



**Fort William  
First Nation**

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## **Weekly Newsletter for Nov 1 - 7**

**Flyers are to be delivered each weekend by 4pm Sunday evening.**

**Didn't receive your newsletter this weekend?**

**Please call Kristy Boucher at 623-9543 ext.217 or  
info@fwfn.com with your questions or concerns.**

**Finance Information Page For:**

- ☒ **Direct Deposit Forms for Member Distributions**
- ☒ **Youth Turning 18 – Direct Deposit Forms**
- ☒ **Late Banking Information – Annual Member Distributions**
- ☒ **Are You Making a Payment?**

**Is now on Page 2 of our Weekly Newsletter**

**Stay informed, follow us on:**

**@fortwilliamfirstnation**



**@FWFN1**

### **NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS**

**Letting your dog run loose, puts them and the community members in danger.**

**It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.**

**Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.**

**Department: Fort William First Nation CEO**  
**Subject: Electronic Voting**

**Date Prepared: July 28<sup>th</sup>, 2021**  
**Prepared by: Christina Thiessen**  
**Executive Assistant - Office of the CEO**



## NOTICE TO COMMUNITY- Electronic Voting

Our Chief and Council have approved our voting system to move toward electronic voting for upcoming vote requirements. With this direction, Fort William First Nation will be working with OneFeather (onefeather.ca) to set up online electronic voting and community engagement solutions. The upcoming votes to use OneFeather technology will be:

- FWFN Specific Claims Housing Trust - Youth Trust Payments
- FWFN Lands Code

This will allow more accessibility for band members to participate in our governance and will represent our First Nation moving toward with modern technology. Band members will be required to create a OneFeather profile following the steps below. Setting up your profile is easy, safe and your personal data is secure and protected. It will only take a few minutes to complete this process. Other traditional paper voting solutions will remain in place for those members who do not have access to smart Edevice technology (phone, tablet or computer) and who may not have a personal email address.

OneFeather has set up a quick engagement event to get you started and activate your profile. You will require a personal email address, your status card number and date of birth. Click the RED button at the link below. Click the RED button - you will be guided through the activation process – it should only take a minute or two.

<https://www.onefeather.ca/nations/fortwilliam>

If you have any questions, please see contact information below.

Respectfully,



**Michael D. Pelletier, Chief Executive Officer**  
**Fort William First Nation**  
**P: 807.623.9543 Ext. 233 C: 807-629-0471**



# **ECONOMIC DEVELOPMENT DEPARTMENT COMMUNITY INFORMATION SESSION**

**Monday, November 1<sup>st</sup>, 2021**

**Community Centre**

**Non-Smoking**

**5:30pm**

- Economic Development Department Update, Come Hear What We've Been Up To
- Aquaculture Presentations – Come Hear About the Potential for Fish Farming for FWFN, Including Presentations by: City of Thunder Bays CEDC, Department of Fisheries and Oceans Canada and Waubetek Business Development Corporation

**Food & Drinks Provided  
Prizes to be won!**

Contact: Bess Legarde at [BessLegarde@fwfn.com](mailto:BessLegarde@fwfn.com) if you have any questions



**NOVEMBER  
18**

# **FWFN 55+ Elders Program**

**covid restrictions: ID & proof  
of double vaccinations  
required.**

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**STARTS AT 11-1:30 PM / BINGO / FOOD & DRINKS**

**COMMUNITY HALL**

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**ONSITE NURSE FOR BLOOD PRESSURE &  
BLOOD SUGAR CHECKS, FLU SHOTS!!**





# ANISHINABEK NATION

## NEWS RELEASE

### Anishinabek Nation kicks off Treaties Recognition Week with new online treaty education resources for everyone

**ANISHINABEK NATION HEAD OFFICE (November 1, 2021)** – Anishinabek Nation Grand Council Chief Reg Niganobe says that the Anishinabek Nation remains committed to its part in treaty education in Ontario as the sixth year of celebrating Treaties Recognition Week goes underway.

He welcomes all to celebrate the recent launch of Ezhi-nawending: How We Are Related online elementary treaty education resource and a similar project for secondary students that will become available next spring.

“Treaties are the foundational documents of Canada,” states Anishinabek Nation Grand Council Chief Reg Niganobe. “Treaties are equal to the Constitution and are enshrined within. To move forward as a Nation, both must be upheld and honoured to their full spirit and intent. Anishinabek Nation is proud to provide accessible teaching tools to facilitate the process. Learn more about the Treaties today to build a better future.”

