 g	0 60383 18639 5	Best Before 2021



Mushrooms

NOV 08 CM

If you think you became sick from consuming a recalled product, call your doctor. Check to see if you have the recalled product in your home. Recalled products should be thrown out or returned to the store where they were purchased. Food contaminated with *Listeria monocytogenes* may not look or smell spoiled but can still make you sick. Symptoms can include vomiting, nausea, persistent fever, muscle aches, severe headache and neck stiffness. Pregnant women, the elderly and people with weakened immune systems are particularly at risk. Although infected pregnant women may experience only mild, flu-like symptoms, the infection can lead to premature delivery, infection of the newborn or even stillbirth. In severe cases of illness, people may die.

For more information:

[https://recalls-rappels.canada.ca/en/alert-recall/certain-sliced-mushroom-products-recalled-due-listeria-monocytogenes?utm\\_source=r\\_listserv](https://recalls-rappels.canada.ca/en/alert-recall/certain-sliced-mushroom-products-recalled-due-listeria-monocytogenes?utm_source=r_listserv)

Kind Regards,

Shannon Spina, Data Management Clerk - Environmental Public Health Services

First Nations and Inuit Health Branch / Indigenous Services Canada

[shannon.spina@canada.ca](mailto:shannon.spina@canada.ca) / Telephone: 807-343-5326 / Fax: 807-343-9196

After Hours On-Call: 1-855-407-2676





# FORT WILLIAM FIRST NATION

## *VOLUNTEER FIRST RESPONSE TEAM*

# YIELD FOR **AMBER** LIGHTS!

Our First Responders use flashing amber lights to respond to emergency calls within our community. Yielding to vehicles with flashing amber lights allow the First Responders to arrive to the scene of a emergency more rapidly!

When safe to do so, yield the right of way to vehicles approaching with flashing amber lights in the community!



**FORT WILLIAM FIRST NATION**



**MASON MORRISEAU - 1(807)631-3117**

<http://fwfnfirstresponse.com>



**Like Us On Facebook!**  
**/FWFNFirstResponse**



## FORT WILLIAM FIRST NATION MEDICAL FIRST RESPONSE TEAM

*" SAVING & EMPOWERING LIVES IN OUR COMMUNITY. "*

90 Anemki Drive-Suite 200  
Fort William First Nation, ON  
P7J 1L3  
Ph: 1(807)631-3117

### COMMUNITY NOTICE

NOTICE 00001

**Subject:** Amber Light Awareness

**Date:** 21-10-2021

**Prepared By:** Mason Morriseau - First Response Team Coordinator

The Fort William First Nation First Response Team would like to notify community members and visitors that the First Response Team will be using flashing amber lights when responding to emergency calls within the community.

If you see a vehicle approaching behind you with flashing amber lights in the community, follow these steps!

1. If you are at a stop sign, allow the vehicle with flashing amber lights to continue first when safe to do so;
2. If the vehicle is approaching from behind, yield the right of way and pull over to the side of the road when safe to do so to allow the vehicle with flashing amber lights to pass safely. Using your turn signal to show when you are pulling to the side of the road is an indicator for First Responders to safely pass;
3. If you are unable to yield the right of way due to traffic, continue to drive as usual until it is safe to yield the right of way.

Allowing vehicles with flashing amber lights to pass you when it is safe to allow them to pass will allow our First Responders who are responding to an emergency medical call within the community to arrive more rapidly. This is a courtesy and is greatly appreciated by the First Response Team! Help save lives and yield to flashing amber lights!

If you have any questions, comments or concerns, please contact Mason Morriseau who's contact information can be found below or by visiting our website at [www.fwfnfirstresponse.com](http://www.fwfnfirstresponse.com).

Respectfully,

A handwritten signature in black ink, consisting of the letters "M.M." in a stylized, cursive font.

**Mason Morriseau**

*Fort William First Nation First Response Team Coordinator*

**Phone:** 1(807)631-3117 | **Website:** <http://fwfnfirstresponse.com>



***Fort William***  
***First Nation***

**Looking for Truck Driver's  
with a  
DZ Driver's License  
for Hwy Snow Plowing**



If Interested Please Contact Human Resources as soon as possible  
@ 623-9543 Ext: 806





