

Weekly Newsletter for August 1 - 7

Flyers are to be delivered each weekend by 4pm Sunday evening.

Didn't receive your newsletter this weekend?

Please call Kristy Boucher at 623-9543 ext.217 or
info@fwfn.com with your questions or concerns.

Finance Information Page For:

- ☒ Direct Deposit Forms for Member Distributions
- ☒ Youth Turning 18 – Direct Deposit Forms
- ☒ Late Banking Information – Annual Member Distributions
- ☒ Are You Making a Payment?

Is now on Page 2 of our Weekly Newsletter

Stay informed, follow us on:

@fortwilliamfirstnation



@FWFN1

NOTICE TO ON RESERVE HOUSEHOLDS WITH DOGS

Letting your dog run loose, puts them and the community members in danger.

It is up to the pet owner to control their pets, and protect others from them. Pet owners can be held accountable if their pet hurts someone.

Please be advised that Flyer Carriers have the right to refuse delivery to the household in they encounter a dog or dogs in the area that makes them feel unsafe.



Department: Office of the CEO

Date Prepared: May 6th, 2022

Subject: FWFN Offices Open to the Public

Prepared by: Michael D. Pelletier, CEO

Good day Fort William First Nation Members,

With Covid-19 restrictions easing across the Province and Country, Fort William First Nation is happy to announce that the administration offices will be open to the public once again.

As of Monday May 9th, 2022, the offices are open for in-person business.

Some important changes to mention are that the Lands & Properties Department, Economic Development, Administration (which includes Membership, Governance, Human Resources, Community Consultation and Communications) have moved Suite 200, 100 Little Lake Rd office.

Programming has also shifted to in-person as of April 4, 2022, so keep an eye out for special events happening in and around the community.

We look forward to serving you in person once again.

Thank you for your patience and support throughout the past 2+ years.

Sincerely,

Michael D. Pelletier
Chief Executive Officer

COVID-19 – Update from Finance

Following the Ontario Government's Covid reopening plan, our administrative offices will once again be open to the public soon, once an announcement is made by the CEO. The health and safety of our people, partners, families and community continue to be our priority as we move forward.

For up-to-date information on COVID-19, please visit:

- Ontario Ministry of Health's website: <https://www.ontario.ca/page/2019-novel-coronavirus>
- Public Health Services Canada website: <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

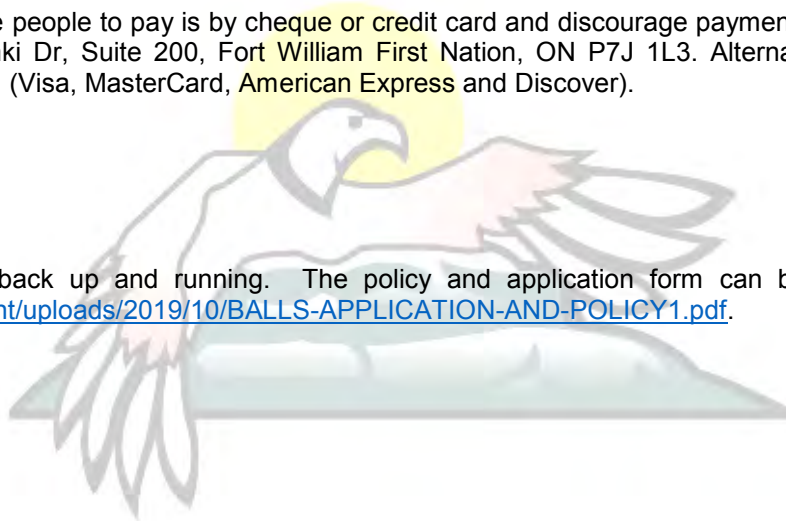
You may also visit Fort William First Nation's COVID-19 Action Plan web page at: <https://fwfn.com/covid-19-action-plan/>

Are you trying to make a payment on your account?

We continue to encourage people to pay by cheque or credit card and discourage payments by Cash. Cheques can be mailed to us at 90 Anemki Dr, Suite 200, Fort William First Nation, ON P7J 1L3. Alternatively, you may call in your payment with a credit card (Visa, MasterCard, American Express and Discover).

Bingo Balls

Bingo Balls program is back up and running. The policy and application form can be found on the website at <https://fwfn.com/wp-content/uploads/2019/10/BALLS-APPLICATION-AND-POLICY1.pdf>.





Department: Lands & Properties Department

Date: July 19, 2022

Subject: Cow Parsnip

Prepared By:

Wyatt Bannon – By-Law Enforcement

COMMUNITY NOTICE

In the last few weeks we have noticed a large increase of what is called COW PARSNIP (often mistaken as Giant Hogweed). As such we feel, it necessary to notify the hazards of this weed. We have seen this weed all over our community and its numbers are growing every year.

Along with some rather serious issues associated with this weed, there are benefits to having them around. Notably, this weed can be used as a food source as was used by our people for generations throughout North America. For more info visit https://www.weedinfo.ca/media/pdf/cow_parsnip_review.pdf.

Please read the following document from www.northernontarioflora.ca.

Heracleum maximum (Cow Parsnip)

En: cow parsnip, common cow parsnip, masterwort

Fr: berce laineuse, berce très grande, poglus

Oj: bibigwewanashk

Apiaceae (Parsley Family)





General: A stout perennial herb, 1—3 m tall. **Warning:** The sap of cow parsnip contains phototoxic compounds (furocoumarin) that can produce a type of rash called phytophotodermatitis (PPD). Boots, long sleeves, and long-legged pants should be worn if walking through stands of cow parsnip. Parents should teach their children how to recognize this plant and avoid it, as it often grows along the shorelines of ponds and streams. (It is in all parts of FW).

Synonym: *Heracleum lanatum* Michx.

Stems: Non-woody (herbaceous), erect, hollow, and 1—5 cm in diameter; stems are ribbed, usually green, and covered with short stiff hairs. Stems may occasionally be purplish, but they are not spotted, nor are areas with purplish colouration raised into bumps, as in giant hogweed.