Treaty educator Kelly Crawford is working once again with Frame Sequence Photography to build on the secondary school teacher’s kit: Gdoo-Sastamoo Kii Mi: Understanding our Nation to Nation Relationship and connect to the Ontario Curriculum for a co-education journey through the development of another online education resource. All education resources produced by the Anishinabek Nation are made for everyone to learn from – not just First Nations students and teachers.

“This online resource will guide students in learning about Turtle Island, Worldview, Wampum, Contact, Treaty Relationships, Land Disputes and the Future,” states Crawford. “Based on Gdoo-Sastamoo Kii Mi, the resource will support secondary students and teachers in a virtual world connected to the Ontario Curriculum.”

The new online education resource for secondary students will be available in spring 2022.

“It is important for the history of our treaties to be taught to all learners from very early on so that they have a better understanding of challenges and issues Indigenous people face largely attributed to treaties not being upheld,” says Anishinabek Nation Southeast Regional Deputy Grand Council Chief and Education Portfolio Holder James Marsden. “These resources are an excellent stepping stone in a student’s learning journey.”

As part of Treaties Recognition Week and public education, Anishinabek Nation Children’s Commissioner Ogimaa Duke Peltier explores the importance of honouring treaties.

“Treaties are the fabric and the foundation of this territory — of the Great Lakes region. And as a treaty partner, the Crown must commit to implementing the full spirit and intent of what our ancestors had agreed upon,” states Anishinabek Nation Children’s Commissioner Duke Peltier. “Treaties are real, they’re living, and they need to be implemented. A good place to start teaching this is in the classroom with our youngest learners. The ministries of education have an opportunity to include the true histories of this country as part of their curriculum.”



Minister of Indigenous Affairs Ontario Greg Rickford acknowledges the importance of treaty education.

“Anishinabek Nation should be proud of their leadership in continuing to develop education resources to increase awareness and understanding of treaty rights and the relevance they hold today,” says Minister Rickford. “Fostering treaty education helps make modern treaty relationships real and meaningful for Indigenous and non-Indigenous peoples alike.”

The Anishinabek Nation will continue to observe Treaties Recognition Week from November 1-5 by sharing information and resources virtually through their social media and the *Anishinabek News*.

**Relevant links:**

- [Ezhi-Nawending: How We Are Related](#)
- [Gdoo-Sastamoo Kii Mi: Understanding our Nation to Nation Relationship online resource teaser video](#)

*The Anishinabek Nation is a political advocate for 39 member First Nations across Ontario, representing approximately 65,000 citizens. The Anishinabek Nation is the oldest political organization in Ontario and can trace its roots back to the Confederacy of Three Fires, which existed long before European contact.*

-30 -

**Laura Barrios**  
**Communications Officer**  
Anishinabek Nation  
Phone: 705-497-9127 ext. 2290  
E-mail: [laura.barrios@anishinabek.ca](mailto:laura.barrios@anishinabek.ca)



**Department: Lands & Properties**

**Date:**

**October 15, 2021**

**Subject: Live Bear Traps**

**Prepared By: Wyatt Bannon – By-Law Enforcement**

## Community Notice

In an effort to deal with problem black bears there are times when the use of live bear traps are necessary. These traps are very effective in capturing and relocating bears. They are also designed in such a way to minimize injury to not only the bears but to children as well.

However, this does not mean they are entirely safe for children. Especially if a bear is trapped inside the trap. A trapped bear can be very dangerous and should only be handled by a properly trained authorized individual. Even being near a trapped bear can be dangerous as in the case of a trapped cub the mother can be in the area and can be very protective of her young.

As such, we are asking that no one approach these traps at any time and that parents teach their children to stay away from them entirely. We've included pictures of a live bear trap so that parents can show their children

When deployed we will make every effort to contact anyone in the general area to stay clear of the trap.

We also utilize cellular connected trail cameras placed around the live bear trap. This allows for almost instant notification to us of any activity and we will respond accordingly.





FORT WILLIAM FIRST NATION

# FAMILY PROGRAM

**MONDAY, NOVEMBER 8TH 2021**

FWFN COMMUNITY CENTRE

5 - 7PM



PREVENTION, ACTIVITIES, COMMUNITY INVOLVEMENT

**PROOF OF VACCINATION/I.D REQUIRED FOR 12+**



**Fort William  
First Nation**





There are also times when the use of aversive conditioning may be used. This can be in the form of utilizing loud sounds such as bear bangers, which sound like a high powered gun being fired. It also may be by striking the bear with an object such as rock, stick and even a paint ball fired from a paint ball gun.