**Fort William  
First Nation**



# FLU SHOT CLINIC

**WALK-INS WELCOME.  
CALL AHEAD TO  
ENSURE YOUR SPACE.**

**CALL TO BOOK YOUR  
APPOINTMENT TODAY:  
(807)622-8802.**

**ALL AGES WELCOME.**

**LOCATION: FWFN  
HEALTH CENTRE  
(100 Anemki Pl.)**

**TUESDAY NOVEMBER 16TH  
1 PM - 7 PM**



# NATIONAL ADDICTION AWARENESS WEEK!

**November 22nd-27th, 2021**

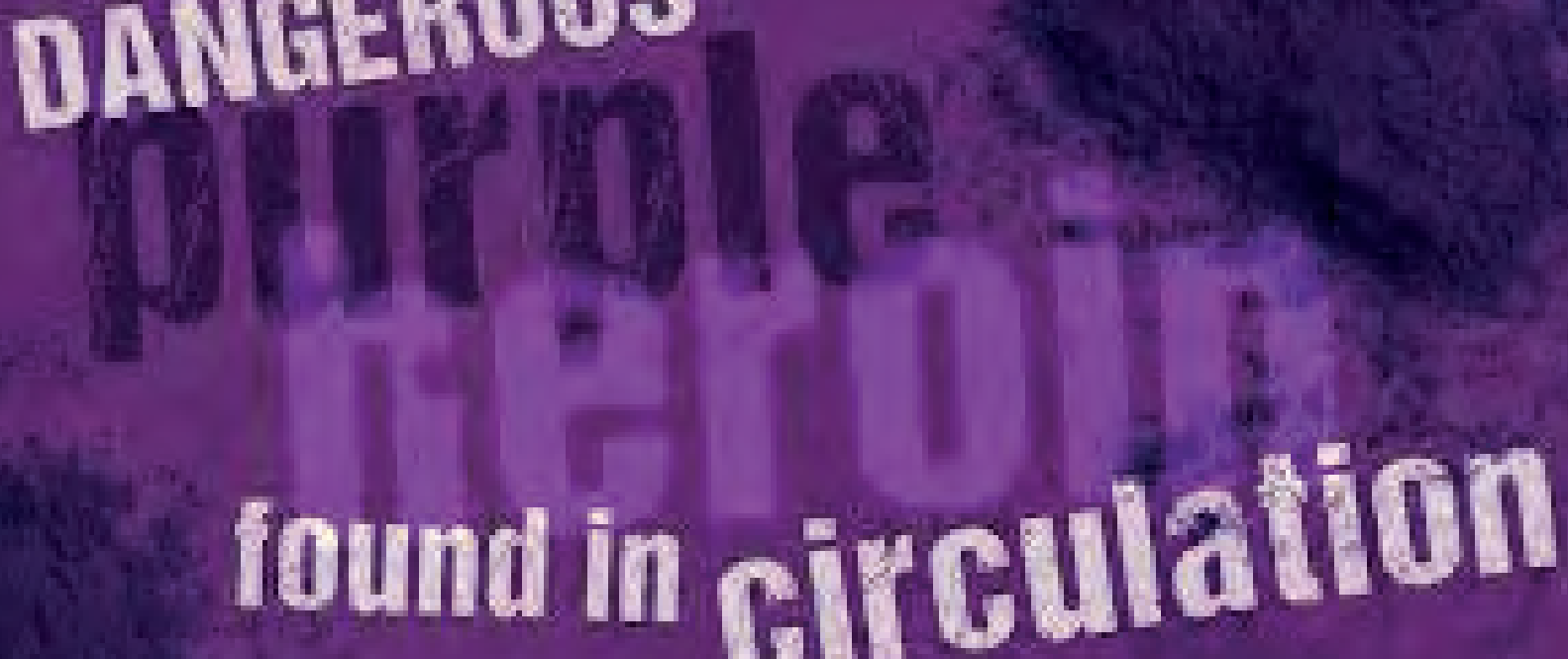
We welcome you to join a week of activities and events to spread awareness, education and services for those who are struggling with mental health and addiction.

## **We will be provding :**

**Safe Sex Presentations | Testimonials | On-site Counselling  
Services | Harm Reduction | Mental Health /Addiction  
Presentations | Door Prizes | Refreshments | Health  
Education Fair | Community Partner Presentations/  
Collaboration | Community Building Activities |  
Entertainment and More!**



***Fort William  
First Nation***



The city of Thunder Bay is experiencing an alarming amount of overdoses this past weekend from the synthetic drug “purple down”.

## **WHAT IS IT?**

Purple down is a mix of fentanyl, carfentanyl, heroin , and is often cut with benzodiazepines.

Purple down can have different variations and it can have other names such as ‘pink dizzy’ and ‘blue down

## **WHAT HAPPENS?**

Causes severe respiratory depression and can lead to death. When purple down is laced with benzodiazepines, it slows down a persons breathing leaving individuals severely unconscious, gasping if breathing at all.

## **WARNING:**

Fort William First Nation and the region of Thunder Bay has reported a batch of purple down that is causing overdoses and death.



# IMPORTANT COMMUNITY WARNING!

(October 15, 2021)

## Increase emergency responses to overdoses

There has been an increase in overdoses over the last 24-hours reported by emergency services. We do not know the cause of these overdoses.