Leaves: Basal and cauline (alternate), large and compound, divided into 3 main leaflets (ternately compound), 1.5—6 dm long and wide, and stiffly hairy on the lower surface. Petioles are broad and expanded (inflated) at the base, enclosing the developing leaves or flowers. Each leaflet is irregularly cut (incised) into 3 or more lobes; the terminal leaflet is somewhat longer and wider than the 2 stalked lateral leaflets. Leaflet bases are broad to slightly cordate, lateral leaflet bases may be asymmetric; tips of the lobes are sharply pointed (acuminate), and margins are coarsely toothed (serrate).

Flowers: White, numerous, and borne in large flat-topped clusters (compound umbels), 10—20+ cm across. Inflorescences are terminal or in the upper leaf axils, subtended by 5—10 small bracts, and have 15—30 main branches (rays) that support smaller umbels, each subtended by an involucre of smaller bracts. Individual flower stalks (pedicels) are 8—20 mm long. Flowers are somewhat fragrant, have 5 small inconspicuous calyx lobes, 5 white petals, 5 stamens, and an inferior ovary of 2 carpels, topped by the enlarged nectar-secreting base (stylopodium) of the 2 styles. The outer petals of flowers at the edge of each umbel are enlarged and deeply divided into 2 lobes; other petals are unlobed. Flowers bloom in late spring to early summer.

Fruit: The light brown dry fruits (schizocarps) are composed of 2 flat portions (mericarps), each containing a single seed. Fruits are numerous, occur in large flat-topped clusters, and mature in late summer. The 2 mericarps are held together at the top by the enlarged stylopodium and are attached to the flowering stalk (pedicel) by a small 2-branched structure called a carpophore. Each mericarp is flat, obovate (with a small depression at the top), and 7—12 mm long. Mericarps are marked with 4 dark brown oil tubes (vittae) that extend about halfway down the outer surface and 2 shorter oil tubes on the inner surface. When mature, the schizocarps break apart, shedding the individual mericarps.

Habitat and Range: Streambanks, shorelines, moist low ground, and moist to wet roadsides. Cow parsnip is native to boreal North America and East Asia; it is found throughout most of Canada, with the exception of Nunavut. In Ontario, its range extends across the Province and north to Hudson Bay.



Similar Species: Our native cow parsnip is often misidentified as giant hogweed (*Heracleum mantegazzianum* Sommier & Levier), a highly invasive Asian species, which is similar in appearance but much larger (to 5 m tall), has purple-spotted or blotched bristly stems, larger more divided leaves, and broader flower clusters than cow parsnip. In Ontario, giant hogweed has been reported from Manitoulin Island, but is more common in southern Ontario. Numerous erroneous reports each year of giant hogweed are based on misidentifications of cow parsnip.

Toxicity: A burning, often blistering, rash that resembles a poison ivy rash will develop when bare moist skin contacts sap from bruised or torn cow parsnip leaves or stems and then exposed to sunlight (UV rays).

Exposure to both sunlight and the sap are required to cause this rash, which will develop within 1—3 days.

Exposed skin should be washed immediately with soapy water, then bandaged to avoid further exposure to sunlight.

If a rash develops, **SEE YOUR DOCTOR** for treatment as soon as possible; topical steroids may be prescribed for severe rashes.

Unlike poison ivy, this rash does not respond to calamine lotion, but cool wet compresses are reported to lessen discomfort.

After healing, skin will be more darkly coloured and extremely sensitive to UV light for months to years.

Since the reaction is more like a chemical burn than an allergic reaction, no one is immune.

When working or brush-cutting around cow parsnip, full protective clothing, gloves, and safety glasses should be worn.

Respectfully,

Wyatt Bannon
By-Law Enforcement
807 623 9543 ext. 299

In Search Of Elders 55+



We Need Your Knowledge

Fort William First Nation is searching for Elders who are 55+ to share important information for a **Survey** surrounding a time at the beginning of industrialization where there were less contaminants and pollution in and around our community. Please **Call** or **Email** and a survey will be electronically or hand delivered.

There will be a \$20 gift card to Westfort Foods for your full completion of the survey.

Phone: **807-285-9562**

Email: **EYW@fwfn.com**

Erik C.

Environmental YW

YOUR TAP WATER IS NOW SAFE

Attention! *Residents of*

**672, 674, 676, and 678
City Road,
Fort William First Nation**

As of July 20, 2022


*your tap water
is now safe to
drink and use
for household
purposes.*

**For additional information, contact your
Environmental Public Health Officer or
your Health Centre**

Before using your tap water follow these instructions:

- **Run all of the cold water taps for one full minute.**
- Remove any screens on your taps and clean them with soap and water, then rinse.
- Run all drinking fountains for one full minute.
- If you use a water treatment system (like a water softener) in your home, check your owner's manual for any steps you should take before using your water.

After you have followed all of these instructions, your tap water is safe to use.

 Tap water can now be used for:



Drinking



Cooking



Making juice, drinks or infant formula



Brushing teeth or cleaning dental appliances like retainers or dentures



Washing fruit and vegetables



Making soup, tea or coffee



Making ice cubes



Hand washing



Washing dishes



Bathing



Laundry



Indigenous Services
Canada

Services aux
Autochtones Canada

Canada



COMMUNITY SURVEYING

Community engagement and consultation activities associated with development of the FWFN Comprehensive Community Plan (CCP) will be carried out throughout summer 2022. Consultation will be initiated by an ambitious door-to-door surveying exercise.

STARTING JULY 2022

Community-wide, door-to-door surveying with online and email options available for off-reserve membership

Please Note: this is a preliminary notification for members. Further details related to this activity and additional engagement and consultation activities and events will be forthcoming.

MIIGWETCH!