This type of conditioning is widely used by bear management personnel and although it may appear harmful to the bear, it is the best and safest way to teach bears not to go near humans.

If done incorrectly can result in serious injury to the bear as well as increase the chance of the bear attacking humans in the area. As such, aversive conditioning should only be done by trained, qualified authorized individuals.

If you have any questions or concerns regarding live bear traps or problem black bears in general.

Please feel free to call me at 807 285 9428.

Respectfully,

Wyatt Bannon  
By-Law Enforcement.

**Department: Lands & Properties Department**

**Date:**

**September 30, 2021**

**Subject: Bears**

**Prepared By: Wyatt Bannon – By-Law Enforcement**



## Community Notice

As we are all aware, this year's lack of rain has caused a collapse of this year's berry harvest. As a result, we have seen an increase in bear activity throughout our community as they search for food. Unfortunately, they have found an alternate food source in our garbage, BBQ's, apple trees and even our bird feeders.

**BEARS HAVE AN EXCELLENT MEMORY AND WILL RETURN NIGHT AFTER NIGHT TO FEED AS LONG AS THERE IS FOOD.**

We are currently taking steps to help redirect bear activity away from populated areas, which is working. However, we are asking for your help with the following:

Garbage to be placed out only on the morning of the scheduled pick up date. Furthermore, in the event that the scheduled garbage pickup did not occur, we are asking community members to bring their garbage inside until the next scheduled garbage pick up date. BBQ's be cleaned after each use. Any apples that fall to the ground be cleaned up daily. If needed we can collect any unused apples.

In the unfortunate situation where a bear has to be terminated for safety reasons if there are community members who are interested in harvesting it for food please call me @ 807 285 9428 and leave your name and phone number.

We encourage community members to be aware of your surroundings while enjoying the outdoors. We have always and will continue to live along side this beautiful majestic creature. The current bear situation should subside by late October early November depending on snow cover and food availability. Here are some safety tips as well as some important information on black bear behaviour.

It is a good idea to make noise when rounding corners or exiting your residence. Carry a whistle or wear a bear bell. It is recommended not to make eye contact; Black Bears will take this as an act of aggression.

Remember that the presence of a healthy black bear population is an indication that we have a very healthy Eco-system. However, the large amount of bear activity is directly related to us humans provided them with a sustained food source from our garbage, bird feeders, BBQ's and apples.

## Encountering a Black Bear

If you encounter a Black Bear it is likely to react in one of four ways.

### 1. Fleeing Bear

In most cases, a bear will hear or smell you before you are aware of it. Even if you surprise a bear, it will most often flee the area. **Reacting to a fleeing bear...** Enjoy the fleeting sight of a wild Black Bear.

### 2. Habituated Bear

Some bears lose their fear of humans from frequent human contact or from being rewarded with human food or garbage. These bears may not respond to our attempts to dissuade them and may react defensively. **Reacting to an Habituated Bear...** Stay calm and determine if the bear is aware of you. If the bear is unaware of you, move away quietly. However, if the bear is aware of you, talk to the bear in a low tone, wave your arms, back away, and leave the area. **Do not turn and run.** If you are near a building or car, get inside as a precaution. If the bear was attracted to food or garbage, remove it after the bear leaves to discourage the bear from returning.



### 3. Defensive Bear

A defensive bear will respond in a defensive manner if it perceives you as a threat or if it is defending a food source. It may use vocalizations such as huffing, blowing air loudly through nostrils, exhaling loudly and "popping" of teeth, and may swat the ground with its fore paws, lowering its head, and drawing back the ears. As well, a defensive bear may resort to bluff charges. The bear is feeling threatened by your presence and is trying to get you to back off. **Reacting to a Defensive Bear...** Stop and face the bear. If you are with others, stay together and act as a group. Make sure the bear has a clear escape route. Slowly back away while watching the bear and wait for it to leave. Use a whistle or airhorn, or bear spray if you have them. **Do not turn and run** - this may trigger a predatory response in the bear. Do not climb a tree - bears are excellent climbers.

### 4. Predatory Black Bear

On EXTREMELY RARE occasions, a bear will attack humans with the intent to kill. Predatory bears seldom make huffing or "popping" sounds, nor do they swat the ground with their forepaws, or bluff charge as defensive bears sometimes do. Instead, they silently stalk, or press closer and closer to their intended prey, apparently assessing whether it is safe to attack. **Reacting to a Predatory Bear...** Leave the area if you can, **but never turn and run**. If you cannot leave, confront the bear. Do everything in your power to make the bear think twice about attacking you. Be aggressive, yell, throw rocks, hit the bear with sticks, and use your whistle, air horn, or bear spray if you have them. If a predatory bear does make contact with you, do not play dead. Fighting back with everything you have is the best way to persuade a predatory Black Bear to halt its attack.