Ensure you take precautions to reduce your risk of overdose.

## Signs of overdose

Impaired breathing, loss of consciousness, inability to talk, blue fingernails or lips, or loud snoring or gurgling.



If you use drugs, start with a smaller amount (start low, go slow)

Don't use drugs alone; use with someone you trust, visit Path 525 @ NorWest CHC or download the Lifeguard Digital Health App



Pick up a FREE naloxone kit from Superior Points or a pharmacy

Call 911 if your high feels unusual, or if you suspect someone is overdosing

If you are experiencing a crisis call

Crisis Response:

807-346-8282

NAN HOPE:

1-844-626-4673



# ALERT

## Thunder Bay Police Report Increase in Overdoses

Thunder Bay Police have alerted us that they have seen a spike in overdoses over the weekend and some have resulted in death.

Use of an opioid commonly referred to as “**pink down**” or “**pink dizzy**” is suspected, but other substances may also be a cause of the increase.

Signs of opioid toxicity include impaired breathing, loss of consciousness, inability to talk, blue fingernails or lips, or loud snoring or gurgling.

People who use drugs can reduce the risk of harm from fentanyl and other opioids by:

- using drugs in the presence of others (**supervised consumption service open daily 10am-6pm @ NorWest CHC Thunder Bay Site**) , or arranging for someone to check in on them;
- avoiding using drugs at the same time if using in a group;
- trying a small amount before using their usual amount;
- calling 911 if someone develops signs of opioid toxicity; and
- carrying naloxone (**available for free** from the Health Unit [621-7861] and most community pharmacies).

Have you had an unexpected bad reaction to a street drug? Report bad drugs at [www.tbdhu.com/baddrugs](http://www.tbdhu.com/baddrugs). Your report will be **anonymous**.



THUNDER BAY  
Drug Strategy



Thunder Bay District  
Health Unit





FORT WILLIAM FIRST NATION

# READING & MOCCASIN WORKSHOP

WITH JEAN MARSHALL

INTENDED FOR BEGINNERS TEACHING YOU THE BASICS OF READING  
AND MAKING MOCCASINS



NOVEMBER 16<sup>TH</sup> & 17<sup>TH</sup>

THE GROUP WILL WORK WITH THE INSTRUCTOR TO  
READ YOUR OWN VAMPS AND SEW YOUR OWN  
MOCCASINS WHICH WILL BE HELD TWICE A WEEK  
FOR 6 WEEKS

•WE REQUIRE **PRE-REGISTRATION!** SEATS ARE LIMITED•

•SESSIONS WILL BE HELD IN PERSON• ALL SUPPLIES WILL BE PROVIDED•

•**REGISTRATION DEADLINE NOVEMBER 12<sup>TH</sup> 2021.**

IF YOU WOULD LIKE TO REGISTER OR FOR MORE INFORMATION PLEASE CALL HAILEY OR  
KEISEA 622-6791



# Congratulations

## Marlene Pierre

winner of ONWA's  
**Celebrating 50 Years Award**

Marlene Pierre is one of the founders and past Executive Director of the Ontario Native Women's Association and for the past 55 years has dedicated herself to improving the lives of Indigenous women and families in Thunder Bay, across Ontario and Canada. She has received many honours for her community service including recognition from her

home community of Fort William First Nation, the Order of Ontario, the Queen's Diamond Jubilee Medal, and a Doctor of Letters from Lakehead University. While she has not been active in ONWA in recent decades, it is fitting that for ONWA's 50th anniversary she be recognized for the major role she had in its development, her ongoing work as a community advocate for Anishinaabe families and now as an Elder in her 70's.

Marlene has contributed in so many ways to improving the lives of Indigenous women and families in Thunder Bay, the province, and Canada.

In her own words: "And now we look back and we see all those things that did that ...  
We believe very strongly that it is us, the women, that are going to  
make the changes in our communities."



[www.onwa.ca/awards](http://www.onwa.ca/awards)







DECEMBER GOOD FOOD BOX  
BOXES CONSIST OF VARIETY OF  
FRESH FRUIT AND VEGGIES!

ORDERS DUE DECEMBER 6 /21

FOOD BOXES ARE \$22.00

PAYMENTS CAN BE MADE BY EFT

ACCOUNTSRECEIVABLE@FWFN.COM

PICK UP DECEMBER 15TH @ 3PM

\*\*PLEASE WEAR MASKS WHEN PICKING UP\*\*

JULIEFAIR@FWFN.COM

*National Addiction  
Awareness Week*

# KICK OFF EVENT!

MONDAY  
NOVEMBER  
22ND, 2021

Come Join the Addictions and  
Mental Health Team for our  
Kick-Off Event for National  
Addictions Awareness Week!