Deanna Therriault, CCP Coordinator



Fort William First Nation

Garbage Pick-up Schedule

Monday

Mountain Road, Chippewa Road, City Road, Anemki Drive, Lynx Court, Fox Court, Wolf Court, Wolf Street, Little Lake Crescent

Arena, Community Centre, Office Buildings

Tuesday

Back Street Road, Mission Road, Squaw Bay Road

Arena, Community Centre, Office Buildings

Wednesday

Chippewa Trailer Park

Arena, Community Centre, Office Buildings

Thursday

Mountain Road, Chippewa Road, City Road, Anemki Drive, Lynx Court, Fox Court, Wolf Court, Wolf Street, Little Lake Crescent

Arena, Community Centre, Office Buildings

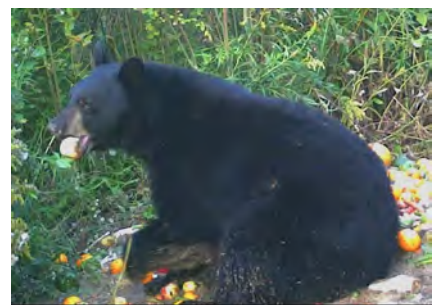
Friday

Back Street Road, Mission Road, Squaw Bay Road

Arena, Community Centre, Office Buildings

Garbage Pick up is scheduled between 8:00 a.m. – 4:00 p.m.

****Please be advised that this schedule is subject to change based on holidays and equipment breakdowns****



Respectfully,

Wyatt Bannon

By-Law Enforcement / Animal Control / Community Safety



FEDERAL INDIAN DAY SCHOOL CLASS ACTION



Request Form Now Available – Day School Applications Extended to January 13, 2023

The [Extension Request Form](#) is available for Class Members who missed July 13, 2022 deadline.

Note that Extension Request Forms and Claim Forms must be received by the Claims Administrator by January 13, 2023 at 11:59PM Pacific Standard Time (PST).

All requests for extension are reviewed by the Exceptions Committee and approvals are not automatically granted. Although we anticipate flexibility in processing an Extension Request Form, Class Members will need to identify a reason as to why they have been unable to file a claim by the July 13, 2022 deadline. Decisions by the Exceptions Committee are final. The Extension Request Form is available [here](#) or can be mailed/emailed by contacting Class Counsel at [1.844.539.3815](tel:18445393815) or dayschools@gowlingwlg.com.

June 13, 2022: Extension of Claims Process

The Settlement Agreement - extends the deadline to January 13, 2023.

Class Members will need to identify a reason as to why they have been unable to file a claim by the deadline. The Extension Request Form will be available on indiandayschools.com and can be mailed/emailed by contacting Class Counsel at:

- [1.844.539.3815](tel:18445393815) or
- dayschools@gowlingwlg.com.

Class Counsel remains available to assist, *free of charge*, during extension period. Mental health and wellness support also remains available through the Hope for Wellness Help Line at [1-855-242-3310](tel:18552423310) or the online chat at hopeforwellness.ca open 24 hours a day, 7 days a week.

**For Assistance in completing Day School Applications
Contact - Fort William First Nation – Liz Esquega,
Community Coordinator at 622-8802 Extension 240**

ARE THERE **HEROES** IN YOUR HOME?



CARBON MONOXIDE ALARMS SAVE LIVES

WHAT'S THE RISK?

Over **65%** of all carbon monoxide (CO) deaths & injuries in Ontario occur in homes.

Many homes in Ontario have on average **4-6 fuel-burning appliances** that produce CO:

- fireplace
- stove
- gas dryer
- water heater
- furnace
- portable fuel heater

WHAT CAN ALARMS DO?

Only **working CO alarms** give you the warning of the presence of CO you need to keep your family safe.

Exposure to CO can **cause flu-like symptoms**.

If your CO alarm sounds and you or other occupants suffer from symptoms of CO poisoning, **get everyone out of the home immediately**. Call 9-1-1 or your emergency number from outside the building.



HOW DO I PROTECT MY FAMILY?

- ❖ Ensure all fuel-burning appliances and vents are inspected annually. Find a registered contractor at cosafety.ca.
- ❖ Install CO alarms outside all sleeping areas if your home has a fuel-burning appliance, fireplace or attached garage.
- ❖ For best protection, install CO alarms on every storey of the home.
- ❖ Test CO alarms monthly and change the batteries at least once a year. Replace alarms according to manufacturers' recommendations.

William G. Solomon-Fire Prevention Officer
Fort William First Nation Fire Department

Office of the Fire Marshal & Emergency Management
www.ontario.ca/firemarshal

FIRE SAFETY FOR OLDER ADULTS

Be prepared for fire

Know exactly what to do and where to go if there is a fire. Plan Your Escape! Make a home escape plan or refer to your building's fire safety plan.

Working Smoke Alarms Save Lives

Install Working Smoke Alarms in every bedroom, outside each sleeping area, and on every level of the home (including the basement). Every month, test all the smoke alarms by using a broom handle or cane to gently push the alarm test button. Make sure everyone can hear the smoke alarms from all areas of your home.

If you smoke...

Use large, deep ashtrays and always make sure your cigarette butts are out. Never smoke when you are lying down, if you are drowsy, or in bed.

Don't reach for danger!

Wear tight-fitting or rolled-up sleeves when cooking and don't reach over a hot burner. If a pot catches fire, cover it with a lid and turn off the burner. Never leave your cooking unattended.

If your clothing catches fire...

Lower yourself to the ground, cover your face with your hands and roll over and over to put out the flames. If you can't do this, grab a towel or blanket and smother the flames.

Crawl low under Smoke

Most fire victims die from smoke, not flames. Smoke always rises, so you must get down on the floor where the air is cleaner. Crawl on our hands and knees to safety.

Give space heaters space

Keep them at least 1 metre (3 feet) away from everything -- including you. A slight brush against a heater could set your clothing on fire.

Need assistance?

If you would like help to test your smoke alarms or to prepare a fire safety plan, talk to your friends, family or home support worker. There is help available within your community. If you have any questions about fire safety, your fire department will be pleased to assist you.





**Fort William
First Nation**

FWFN SCHOOL BUS MEMO COLOR CODING OF SCHOOL BUSES

Please see below color coding system for the FWFN school buses. Each bus will have a colored square(s), with school name, in the window indicating which schools that bus picks up.