### Emergency situations

**Call 911 or your local police** if a bear poses an immediate threat to personal safety and exhibits threatening or aggressive behaviour, such as:

- enters a school yard when school is in session
- stalks people and lingers at the site
- enters or tries to enter a residence
- wanders into a public gathering
- kills livestock/pets and lingers at the site
- Police will respond first to an emergency situation, but may request assistance from the Ministry of Natural Resources and Forestry during daylight hours.

### Non-emergency encounters

Call the toll-free Bear Wise reporting line at [1-866-514-2327](tel:1-866-514-2327) (TTY [705-945-7641](tel:705-945-7641) )

In addition, call 807 285 9428 and leave a message, ----- if a bear:

- roams around or checks garbage cans
- breaks into a shed where garbage or food is stored
- is in a tree
- pulls down a bird feeder or knocks over a barbecue
- moves through a backyard or field but does not linger

**This line operates 24 hours a day, seven days a week, from April 1 to November 30.**

## Fort William First Nation

### Garbage Pick-up Schedule

#### **Monday**

Mountain Road, Chippewa Road, City Road, Anemki Drive, Lynx Court, Fox Court, Wolf Court, Wolf Street, Little Lake Crescent

Arena, Community Centre, Office Buildings

#### **Tuesday**

Back Street Road, Mission Road, Squaw Bay Road

Arena, Community Centre, Office Buildings

#### **Wednesday**

Chippewa Trailer Park

Arena, Community Centre, Office Buildings

#### **Thursday**

Mountain Road, Chippewa Road, City Road, Anemki Drive, Lynx Court, Fox Court, Wolf Court, Wolf Street, Little Lake Crescent

Arena, Community Centre, Office Buildings

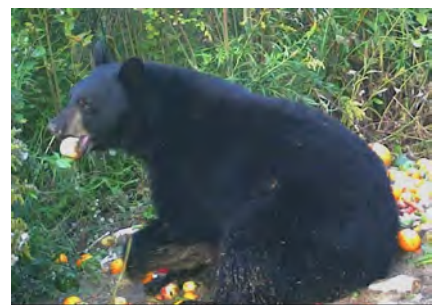
#### **Friday**

Back Street Road, Mission Road, Squaw Bay Road

Arena, Community Centre, Office Buildings

Garbage Pick up is scheduled between 8:00 a.m. – 4:00 p.m.

**\*\*Please be advised that this schedule is subject to change based on holidays and equipment breakdowns\*\***



Respectfully,

Wyatt Bannon

By-Law Enforcement / Animal Control / Community Safety





F O R T   W I L L I A M   F I R S T   N A T I O N

## JOB POSTING

**Position Title:** Bus Monitor

**Position Description:** Under the general direction of the Director of Health & Social Services and direct supervision of the Education Coordinator, the bus monitor will enforce the bus transportation policies and procedures to ensure students safety while travelling on the bus.

**Major Responsibilities:**

- Ensure students follow FWFN bus safety protocols and procedures while travelling on the bus
- Report any behavioural issues, incidence and injuries of a child to the Principal of the school as well as the Education Coordinator
- Inform students of bus rules and ensure students abide by set rules while travelling on the bus
- Provide incident reports in the event of on accident/incident
- Attend meetings as required
- Additional duties as required

**Qualifications/ Conditions of Employment:**

- Completion of secondary school diploma preferred
- Criminal Reference Check required
- First Aid Certificate required

**Job Posting Closing Date:** Posting open until position(s) is filled. Please direct your application, consisting of a cover letter and resume with three (3) references to the attention of:

**Donna Mullen**  
**Human Resources Assistant**  
**P: 807-623-9543 ext. 806**  
**F: 807-623-5190**  
**Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

When hand delivering, ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*



F O R T   W I L L I A M   F I R S T   N A T I O N

## JOB POSTING

**Position Title:** Program Support Clerk  
Full-Time Permanent Position

**Position Description:** Under the general direction of the Social Services Manager, the Program Support Clerk is responsible for a wide variety of clerical office duties in support of the Fort William First Nation (FWFN) Social Services Department.