5:00-  
7:00PM

**Bring Proof of Vaccination  
and Identification**

COMMUNITY  
CENTRE

- Funtastic Castles
- Guest Speakers
- Catered Dinner
- Prizes!

Contact Health Centre for any questions (807)622-8802



# NOW OPEN

## Post-Secondary Engagement Survey

### TELL US

## What you think of POST-SECONDARY FUNDING?



Anishinabek Nation's Education Secretariat, in partnership with the Kinoomaadziwin Education Body, is seeking input from individuals within our collective catchment areas via SurveyMonkey.

During the months of October and early November, 2021, we will be polling 6 groups of people for their input regarding ways to improve the PSE funding system.

Likely you and/or many people you know, are eligible to use band funding for post-secondary programs (College, University, Indigenous Institutes, including Trade Schools and graduate studies).

We ask that you take the time to answer the survey and let other eligible people know about it too. Together we can identify improvements that are beneficial for all!.

To show our appreciation, each participant will be mailed a \$25 AN Visa Gift Card AND there will be 6 random Grand Prize draws in November (ie. 1 prize for each group surveyed.) Grand Prizes will be various sought-after Apple Products.

### FOR MORE INFORMATION

Jacinta Shawanda, Post-Secondary Engagement Coordinator  
Anishinabek Nation | Education Secretariat  
(705) 497-9127 | [www.anishinabek.ca](http://www.anishinabek.ca) | [jacinta.shawanda@anishinabek.ca](mailto:jacinta.shawanda@anishinabek.ca)



KINOOMAADZIWIN  
EDUCATION BODY





# FAMILY PROGRAM



Monday, November 15th 2021

FWFN COMMUNITY CENTRE

5 - 7PM

\* PREVENTION \*

\* ACTIVITIES \*

\* COMMUNITY INVOLVEMENT \*

PROOF OF VACCINATION/ID REQUIRED FOR 12+



AAMJIWNAANG  
ATHLETIC CLUB

# Fort William First Nation Mountain

Bingo Presents:



## MINI MONSTER



**Sunday November 28, 2021**

Doors Open & Paper Sales Start @ 11am

Early Birds @ 1:45

Regular Bingo @ 2pm

### BOOK PRICES

12 UP - 60.00

9 UP - 30.00

6 UP - 20.00

SPECIALS - 10.00

EARLY BIRDS - 10.00



### LOOSE PAPER

SPECIALS - 2.00

1<sup>ST</sup> JACKPOT - 2.00

2<sup>ND</sup> JACKPOT - 3.00

BONANZA - 1.00



1<sup>ST</sup>

JACKPOT

\$5,000.00

2<sup>ND</sup>

JACKPOT

\$7,500.00

### TED PRICES

BASIC - 100.00

EARLY BIRDS - 10.00

SPECIALS - 30.00

1<sup>ST</sup> JACKPOT - 6.00

2<sup>ND</sup> JACKPOT - 9.00

BONANZA - 8.00

Ontario Problem  
Gambling Helpline:

1-888-230-3505

Play within your limits.



## \$23,000.00 PRIZE BOARD

**\*\*12 UP or TED basic must be purchased in order to play\*\***

License# BHCA1212320



# FORT WILLIAM FIRST NATION - Mountain Bingo

Bonanza precall 1:00 pm

## BINGO PROGRAM

Sunday, November 28, 2021

1:45 - 5:00 PM

### EARLY BIRDS ( 6:45 pm)

1	1 line or 4 corners	\$ 100.00
2	1 line or 4 corners	\$ 100.00
3	1 line or 4 corners	\$ 100.00
4	1 line or 4 corners	\$ 100.00
5	2 lines	\$ 200.00

### REGULAR GAMES (starting @ 7:00 pm)

6A	Regular Book - 1 line or 4 corners	\$ 300.00
6B	Regular Book - 2 lines	\$ 300.00

7	SPECIAL BOOK (BLUE) - SMALL CRAZY KITE	\$ 500.00
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8A	Regular Book - 1 line or 4 corners	\$ 300.00
8B	Regular Book - 2 lines	\$ 300.00

9	SPECIAL BOOK (ORANGE) - CRAZY "T"	\$ 500.00
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10A	Regular Book - 1 line or 4 corners	\$ 300.00
10B	Regular Book - 2 lines	\$ 300.00

11	SPECIAL BOOK (GREEN) - LAYER CAKE	\$ 750.00
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### INTERMISSION

#### 1st JACKPOT - PINK

12A	1st JACKPOT - 6 Pack	\$ 300.00
12B	1st JACKPOT - 9 Pack	\$ 300.00
12C	1st JACKPOT - Full Card	\$ 5,000.00