1. NEON GREEN: St. Ann

2. WHITE: Kingsway



3. YELLOW: Westmount

4. PURPLE: St. Martin



5. LIGHT PINK: St Elizabeth

6. LIGHT ORANGE: FWFN Kindergarten Classroom



7. NEON ORANGE: Kindergartens from all schools

8. BLUE: Pope John Paul II



9. RED: Westgate

10. LIGHT GREEN: ST PATRICK



IMPORTANT NOTES

- Please make note of the colour for your child's school. In some instances, you may have more than one bus servicing your home.

Questions or inquiries; contact Myra Bannon or Brittany Collins

807 623 9543 ext 225 or 205 / Myra@fwfn.com or education@fwfn.com

YOU MUST COMPLETE THIS FORM AND RETURN TO FWFN EDUCATION DEPARTMENT OR THERE WILL BE NO SCHOOL BUS SERVICE PROVIDED!



**Fort William
First Nation**

2022-2023



**FORT WILLIAM FIRST NATION
SCHOOL BUS REGISTRATION FORM**

Registration forms are mandatory to ride the FWFN school bus and must be submitted Friday August 5, 2022

This information is required for administrative, safety issues, as well as planning purposes.

Questions or concerns, please email: Myra@fwfn.com or PostSecondary@fwfn.com

STUDENT INFORMATION - one form for each child

Legal Last Name:		Legal First Name:	
Preferred Name (if different from above)		Date of Birth:	
School:	Grade:	Status Card #: (If applicable)	
Medical Conditions: IS AN EPI-PEN REQUIRED FOR THIS STUDENT? YES [] NO []			
Will you require us to pick up your child/ren in morning: YES [] NO [] Address for pick up:		Will you require us to pick up your child/ren after school: YES [] NO [] Address for drop off is same as pick up [] or:	

The start date for JK student: _____ Let Us Know As Soon as Possible

NUTRITION PROGRAM

I give permission for my child/ren to participate in the FWFN Student Nutrition Program. Inform staff, in writing, if student has any allergies. YES [] NO []

Allergies:

REQUIRED INFORMATION

Are you and the children listed on this form status members of Fort William First Nation? (Circle one)	If you are not a status member of Fort William First Nation, do you own or rent a home on FWFN? (Circle one)
Yes or No	Yes or No

If the child listed on this form is NOT a status FWFN member, please select ONE of the following to indicate how they are affiliated to FWFN (*we need to know this information for tuition purposes*):

Biological or Adopted [] Step Child [] Foster Child []

PARENT/GUARDIAN INFORMATION

Relationship to Student: Mother [] Father [] Grandparent [] Foster Home [] Other: _____			
First Name:	Last Name:	Home #	Cell #
Mailing address:			
Parent Status Card Number (if applicable):			

Additional forms are available by contacting Myra Bannon or Crystal Donohue, 623-9543

Please return form by Friday August 5, 2022:

- by emailing the completed form to Myra@fwfn.com or PostSecondary@fwfn.com
- or by dropping it off at the Band Office/ or mail to: Fort William First Nation Education Department 90 Anemki Drive, Suite 200
Fort William First Nation, ON P7J 1L3
- or by fax: 807.623.9150



**Fort William
First Nation**

COMMUNITY REMINDER

For those community members that require transportation to medical appointments, Monday to Friday. The medical van is available for bookings. Appointments **MUST** be called into the Health Centre **24 HOURS** before your appointment.

If there is no staff member to take your call, there is an answering machine available for you to leave a message.

Taxi rides will be issued after-hours.
(4:00pm to 8:00 am and on Weekends)

To Status members living on reserve.

Taxi rides will only be issued to
Thunder Bay Regional Health Sciences Centre.

Anyone that requires a ride to the Emergency Room will be **required** to come to the Health Centre to sign a release of information form **BEFORE** they are allowed to ride. **(NO EXCEPTIONS)**.

Failure to sign the R.O.I will result in suspension of further taxi services.

(The release of information form is so that we can confirm that you have in fact attended the Emergency Room). If you have not you will be required to pay back the **FULL** amount for your ride.

Anyone with questions please feel free to contact the Health Centre at 622-8802.



COMMUNITY NOTICE

F O R T W I L L I A M F I R S T N A T I O N

HAND, FOOT AND MOUTH DISEASE

What is hand, foot and mouth disease?

Hand, foot and mouth disease is a common viral illness that mainly affects infants and children but can sometimes occur in adults.

There is no vaccine or medication that protects against hand, foot and mouth disease.

How is it transmitted?

- Hand, foot and mouth disease is spread by coming into contact with secretions (fluids) from the nose and throat, saliva, fluid from blisters or stool (feces) of an infected person.
- It is spread through close personal contact (kissing or hugging), coughing and sneezing or from touching objects and surfaces that have been contaminated with the virus.

What are the symptoms?

- The symptoms can take 3 to 7 days to appear.
- Symptoms usually include fever, loss of appetite, sore throat, generally feeling unwell, painful blister-like sores in the mouth, and a rash with or without small blisters, usually on the palms of the hands or on fingers, soles of the feet or on toes and may also appear on the knees, elbows, buttocks or genital area.
- The disease is usually mild and most people recover in 7 to 10 days.
- Rare complications can include encephalitis (swelling of the brain) and meningitis (swelling of the membrane around the brain and spinal cord), which may lead to death.

Can hand, foot and mouth disease be treated?

- There is no specific treatment for hand, foot and mouth disease. Symptoms can be treated with medications that provide relief for the pain of mouth sores, fever and aches. It is important to stay well hydrated.

Recommendations

1. Protect yourself and others from the spread of germs:

a. Wash your hands frequently

- Wash your hands with soap under warm running water for at least 20 seconds, as often as possible, especially before eating or preparing food and after using the bathroom or changing diapers.
- Alcohol-based hand sanitizer can also be used if soap and water are not readily available. It's a good idea to keep some with you in your pocket or purse when you travel.

b. Practice proper cough and sneeze etiquette

- Cover your mouth and nose with your arm to reduce the spread of germs. If you use a tissue, dispose of it as soon as possible and wash your hands afterwards.

c. Keep shared items and surface areas clean

- Clean doorknobs, toys, and other surfaces that many people, especially children, touch on a regular basis.

d. Try to avoid close contact with people that are sick.