**Major Responsibilities:**

- Responsible for managing the Fort William First Nation Social Service Front Desk and reception area
- Greeting visitors in a positive and professional manner
- Responding to telephone, e-mail, and in-person inquiries from clients, business partners, and other parties
- Keeping accurate and appropriate filing of correspondence, invoices and receipts
- Locating filed materials upon request, ensuring that materials are given only to authorized users
- Using standardized filing methods and procedures, e.g. alphabetical, numerical
- Typing forms, letters reports and memos as necessary
- As a front-line worker, present a positive and professional image of the organization to all visitors, suppliers, inquiries, and other interactions
- Assisting with food distributions
- Monitoring office supplies and ordering as necessary
- Creating Purchase Orders and Cheque Requisitions as necessary
- Ensuring photocopier, fax machine and printer are operating effectively
- Keeping accurate and complete records and forms of filed items
- Creating new files and records as necessary
- Other responsibilities and directives as assigned

**Qualifications:**

- High school diploma, GED or other equivalent
- Subject to a police records check.
- Must be able to lift up to 25 lbs.

**Salary:** To be negotiated.

**Job Posting Closing Date:** Applications, consisting of a cover letter and resume with three (3) references, must be received by 11:59 p.m. on November 14, 2021. Please direct your application to the attention of:

**Donna Mullen**

**Human Resources Assistant**

**Ph: 807-623-9543 ext. 806, Fax: 807-623-5190**

**Email: [donnamullen@fwfn.com](mailto:donnamullen@fwfn.com)**

*We appreciate all applications. Only those selected for an interview will be contacted.*



## F O R T   W I L L I A M   F I R S T   N A T I O N

When applying online, please ensure to reference the Job Posting Title in the Subject Line.

When hand delivering; ensure that your application is date stamped and a copy provided to you.

*We appreciate all applications. Only those selected for an interview will be contacted.*



# FORT WILLIAM FIRST NATION

## *VOLUNTEER FIRST RESPONSE TEAM*

# YIELD FOR **AMBER** LIGHTS!

Our First Responders use flashing amber lights to respond to emergency calls within our community. Yielding to vehicles with flashing amber lights allow the First Responders to arrive to the scene of a emergency more rapidly!

When safe to do so, yield the right of way to vehicles approaching with flashing amber lights in the community!



**FORT WILLIAM FIRST NATION**



**MASON MORRISEAU - 1(807)631-3117**

<http://fwfnfirstresponse.com>



**Like Us On Facebook!**  
**/FWFNFirstResponse**





## FORT WILLIAM FIRST NATION MEDICAL FIRST RESPONSE TEAM

*" SAVING & EMPOWERING LIVES IN OUR COMMUNITY. "*

90 Anemki Drive-Suite 200  
Fort William First Nation, ON  
P7J 1L3  
Ph: 1(807)631-3117

### COMMUNITY NOTICE

NOTICE 00001

**Subject:** Amber Light Awareness

**Date:** 21-10-2021

**Prepared By:** Mason Morriseau - First Response Team Coordinator

The Fort William First Nation First Response Team would like to notify community members and visitors that the First Response Team will be using flashing amber lights when responding to emergency calls within the community.

If you see a vehicle approaching behind you with flashing amber lights in the community, follow these steps!

1. If you are at a stop sign, allow the vehicle with flashing amber lights to continue first when safe to do so;
2. If the vehicle is approaching from behind, yield the right of way and pull over to the side of the road when safe to do so to allow the vehicle with flashing amber lights to pass safely. Using your turn signal to show when you are pulling to the side of the road is an indicator for First Responders to safely pass;
3. If you are unable to yield the right of way due to traffic, continue to drive as usual until it is safe to yield the right of way.

Allowing vehicles with flashing amber lights to pass you when it is safe to allow them to pass will allow our First Responders who are responding to an emergency medical call within the community to arrive more rapidly. This is a courtesy and is greatly appreciated by the First Response Team! Help save lives and yield to flashing amber lights!

If you have any questions, comments or concerns, please contact Mason Morriseau who's contact information can be found below or by visiting our website at [www.fwfnfirstresponse.com](http://www.fwfnfirstresponse.com).

Respectfully,

A handwritten signature in black ink, consisting of the letters "M.M." in a stylized, cursive font.

**Mason Morriseau**

*Fort William First Nation First Response Team Coordinator*

**Phone:** 1(807)631-3117 | **Website:** <http://fwfnfirstresponse.com>

# NATIONAL ADDICTION AWARENESS WEEK!

**November 22nd-27th, 2021**

We welcome you to join a week of activities and events to spread awareness, education and services for those who are struggling with mental health and addiction.