13A	Regular Book - 1 line or 4 corners	\$ 300.00
13B	Regular Book - 2 lines	\$ 300.00

14	SPECIAL BOOK (YELLOW)-CALLER'S CHOICE	\$ 500.00
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15A	Regular Book - 1 line or 4 corners	\$ 300.00
15B	Regular Book - 2 lines	\$ 300.00

16	SPECIAL BOOK (PINK) - POSTAGE STAMPS	\$ 750.00
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17	CRYSTAL BALL - (straight giveaway)	\$ 1,000.00
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18A	Regular Book - 1 line or 4 corners	\$ 300.00
18B	Regular Book - 2 lines	\$ 300.00

19	BONANZA	\$ 1,000.00
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#### 2nd JACKPOT - RED

20A	2nd JACKPOT - Inside Frame	\$ 300.00
20B	2nd JACKPOT - Outside Frame	\$ 400.00
20C	2nd JACKPOT - Full Card	\$ 7,500.00

**TOTAL PAYOUT \$ 23,000.00**

### SPECIALS

GAME 7- SM CRAZY KITE

		F		

GAME 9 - CRAZY "T"

		F		

GAME 11 - LAYER CAKE

		F		

GAME 14-CALLER'S CHOICE

		F		

GAME 16-POSTAGE STAMPS

		F		

1	16	31	46	61
2	17	32	47	62
3	18	33	48	63
4	19	34	49	64
5	20	35	50	65
6	21	36	51	66
7	22	37	52	67
8	23	38	53	68
9	24	39	54	69
10	25	40	55	70
11	26	41	56	71
12	27	42	57	72
13	28	43	58	73
14	29	44	59	74
15	30	45	60	75



# CALL OUT FOR TESTIMONIALS



**WE ARE LOOKING FOR 2-3 INDIVIDUALS WHO WOULD LOVE TO SHARE THERE STORY OF PRESENT ADDICTION ,ADDICTION RECOVERY HARM REDUCTION METHODS AND MENTAL HEALTH FOR OUR KICK OFF EVENT FOR NAAW**

**MONDAY NOVEMBER 22<sup>ND</sup> 5-7**

CONTACT Allie-Joe Pelletier  
([AddictionsWorker@fwfn.com](mailto:AddictionsWorker@fwfn.com))  
OR CALL HEALTH RECEPTION  
807-622-8802



NATIONAL ADDICTIONS  
AWARENESS WEEK

# SKATE NIGHT!

*Come join the Addictions and Mental Health team for our community skate night! Be sure to bring proof of vaccination and your identification.*