- Avoid close contact, such as kissing or hugging, and sharing cups or eating utensils with people who are sick.

2. Monitor your health

- If you or your child develops symptoms similar to hand, foot and mouth disease, you should see a health care provider. Seek medical attention immediately if your child is showing signs of dehydration, stiff neck, back pain, convulsions or persistent headache.
- Tell your health care provider that you have been travelling or living in an area where there is an outbreak of hand, foot and mouth disease.

PROTECT YOURSELF AND YOUR LOVED ONES

STAY SAFE...STAY HEALTHY



COMMUNITY NOTICE

F O R T W I L L I A M F I R S T N A T I O N

Although most of the country has returned to less restrictions regarding COVID-19 and its transmission, COVID-19 is still very active in our communities.

Below are some precautions to keep in mind to reduce your risk of getting COVID or of passing COVID to another person.

What to do if you've been exposed to COVID-19

If you think you may have COVID-19 or were exposed to the virus, follow these steps to take care of yourself and protect others.

STEP ONE: **Confirm if you need to isolate**

If you have COVID-19, isolating will help stop the spread of the virus.

You **must** isolate if you:

- [have symptoms of COVID-19 or have tested positive for the virus](#)

You **may** need to isolate if you:

- [live with someone who has COVID-19 or COVID-19 symptoms.](#)

You **do not** need to isolate, but **must** still monitor for symptoms and take all necessary precautions:

- [if you've been exposed to someone from another household with symptoms of COVID-19 or a positive test result](#)

If you have symptoms, you **should** isolate:

- for at least five days if you are:
 - [fully vaccinated](#)
 - under 12 years of age
- for at least 10 days if you are:
 - over the age of 12 and not fully vaccinated
 - immunocompromised
 - live in a highest risk setting

If you reach the end of your isolation period **and** have a fever or other symptoms, you must continue to isolate until your symptoms have improved for at least 24 hours (or 48 hours if the symptoms affect the digestive system) and you have no fever.

For five days (or 10 days if you are immunocompromised) after your isolation period ends, **you should wear a well-fitted mask in all public settings.**

Once your isolation period is complete you should:

- avoid visiting anyone who is immunocompromised or at higher risk of illness (for example, seniors)
- not visit or go to work in any highest risk settings

Step Two: Get assessed for treatment or tested if you are eligible

Step Three: Inform others of your exposure

Supports if you need to isolate

If you require assistance while isolating, visit the [COVID-19: Support for people page](#).

You can also contact your [public health unit](#) for support including:

- use of isolation facilities
- referral to community supports and agencies
- [mental health supports](#)
- courier and delivery supports for food and necessities
- additional resources available to support isolation through the [High Priority Communities](#) strategy

PLEASE CONTINUE TO CONTACT FWFN HEALTH DEPARTMENT AT 622-8802 TO INFORM IF YOU HAVE TESTED POSITIVE.

MEDICAL VAN TRANSPORTATION IS BACK & AVAILABLE



Call the Health Centre to book your appointment (24 hours in advance). If no answer please leave a detailed message with the following information: Name, Appt date & time, status card number, physician & clinic name, address of pickup and a contact number.

PLEASE NOTE: you must reside on Fort William First Nation & be a registered status card holder.

807-622-8802

**DENTAL, HARM REDUCTION, PHYSICIAN,
MENTAL HEALTH & DIAGNOSTIC
APPOINTMENTS ONLY**

Dependable and safe transportation

Wake with Postel/Walton



PRO BONO STUDENTS CANADA INDIGENOUS HUMAN RIGHTS CLINIC

This document was created by PBSC for service providers that may wish to make referrals to the Indigenous Human Rights Clinic. Please do not distribute or share this document publicly.

WHO WE ARE AND WHAT WE DO

Pro Bono Students Canada (PBSC) and the Ontario Federation of Indigenous Friendship Centres (OFIFC) launched the [Indigenous Human Rights Program](#) in September 2020. PBSC is a law student organization that provides free legal services in partnership with community organizations. The OFIFC is a provincial Indigenous organization representing the collective interests of 29 member Friendship Centres located in towns and cities throughout Ontario.

The purpose of the Indigenous Human Rights Program is to combat anti-Indigenous racism and discrimination in Ontario by providing free human rights legal services at Friendship Centres. Through our free Indigenous Human Rights Clinics, we provide free summary legal advice and legal information about human rights, including at the **Thunder Bay Indigenous Friendship Centre (TBIFC)**.

The Indigenous Human Rights Program is guided by an [Advisory Council and two Elders](#). It is supported by other program partners the Canadian Human Rights Commission, the Ontario Human Rights Commission, the Human Rights Legal Support Centre, McCarthy Tétrault LLP, and participating law schools, including the Bora Laskin Faculty of Law.

ELIGIBILITY FOR LEGAL SERVICES

Clients are eligible for legal services if they:

1. Self-identify as Indigenous, and
2. Live in Thunder Bay, and
3. Believe they have been discriminated against and seek summary (basic) legal advice, OR
4. Want to learn more about discrimination and/or human rights from a lawyer.

LEGAL SERVICES

Our legal services complement the many social, cultural, and other services already provided by TBIFC. All our lawyers and law students are trained by the OFIFC in their Indigenous Cultural Competency Training program. We provide the following services:

SUMMARY LEGAL ADVICE

We give summary advice under the *Human Rights Code* and the *Canadian Human Rights Act* to anyone that meets our eligibility criteria, no matter the human rights ground. For example:

- If an Indigenous person believes that they have been discriminated against in employment due to disability, they can get advice at the Clinic.



- If an Indigenous person believes that they have been discriminated against at a hospital due to their Indigeneity, they can get advice at the Clinic.

Summary advice may include basic advice about:

- Human rights under Canadian law;
- Discrimination under Canadian law;
- The legal options that may be available in the **federal or provincial** human rights systems;
- Advice on next steps, including referrals.

LEGAL INFORMATION

We meet one-on-one with anyone that meets our eligibility criteria to share information about human rights. These "legal information consultations" are informal and conversational, and are for anyone that wants to learn more about human rights.