**We will be providing :**

**Safe Sex Presentations | Testimonials | On-site Counselling  
Services | Harm Reduction | Mental Health /Addiction  
Presentations | Door Prizes | Refreshments | Health  
Education Fair | Community Partner Presentations/  
Collaboration | Community Building Activities |  
Entertainment and More!**



***Fort William  
First Nation***



LEST WE FORGET



FORT WILLIAM FIRST NATION

# REMEMBRANCE DAY SERVICE

THURSDAY, NOVEMBER 11TH, 2021

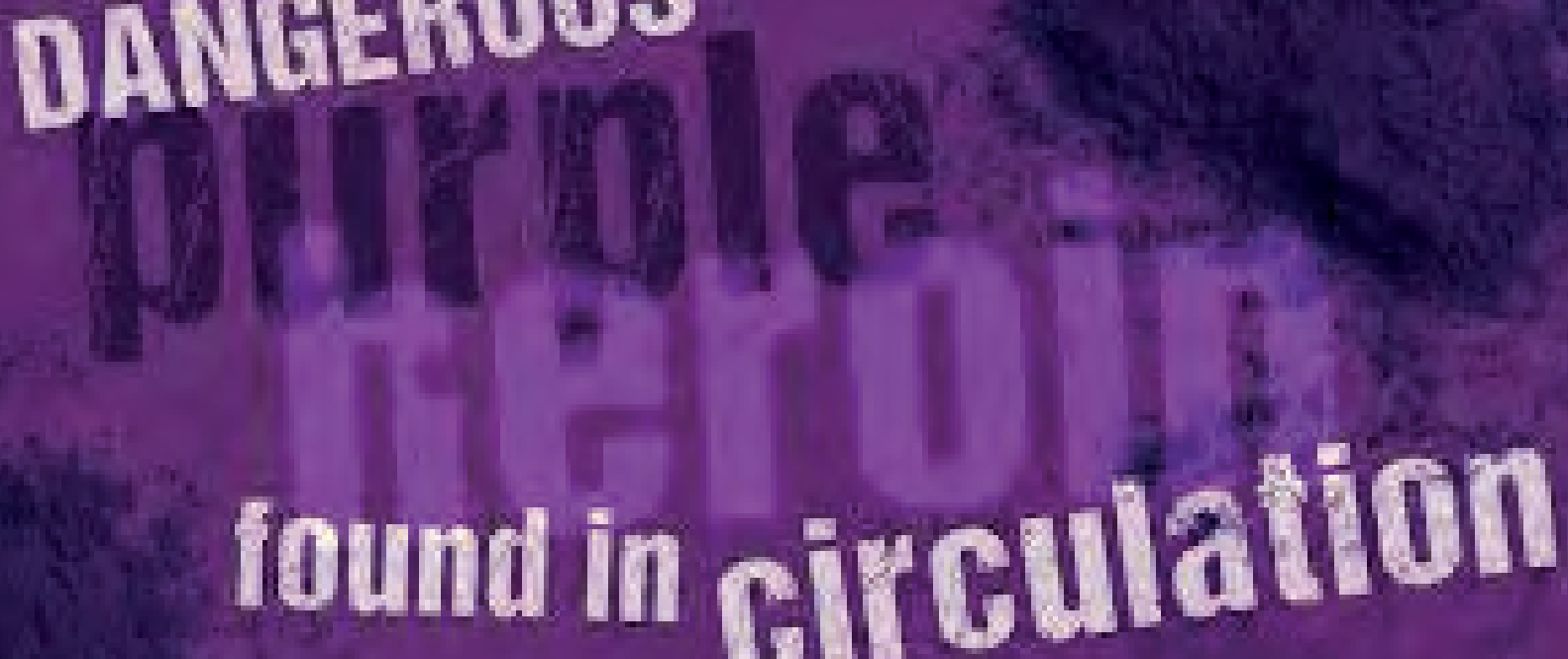
MT. MCKAY CENOTAPH 10:15AM

DUE TO COVID-19, WE WILL NOT BE HOSTING A LUNCHEON THIS YEAR.  
IF YOU WISH TO LAY A WREATH TO HONOUR A FALLEN SOLDIER PLEASE CONTACT  
CATHY BANNING AT (807) 630-1864 OR EMAIL: [cathyb@tbaytel.net](mailto:cathyb@tbaytel.net)

*"lest we forget"*

*"They shall not grow old, as we that are left grow old,  
Age shall not weary them nor the years condemn,  
At the going down of the sun and in the morning,  
We shall remember them"*





The city of Thunder Bay is experiencing an alarming amount of overdoses this past weekend from the synthetic drug “purple down”.