**Tuesday Nov. 23rd, 2021**

**5:00-7:00pm**

**Arena**

Grand Prizes



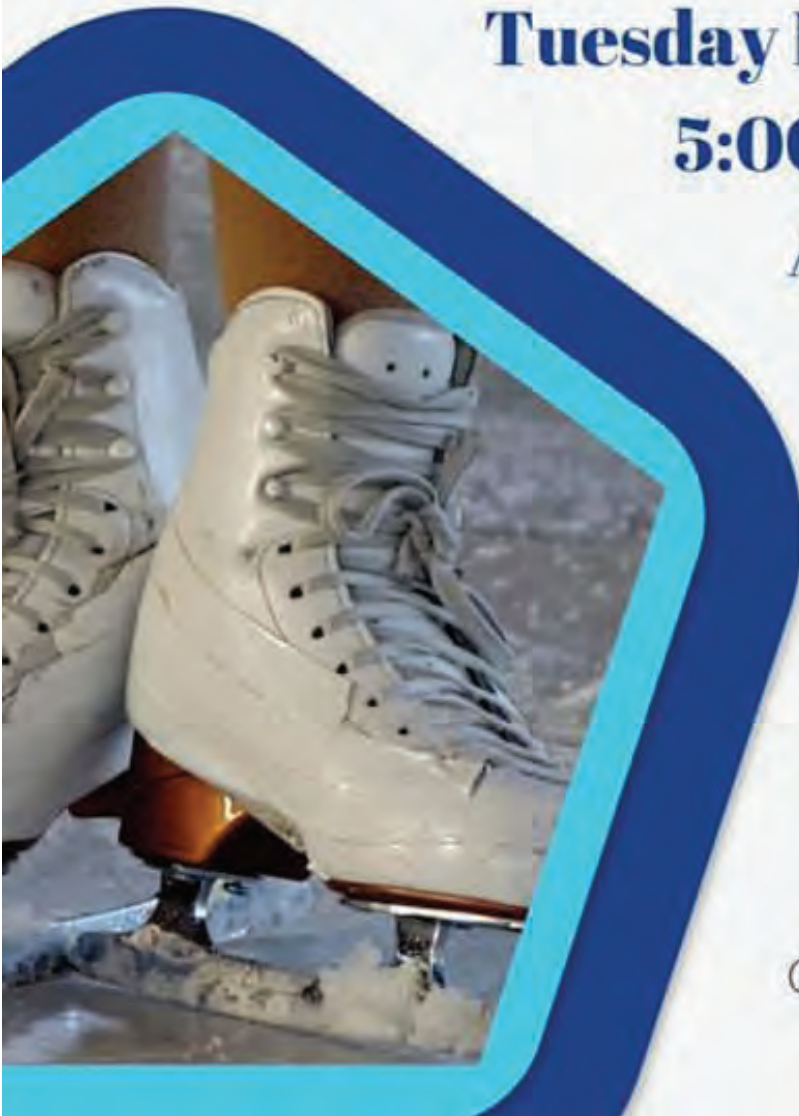
Food/  
Refreshments



First Response  
Team on site



Call the Health Centre  
for any questions  
(807) 622-8802



# National Addictions Awareness Week!

## Addictions and Mental Health Fair

Come Join us for our Addictions and Mental Health Fair. Be sure to bring proof of vaccinations and Identification

November 24th | 10am-4pm |  
Community Centre

Grand Prizes  
Educational Booths  
Swag Bags  
Catered Food  
Refreshments

For further details contact  
the Health Centre at (807)  
629-9154



**Fort William**  
**First Nation**





National  
Addictions  
Awareness  
Week

# Youth Night

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November 25th, 2021

5:00-7:00pm

Arena Gym


COME JOIN US FOR OUR YOUTH NIGHT.

BE SURE TO BRING PROOF OF VACCINATION  
AND IDENTIFICATION


**Grand Prizes**

**Sexual Education Presentations**

**Food/Refreshments**



Questions? Contact the  
Health Centre at  
(807)622-8802





**NATIONAL ADDICTIONS AWARENESS WEEK**

# **COMEDY NIGHT**

Come join the Addictions and Mental Health team for the closing event for our National Addictions Awareness Week. Be sure to bring your proof of vaccination and your identification.

**SATURDAY NOVEMBER 27TH  
4-7PM @COMMUNITY CENTRE**

Comedy Show by Janine Desmoulin  
Live Entertainment  
Feast Catered Dinner  
Grand Prizes



**COMEDY**

# November

# 2021

# Health

# Centre

622-8802



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
			Food Program Deliveries Walk-in Counselling 4-8pm			
7	8	9	10	11	12	13
	Family Program Good Food Box Due		Food Deliveries 1-3pm			
14	15	16	17	18	19	20
	Family Program Open Gym Night 6-8pm @Arena Fitness Centre		Food Deliveries 1-3pm Walk-in Counselling 4-8pm Good Food Box PU Open Gym Night @Arena Fitness Centre 6-8pm	55 Plus 11am-130pm @Community Hall	Open Gym Night @Arena Fitness Centre 6-8pm	
21	22	23	24	25	26	27
	National Addictions Awareness Week Kick-off Event 5-7pm @ Community Hall	National Addictions Awareness Week Skate Night 5-7pm @ Arena	National Addictions Awareness Week Addiction MH Fair 10-4pm @Community Hall Open Gym Night @Arena Fitness Centre 6-8pm	Parents & Tots 11am-1pm Youth Night 5-7pm @GYM	National Addictions Awareness Week Open Gym Night @Arena Fitness Centre 6-8pm	Comedy Show/Closing Ceremonies 4-7pm @Community Hall
28	29	30				
	Family Program Wellness Hub Car Seat Safety 5:30pm starts Open Gym Night @Arena Fitness Centre 6-8pm					

\*\*\*NOTE\*\*\*

ALL PROGRAMS  
ARE SUBJECT TO  
CHANGE WITHOUT  
NOTICE. SORRY  
FOR ANY  
INCONVENIENCE

PLEASE CONTACT  
HEALTH CENTRE  
FOR ANY INQUIRIES  
OR TO REGISTER  
FOR UP COMING  
PROGRAMS



# PARENTS AND TOTS PROGRAM

WE INVITE FAMILIES WITH CHILDREN 0-6  
YEARS OF AGE

\*COME JOIN US FOR LUNCH

\*WE WILL HAVE CRAFTS FOR THE CHILDREN

\*WE ARE ASKING PARENTS TO BRING IN RECIPE'S TO SHARE

\*GIFT CARDS FOR ATTENDANCE

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DATE: THURSDAY, NOVEMBER 25, 2021

TIME: 11 AM TO 1 PM

PLACE: COMMUNITY CENTRE

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MASKS, SCREENING AND PROOF OF VACCINATION ARE  
MANDATORY. WE ALSO ENCOURAGE SOCIAL DISTANCING  
BETWEEN FAMILIES AND TO PRACTICE PROPER HAND HYGIENE  
UPON ENTRY.