Legal information consultations are designed to:

- Build individuals' knowledge about discrimination and human rights;
- Empower individuals to:
 - Make decisions about their own human rights,
 - Protect themselves,
 - Support others,
 - Spot discrimination, and
 - Make referrals to the Clinic.

Information may include:

- The human rights systems in Ontario and Canada;
- Social areas and grounds;
- The test for discrimination and harassment, and examples;
- The process for filing a human rights complaint and going through the commission or tribunal processes;
- Limitation periods;
- Examples of cases brought by Indigenous people to human rights tribunals across Canada.

REFERRALS

Before or after providing summary legal advice, we try to make meaningful referrals for Clients. We work closely with the Human Rights Legal Support Centre's Indigenous Service and Outreach Committee to refer individuals to the HRLSC.



INDIGENOUS HUMAN RIGHTS PODCAST

Outside of the Clinic, we build knowledge about Indigenous human rights amongst the broader Canadian public through our Indigenous Human Rights Podcast, which shines a light on the real experiences of Indigenous people who have fought for their human rights at Tribunals across Canada. We invite you to listen to this podcast, and to share it with others.

Listen on Spotify: <https://open.spotify.com/show/5gY06Yg50xYPX6ZZ0mB1JW>

Listen on Apple Podcasts: <https://podcasts.apple.com/ca/podcast/indigenous-human-rights/id1542839284>

CONNECT WITH US OR MAKE A REFERRAL

Clinic at Thunder Bay Indigenous Friendship Centre:

Email: intake.thunderbay@indigenoushumanrights.ca

Phone: [807-698-9571](tel:807-698-9571)

Anishinabek Police Service

1-888-310-1122



Please call **1-888-310-1122** when you need to make a report with your local APS detachment.

Avoid using the local administrative lines unless it is for Criminal Records Checks or to reach our Court Administrators.

Our offices are not staffed 24/7. Officers are on the road and unable to check voice messages.

When you call the dispatcher they will automatically create an occurrence report and it will be given to an APS officer.

Remember that dispatchers are not from the community and will ask you questions, please be patient as it is their job, and it is for everyone's safety.

Miigwech for your understanding.



IN CASE

OF



EMERGENCY

ALWAYS



DIAL

911



NON-EMERGENCY
1-888-310-1122





FORT WILLIAM FIRST NATION *FIRST RESPONSE TEAM*

YIELD FOR **AMBER** LIGHTS!

Our First Responders use flashing **Amber** lights when responding to emergency calls within our community. Yielding to vehicles approaching with flashing **Amber** lights allow our First Responders to arrive to the scene of an emergency more rapidly!

When safe to do so, yield the right of way to vehicles approaching with flashing **Amber** lights in the community! By doing this, you are helping your community members receive rapid medical care!

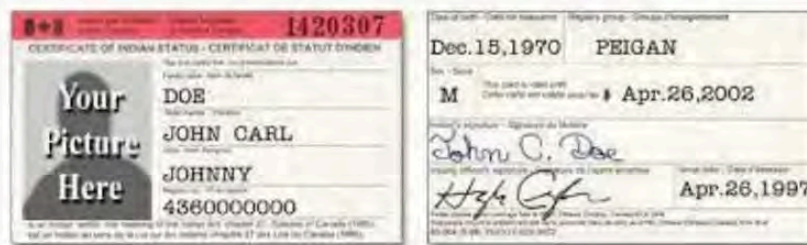
FORT WILLIAM FIRST NATION FIRST RESPONSE TEAM

www.fwfnfirstresponse.com

FORT WILLIAM FIRST NATION

MEMBERSHIP NOTICE

Need a status card? And you're
a FWFN member?



Call the band office
to book your appointment!

NO WALK-INS

APPOINTMENT ONLY

Please remember - book
an appointment before
coming in.



807-623-9543

Increase in Drug Activity In the community of FWFN



We are experiencing increased concern and anonymous complaints from our community in regards to the amount of drug trafficking and activity on our first nations. Members are tired of the amount of crime, overdoses and traffic that are believed to be associated with the drug trafficking that is taking place in our community. Be part of the solution, if you see suspicious activity call the number provided.



The Thunder Bay Police Service has formally launched a new program that aims to give residents the tools and information that they need to help police in ongoing investigations into the drug trade.

Police say drug trafficking targets some of the most vulnerable in the community, leading to increased violent crime and creating serious safety risks in and around the neighbourhoods in which they operate.

If you are suspecting of drug activity and trafficking taking place in your community you can contact the Thunder Bay police service and submit anonymously information to the non-emergency line at (807)684-1200, or you can submit tips through Crime Stoppers at 1-800-222-8477, or online at www.p3tips.com

Community Drug Alert



NITAZENES

What Are Nitazenes?

- > Nitazenes are potent synthetic opioids from a drug class known as benzimidazole-opioids
- > some nitazenes are estimated to be several times more potent than fentanyl
- > They were developed 60 years ago as potential pain relief medication, but were never approved for clinical use.
- > They were first identified in the unregulated drug supply in Canada in 2019
- > They typically appear unexpectedly in drugs expected to contain other, more traditional opioids (e.g. fentanyl, oxycodone tablets or “down “often alongside non-medical benzodiazepines (NMBs)

Why They Are a Concern?

- The presence of nitazenes in the unregulated drug supply is rising. The frequency with which they are detected is increasing, but there is also an increasing number of nitazene analogs.
- They tend to be used unintentionally and in unknown quantities because the contents of drugs from the unregulated supply are unpredictable.
- Nitazenes can increase the risk of accidental overdose, especially when combined with other substances that suppress breathing and heart rate such as other opioids or benzodiazepines.

- Overdoses involving nitazenes may be difficult to reverse, potentially requiring additional doses of naloxone, but protocols around this are not yet clear.
- Fentanyl test strips cannot detect nitazenes, and detection of nitazenes by point-of-service drug checking requires sensitive equipment that is not always available.
- Nitazenes are not routinely tested for in post-mortem or urine toxicology, so their relationship to health risks and overdose deaths is difficult to monitor.