## **WHAT IS IT?**

Purple down is a mix of fentanyl, carfentanyl, heroin , and is often cut with benzodiazepines.

Purple down can have different variations and it can have other names such as ‘pink dizzy’ and ‘blue down

## **WHAT HAPPENS?**

Causes severe respiratory depression and can lead to death. When purple down is laced with benzodiazepines, it slows down a persons breathing leaving individuals severely unconscious, gasping if breathing at all.

## **WARNING:**

Fort William First Nation and the region of Thunder Bay has reported a batch of purple down that is causing overdoses and death.





# IMPORTANT COMMUNITY WARNING!

(October 15, 2021)

## Increase emergency responses to overdoses

There has been an increase in overdoses over the last 24-hours reported by emergency services. We do not know the cause of these overdoses.

Ensure you take precautions to reduce your risk of overdose.

## Signs of overdose

Impaired breathing, loss of consciousness, inability to talk, blue fingernails or lips, or loud snoring or gurgling.



If you use drugs, start with a smaller amount (start low, go slow)

Don't use drugs alone; use with someone you trust, visit Path 525 @ NorWest CHC or download the Lifeguard Digital Health App



Pick up a FREE naloxone kit from Superior Points or a pharmacy

Call 911 if your high feels unusual, or if you suspect someone is overdosing

If you are experiencing a crisis call

Crisis Response:

807-346-8282

NAN HOPE:

1-844-626-4673

# ALERT

## Thunder Bay Police Report Increase in Overdoses

Thunder Bay Police have alerted us that they have seen a spike in overdoses over the weekend and some have resulted in death.

Use of an opioid commonly referred to as “**pink down**” or “**pink dizzy**” is suspected, but other substances may also be a cause of the increase.

Signs of opioid toxicity include impaired breathing, loss of consciousness, inability to talk, blue fingernails or lips, or loud snoring or gurgling.

People who use drugs can reduce the risk of harm from fentanyl and other opioids by:

- using drugs in the presence of others (**supervised consumption service open daily 10am-6pm @ NorWest CHC Thunder Bay Site**) , or arranging for someone to check in on them;
- avoiding using drugs at the same time if using in a group;
- trying a small amount before using their usual amount;
- calling 911 if someone develops signs of opioid toxicity; and
- carrying naloxone (**available for free** from the Health Unit [621-7861] and most community pharmacies).

Have you had an unexpected bad reaction to a street drug? Report bad drugs at [www.tbdhu.com/baddrugs](http://www.tbdhu.com/baddrugs). Your report will be **anonymous**.



THUNDER BAY  
Drug Strategy



Thunder Bay District  
Health Unit



NOVEMBER GOOD FOOD BOX  
BOXES CONSIST OF VARIETY OF  
FRESH FRUIT AND VEGGIES!

ORDERS DUE NOVEMBER 8/21

FOOD BOXES ARE \$22.00

PAYMENTS CAN BE MADE BY EFT

ACCOUNTSRECEIVABLE@FWFN.COM

PICK UP NOVEMBER 17TH @ 3PM

\*\*PLEASE WEAR MASKS WHEN PICKING UP\*\*

JULIEFAIR@FWFN.COM



# VOLUNTEER HOURS FOR STUDENTS



## National Addiction Awareness Week

We are searching for high school students who are interested in receiving volunteer hours.

### WHEN?

- ✓ November 22nd 5–7pm
- ✓ November 23rd 5–7pm
- ✓ November 24th 10–4pm
- ✓ November 25th 5–7pm
- ✓ November 26th 5–7pm

REGISTER WITH HEALTH RECEPTION  
(807)622-8802





# FOOD PROGRAM

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NOVEMBER 3RD, 10TH, AND 17TH!  
DELIVERIES ARE BETWEEN 1:30-3PM.

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CALL RECEPTION TO REGISTER  
COOK YOUR MEAL  
TAKE A PICTURE  
AND SHARE IT WITH US!