# November

(Fort William First Nation)

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	3 4pm-8pm Fort William First Nation Walk-In Clinic 200 Anemki Place	4	5	6
7	8	9 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	10	11	12	13
14	15	16 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	17 4pm-8pm Fort William First Nation Walk-In Clinic 200 Anemki Place	18	19	20
21	22	23 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	24	25	26	27
28	29	30 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street				

# December

(Fort William First Nation)

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 4pm-8pm Fort William First Nation Walk-In Clinic 200 Anemki Place	2	3	4
5	6	7 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	8	9	10	11
12	13	14 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	15 4pm-8pm Fort William First Nation Walk-In Clinic 200 Anemki Place	16	17	18
19	20	21 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	22	23	24	25
26	27	28 1pm-7pm Heath Park Walk-In Clinic 1115 Yonge Street	29	30	31	



FWFN Diabetes  
Program

monday, wednesday, friday  
evenings 6-8 pm  
starting November 15

# Open Gym Nights !!

RUN, WALK, BIKE,  
WEIGHT LIFTING  
THE CHOICE IS  
YOURS!

*FWFN ARENA FITNESS  
CENTRE!*

**OPEN TO ALL AGES!**

\* under 16 must have Adult  
supervision\*

\* ID & Proof of double vaccination  
req\*

\* first come first serve\* capacity  
restrictions apply

**3 WEEKS OF  
FITNESS TO  
PROMOTE  
PHYSICAL  
ACTIVITY IN OUR  
COMMUNITY!**

**PROUDLY SPONSORED BY**



**FORT WILLIAM  
FIRST NATION  
HEALTHCENTRE**





Dilico

Anishinabek Family Care

# WALK-IN COUNSELLING CLINIC

Fort William First Nation  
**Every Wednesday from 4-8 PM**

LOCATION:

200 Anemki

Family Health Team

RAAM back Entrance





# VOLUNTEERS NEEDED



**RENEWED CALL** *This is a renewed call. COVID ER response put a temporary hold on our activity. If you volunteered previously, please reaffirm participation via email.*

FWFN is looking for community members, both on and off reserve to volunteer their time and voice on our Comprehensive Community Planning Advisory Committee. We are looking for Elders, Youth/Children, Women and Leadership to get involved. We are in the pre-planning phase of a monumental project that will establish a clear vision for our future and implementation of actions and projects to achieve this vision.

**INTERESTED?** Send email to address above  
for more information.





**NOVEMBER  
18**

# **FWFN 55+ Elders Program**

**covid restrictions: ID & proof  
of double vaccinations  
required.**

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**STARTS AT 11-1:30 PM / BINGO / FOOD & DRINKS**

**COMMUNITY HALL**

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**ONSITE NURSE FOR BLOOD PRESSURE &  
BLOOD SUGAR CHECKS, FLU SHOTS!!**

# VOLUNTEER HOURS FOR STUDENTS



## National Addiction Awareness Week

We are searching for high school students who are interested in receiving volunteer hours.

### WHEN?

- ✓ November 22nd 5–7pm
- ✓ November 23rd 5–7pm
- ✓ November 24th 10–4pm
- ✓ November 25th 5–7pm
- ✓ November 26th 5–7pm

REGISTER WITH HEALTH RECEPTION  
(807)622-8802





# FOOD PROGRAM

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NOVEMBER 3RD, 10TH, AND 17TH!  
DELIVERIES ARE BETWEEN 1:30-3PM.

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CALL RECEPTION TO REGISTER  
COOK YOUR MEAL  
TAKE A PICTURE  
AND SHARE IT WITH US!

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CALL 807-622-8802  
TO REGISTER

ADDICTIONS AND MENTAL HEALTH

# RIBBON SKIRTS

**MAKE YOUR  
RIBBON SKIRT WITH  
MARY MAGISKAN**

---

**DECEMBER 8TH AND 15TH  
1:30-3PM  
VIRTUALLY**

**REGISTER WITH HEALTH RECEPTION  
807-622-8802**



# INDIAN RESIDENTIAL SCHOOLS RESOLUTION HEALTH SUPPORT PROGRAM

.....

PROVIDES MENTAL HEALTH, EMOTIONAL AND CULTURAL SUPPORT SERVICES TO ELIGIBLE FORMER INDIAN RESIDENTIAL SCHOOL STUDENTS AND THEIR FAMILIES

**24-HOUR CRISIS LINE- 1-866-925-4419**

MENTAL HEALTH THERAPY FOR SURVIVORS AND THEIR FAMILIES- **1-888-301-6426**  
**THEY WILL BE PROVIDED A LIST OF REGISTERED THERAPIST IN THE AREA**

YOU CAN ACCESS MENTAL HEALTH COUNSELLING BENEFITS FROM AN ELIGIBLE PROVIDER.