If you or someone you know is experiencing a overdose please call 911

If available, administer Naloxone and wait for help to arrive



FWFN ONTARIO WORKS, EMPLOYMENT & TRAINING

ANGER MANAGEMENT WORKSHOP

TUESDAY AUGUST 9, 2022 | 9-4pm

TO REGISTER CALL: 622-6791

LIMITED SEATS AVAILABLE

PERSONAL SUPPORT WORKER PROGRAM

ABOUT THE PROGRAM

- In partnership with Confederation College
- PSW Certificate in 8 months
- Clinical Placements
- Employment Upon Graduation

Apply
Today!



Dilico

Anishinabek Family Care

CONTACT US

PSWTraining@dilico.com

(807)623-8511

www.dilico.com



Confederation
COLLEGE



PSW TRAINING PROGRAM

ABOUT THE PROGRAM

- PSW Certificate in 8 months
- Clinical Placements
- In partnership with Confederation College
- Employment Upon Graduation



Dilico

Anishinabek Family Care

Contact Us

PSWTraining@dilico.com

(807) 623-8511



Confederation
COLLEGE

NOTICE OF OPPORTUNITY

1-Year Contract for Project Management Services

Background

Hydro One Networks Inc. (Hydro One) is proposing to build the Waasigan Transmission Line Project, a new transmission line between Thunder Bay and Dryden (the “**Project**”). The Project is currently in the development stage with construction expected to start in 2024. The construction contractor has not been selected yet. More information on the project can be found at www.hydroOne.com/waasigan.

The following 8 First Nations have formed a partnership called Gwayakocchigewin LP (“**GLP**”) to jointly engage with Hydro One and participate in the ownership and development of the Project:

1. Eagle Lake First Nation
2. Wabigoon Lake Ojibway Nation
3. Lac La Croix First Nation
4. Fort William First Nation
5. Seine River First Nation
6. Lac Seul First Nation
7. Nigigoonsiminikaaning First Nation
8. Ojibway Nation of Saugeen

Description of Services

GLP is intends to enter a contract for the supply of project management services, with such service provider representing the GLP First Nations in oversight and development of the Project. Project development activities include environmental, permitting, Indigenous engagement, engineering, community readiness, and construction readiness. The service provider will work closely with Hydro One’s Project Delivery Team, which has ultimate responsibility for the Project. This support position also provides an opportunity to build capacity and gain experience on a major project development. The specific responsibilities of the service provider will include:

- Participating in Hydro One Project Delivery Team meetings including (but not limited to):
 - Project management
 - Environmental and other permitting
 - Project design & planning
 - Construction readiness
 - Community readiness
- Providing Hydro One Project Delivery Team continuous input on First Nations expectations and strategies to meet them
- Managing GLP Protection Committee meetings



- Liaising between the GLP Protection Committee and Hydro One Project Delivery Team
- Liaising with each of the GLP First Nation's Community Engagement Coordinators (CECs)
- Facilitating the sharing of information between the Hydro One Project Delivery team, and GLP
- Monitoring and tracking Project activities, timelines, and issues
- Reporting to the GLP Board on Project activities, timelines, and ongoing issues that require resolution
- GLP document controls
- Supporting the GLP Implementation Officer on GLP legal/financial matters

Qualifications

- Post-secondary education
- Experience in project or program management
- Experience in environmental, engineering, or construction fields
- Multi-tasking and time management
- Excellent computer skills including MS Office programs
- Superior communication skills, both written and oral
- Strong understanding of First Nation history, culture, and protocols in the First Nations territories where the project is located
- Ability to speak Ojibway language considered an asset
- Knowledge of Manito Aki Inakonigaawin principles considered an asset
- Significant experience working in First Nation communities and with Indigenous peoples, particularly in the First Nations territories where the project is located.
- Located in Northwestern Ontario
- Valid driver's license and access to a reliable, personal vehicle.

Contract Location

The Project location is from Thunder Bay to Dryden, with community engagement meetings expected throughout the area. Most project management meetings are expected to be held virtually, with some in person meetings in Thunder Bay and Toronto. GLP does not have staff or an office for the service provider to use. As an independent contractor, the service provider is expected to work from their own office.

Compensation

GLP will pay an annual fee of \$80,000 in bi-weekly installments. Where the contract is terminated mid-year, the fee payable to the service provider shall be pro-rated according to the number of months the service provider has worked in that year. The service provider is expected to provide their own computer, phone, software, and other hardware typical in providing professional services. GLP will reimburse all other reasonable expenses required to carry out the services including travel, meals, and accommodations. The service provider is responsible for all its statutory deductions for EI, CPP and tax.



Start Date and Term

The expected contract start date may be as soon as September 1, 2022. There will be a transition period where the service provider will work closely with the GLP Implementation Officer to integrate into the GLP team and Waasigan project structure. GLP expects the services to be required for the duration of the development and construction of the Project. As such, the contract will be reviewed prior to its annual expiration to discuss extending the term.

Application

Applications shall include a cover letter describing the candidate's experience, qualifications, and interest in the contract. The application will also include a resume and references.

Applications can be sent to Ginny Michano: gmichano@northvista.ca

This position will remain open until filled.



F O R T W I L L I A M F I R S T N A T I O N

JOB POSTING

Position Title: Bus Driver(s)

Position Description: Under the general direction of the Director of Health & Social Services, with direct supervision provided by the Education Manager, transports children between school and home via school bus.

Major Responsibilities:

- Transport children between school and home and/or an excursion as needed
- Ensure children's safety when boarding and leaving the bus and crossing the street while bus is stopped
- Report delays, mechanical problems and accidents to Education Department
- Complete accident/incident reports and distribute these to proper school and Education Department
- Additional duties as required

Qualifications/ Conditions of Employment:

- Must be able to work on short notice
 - Completion of secondary school diploma is preferred
 - A minimum of one year of safe driving experience is required
 - Copy of Driver's Abstract required
 - Class "G" driver's license required
 - Criminal Reference Check required
 - Bus drivers require a Class "B" license in Ontario (copy to be provided with application)
- FWFN is willing to train qualified applicants for class "B" license.**

Job Posting Closing Date: Posting open until position is filled. Please direct your application, consisting of a cover letter and resume with three (3) references to the attention of:

Donna Mullen

Human Resources Assistant

P: 807-623-9543 ext. 805

F: 807-623-5190

Email: donnamullen@fwfn.com

When hand delivering, ensure that your application is date stamped and a copy provided to you.