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CALL 807-622-8802  
TO REGISTER

ADDICTIONS AND MENTAL HEALTH

# RIBBON SKIRTS

**MAKE YOUR  
RIBBON SKIRT WITH  
MARY MAGISKAN**

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**DECEMBER 8TH AND 15TH**

**1:30-3PM**

**VIRTUALLY**

**REGISTER WITH HEALTH RECEPTION**

**807-622-8802**



# INDIAN RESIDENTIAL SCHOOLS RESOLUTION HEALTH SUPPORT PROGRAM

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PROVIDES MENTAL HEALTH, EMOTIONAL AND CULTURAL SUPPORT SERVICES TO ELIGIBLE FORMER INDIAN RESIDENTIAL SCHOOL STUDENTS AND THEIR FAMILIES

**24-HOUR CRISIS LINE- 1-866-925-4419**

MENTAL HEALTH THERAPY FOR SURVIVORS AND THEIR FAMILIES- **1-888-301-6426**  
**THEY WILL BE PROVIDED A LIST OF REGISTERED THERAPIST IN THE AREA**

YOU CAN ACCESS MENTAL HEALTH COUNSELLING BENEFITS FROM AN ELIGIBLE PROVIDER.

## **WHAT IS COVERED?**


EVERY 12 MONTHS, AN ELIGIBLE CLIENT CAN RECEIVE UP TO 22 HOURS OF COUNSELLING PERFORMED BY AN ELIGIBLE PROVIDER ON A FEE-FOR-SERVICE BASIS (SUCH AS, INDIVIDUAL, FAMILY OR GROUP COUNSELLING). ADDITIONAL HOURS IN THE SAME 12 MONTH PERIOD MAY BE PROVIDED ON A CASE-BY-CASE BASIS.

MORE INFORMATION AT:

[HTTPS://WWW.SAC-ISC.GC.CA/ENG/1576441552462/1576441618847#a2](https://www.sac-isc.gc.ca/eng/1576441552462/1576441618847#a2)



EVERY CHILD MATTERS  
ENSA BEBEZHIG GCHI-PIITENDAAGOZI BINOOJIINH



# **NAVIGATING THE INDIAN DAY SCHOOL CLASS ACTION SETTLEMENT CAN BE COMPLICATED**

Did you know that there are Indigenous  
Organizations ready to support you with the  
claims process?



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Contact [kelsey.anger@anishinabek.ca](mailto:kelsey.anger@anishinabek.ca) for more information  
or to find support near you.





# MEDICAL VAN

## TRANSPORTATION

available starting  
September 7th 2021



Call the Health Centre to book your appointment with reception (24 hours in advance).

If no answer please leave a detailed message with the following information: Name, appt date & time, status card number, physician, clinic, address of pickup & contact number.

**PLEASE NOTE: you must reside on Fort William First Nation & be a registered status card holder.**

**(807) 622-8802**

**DENTAL, HARM REDUCTION, PHYSICIAN,  
MENTAL HEALTH, & DIAGNOSTIC  
APPOINTMENTS ONLY**

*Dependable and safe transportation*



**FEDERAL  
INDIAN DAY  
SCHOOLS**  
COMMUNITY  
SUPPORT PROGRAM

**EXTERNATS  
INDIENS  
FÉDÉRAUX**  
PROGRAMME  
DE SOUTIEN  
COMMUNAUTAIRE



# Free Claim Form Support Thunder Bay

**Take A Step In Your  
Healing Journey**

**If you are First Nations, Métis or Inuit and  
attended a Federal Indian Day School, you  
may be eligible for compensation.**

You and others in your community can schedule  
a personal appointment to meet with a Claims  
Assistant by phone or by computer.

The Claims Assistant will help you fill out or check  
the status of a Claim Form. They will also help you  
access legal, cultural and healing supports.

View a list of eligible schools and register  
for your personal session today at  
**[indiandayschools.com/en/thunderbay](http://indiandayschools.com/en/thunderbay)**  
or by calling **1-877-515-7525**.



# Accompagnement gratuit pour les formulaires de demande d'indemnisation

## Thunder Bay

**Faites un autre pas dans votre  
démarche de guérison**

**Si vous faites partie des Premières nations, des  
Métis ou des Inuits et que vous avez fréquenté  
un externat indien fédéral, vous pourriez être  
admissible à une indemnisation.**

Vous et d'autres personnes de votre communauté pouvez  
prendre un rendez-vous personnel pour rencontrer un assistant  
chargé des demandes d'indemnisation par téléphone ou par  
ordinateur.

L'assistant chargé des demandes d'indemnisation vous aidera  
à remplir ou à vérifier l'état d'un formulaire de demande  
d'indemnisation. Il vous aidera également à accéder à des  
soutiens juridiques, culturels et de guérison.

Consultez la liste des écoles admissibles et  
inscrivez-vous à votre séance individuelle dès  
aujourd'hui sur **[indiandayschools.com/fr/thunderbay](http://indiandayschools.com/fr/thunderbay)**  
ou en appelant le **1-877-515-7525**.