## **WHAT IS COVERED?**


EVERY 12 MONTHS, AN ELIGIBLE CLIENT CAN RECEIVE UP TO 22 HOURS OF COUNSELLING PERFORMED BY AN ELIGIBLE PROVIDER ON A FEE-FOR-SERVICE BASIS (SUCH AS, INDIVIDUAL, FAMILY OR GROUP COUNSELLING). ADDITIONAL HOURS IN THE SAME 12 MONTH PERIOD MAY BE PROVIDED ON A CASE-BY-CASE BASIS.

MORE INFORMATION AT:

[HTTPS://WWW.SAC-ISC.GC.CA/ENG/1576441552462/1576441618847#a2](https://www.sac-isc.gc.ca/eng/1576441552462/1576441618847#a2)



EVERY CHILD MATTERS  
ENSA BEBEZHIG GCHI-PIITENDAAGOZI BINOOJIINH



# **NAVIGATING THE INDIAN DAY SCHOOL CLASS ACTION SETTLEMENT CAN BE COMPLICATED**

Did you know that there are Indigenous  
Organizations ready to support you with the  
claims process?



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Contact [kelsey.anger@anishinabek.ca](mailto:kelsey.anger@anishinabek.ca) for more information  
or to find support near you.





# MEDICAL VAN

## TRANSPORTATION

available starting  
September 7th 2021



Call the Health Centre to book your appointment with reception (24 hours in advance).

If no answer please leave a detailed message with the following information: Name, appt date & time, status card number, physician, clinic, address of pickup & contact number.

**PLEASE NOTE: you must reside on Fort William First Nation & be a registered status card holder.**

**(807) 622-8802**

**DENTAL, HARM REDUCTION, PHYSICIAN,  
MENTAL HEALTH, & DIAGNOSTIC  
APPOINTMENTS ONLY**

*Dependable and safe transportation*





# MOUNT MCKAY SCENIC LOOKOUT OPEN

## PRICES:

\$10 - CAR OR TRUCK

\$6 - MOTORCYCLE

\$50 - BUS

\$2 - WALK-IN/CYCLIST

\$110 - SEASON PASS

NEW

**DEBIT  
AVAILABLE**

**Hours of Summer  
Operation:**

**Monday - Sunday  
9 AM - 10 PM**

**DRIVE SLOW!  
STAY SAFE!**

**BOOKINGS/INFO CONTACT BESS @ 252-7038 OR BESSLEGARDE@FWFN.COM**





**FEDERAL  
INDIAN DAY  
SCHOOLS**  
COMMUNITY  
SUPPORT PROGRAM

**EXTERNATS  
INDIENS  
FÉDÉRAUX**  
PROGRAMME  
DE SOUTIEN  
COMMUNAUTAIRE



# Free Claim Form Support Thunder Bay

**Take A Step In Your  
Healing Journey**

**If you are First Nations, Métis or Inuit and  
attended a Federal Indian Day School, you  
may be eligible for compensation.**

You and others in your community can schedule  
a personal appointment to meet with a Claims  
Assistant by phone or by computer.

The Claims Assistant will help you fill out or check  
the status of a Claim Form. They will also help you  
access legal, cultural and healing supports.

View a list of eligible schools and register  
for your personal session today at  
**[indiandayschools.com/en/thunderbay](http://indiandayschools.com/en/thunderbay)**  
or by calling **1-877-515-7525**.



# Accompagnement gratuit pour les formulaires de demande d'indemnisation

## Thunder Bay

**Faites un autre pas dans votre  
démarche de guérison**

**Si vous faites partie des Premières nations, des  
Métis ou des Inuits et que vous avez fréquenté  
un externat indien fédéral, vous pourriez être  
admissible à une indemnisation.**

Vous et d'autres personnes de votre communauté pouvez  
prendre un rendez-vous personnel pour rencontrer un assistant  
chargé des demandes d'indemnisation par téléphone ou par  
ordinateur.

L'assistant chargé des demandes d'indemnisation vous aidera  
à remplir ou à vérifier l'état d'un formulaire de demande  
d'indemnisation. Il vous aidera également à accéder à des  
soutiens juridiques, culturels et de guérison.

Consultez la liste des écoles admissibles et  
inscrivez-vous à votre séance individuelle dès  
aujourd'hui sur **[indiandayschools.com/fr/thunderbay](http://indiandayschools.com/fr/thunderbay)**  
ou en appelant le **1-877-515-7525**.