We appreciate all applications. Only those selected for an interview will be contacted.



F O R T W I L L I A M F I R S T N A T I O N

JOB POSTING

Position Title: Food Bank Support Staff - Contract Work

Position Description: Help the food bank manager and coordinators to ensure smooth operations of the food bank.

Major Responsibilities:

- Assist food bank managers in receiving and packing orders
- Prepare food distribution area, making sure that received food is sorted, stocked, and stored in an appropriate manner
- Ensure that food quality is maintained through appropriate sorting activities, and communicate any issues to a food bank manager
- Ensure maintenance and cleanliness of food pantry area
- Welcome, collect appropriate data, and distribute food items to participants of the food bank program
- Create and submit invoice for time of work
- Other duties as requested

Qualifications:

- Knowledge of food safety and food handling practices
- Able to lift and carry up to 60 pounds
- High School diploma not required but considered an asset

Terms of Employment:

- Work hours determined by the food distribution schedule maintained by FWFN Social Services Food Bank.

Wage: To be negotiated.

Job Posting Closing Date: OPEN UNTIL POSITIONS ARE FILLED

Please make sure applications consists of a cover letter and resume with three (3) references.

Please direct your application to the attention of:

Donna Mullen
Human Resources Assistant
P: 807-623-9543 ext. 806, F: 807-623-5190
Email: donnamullen@fwfn.com

When hand delivering; ensure that your application is date stamped and a copy provided to you.

We appreciate all applications. Only those selected for an interview will be contacted.



F O R T W I L L I A M F I R S T N A T I O N

JOB POSTING

Position Title: Relief Receptionist

Position Description: The Relief Receptionist is needed to quickly fill short-term leaves of absences for the positions of Administration, Social Services and Health Centre Reception.

Major Responsibilities:

- Respond to telephone, e-mail, and in-person inquiries from clients, business partners, and other parties.
- Refer all inquiries to the appropriate individuals, divisions, or departments across the organization.
- Administer and manage inbound/outbound mail, including priority post, packages, courier services, and other correspondence.
- Organize, maintain, and coordinate office records and files in their proper locations, including some scanning and photocopying.
- As a front-line worker, present a positive and professional image of the organization to all visitors, suppliers, inquiries, and other interactions.
- A full job description is available upon request.

Qualifications:

- High school diploma or GED, or an acceptable combination of education and experience.
- Clear Criminal Background Check.

Wage Rate: To be negotiated

Job Posting Closing Date: Posting open until position(s) is filled. Please direct your application, consisting of a cover letter and resume with three (3) references to the attention of:

Donna Mullen,
Human Resources Assistant
Ph: 807-623-9543 ext. 806, Fax: 807-623-5190
Email: donnamullen@fwfn.com

When applying online, please ensure to reference the Job Posting title in the Subject Line.

When hand delivering; ensure that your application is date stamped and a copy provided to you.

We appreciate all applications. Only those selected for an interview will be contacted.



ARE YOU INTERESTED IN SP100?

FOREST FIRE FIGHTING COURSE

NEW DATES IN AUGUST - TBD

FWFN COMMUNITY HALL

TRAINING BY:

• OUTLAND THUNDER BAY •

16 SPOTS AVAILABLE, PLEASE REGISTER

**EMPLOYMENT & TRAINING:
622-6791**



FORT WILLIAM FIRST NATION

FIRST RESPONSE TEAM

JOIN OUR TEAM TODAY!

- ✓ No Experience, Qualifications or Training required!
- ✓ Must be at least 18 years old.
- ✓ Must have a valid driver's license.

The Fort William First Nation First Response Team is actively looking for interested and dedicated individuals to join our team of First Responders! Visit our website to apply today or give us a call to learn more information about the team!

Apply at <http://www.fwfnfirstresponse.com/application>

FORT WILLIAM FIRST NATION FIRST RESPONSE TEAM

www.fwfnfirstresponse.com

Mino-niigaanendmowin

Training: 6 weeks

- Work on your spiritual, emotional, physical and mental well-being
- Earn certificates and get ready to work

Job Placement: 12 weeks

- A paid placement arranged according to your skills and interests



This program includes full supports: training allowance, transportation, childcare, and start-up costs.

Offered in multiple locations. Flexible delivery options.

Open to participants 18-30 who are not currently employed.



Nokiiwin
TRIBAL COUNCIL

**FOR LEGAL ADVICE ON FAMILY LAW,
CRIMINAL LAW & General Inquires:**

Please Contact Nokiiwin's Community Legal Worker

Work Cell: 807-633-7404

Email: Legalworker@nokiiwin.com

Work Line (goes to email): 807-699-6215

The Community Legal Worker will assist in scheduling an appointment with Nokiiwin's Duty Counsel/Lawyer, or other appropriate services.

For the safety of our community members and staff, all in-person meetings will adhere to strict COVID-19 safety protocols (maintaining social distancing, wearing masks).



Fort William
First Nation



Anishinabek Family Care
Family Health Team

Now Accepting New Patients

Are you an expectant mother, a student or suffering from a chronic illness? Our team of family physicians, nurse practitioners, nurses and our registered social worker are now accepting new patient applications.

To drop off an application, please send an email to DilicoFHT@dilico.com or visit our clinic at 200 Anemki Place (North Entrance) on Fort William First Nation.

Please note: Patient applicants will be chosen and notified by our selection committee.



**NOTE: *APPLICATION WILL NOT BE ACCEPTED IF ENTIRE
FORM IS NOT COMPLETED***

DATE: _____

SURNAME: _____

FIRST NAME: _____

BIRTH DATE: _____ / _____ / _____ Gender Identity _____
Day Month Year

ADDRESS: _____

CITY: _____ POSTAL CODE: _____

PHONE: (Home) _____ (Alternate) _____

HEALTH CARD #: _____ Version Code _____ Expiry Date: _____

ALLERGIES: _____

NAME OF PARENT/GUARDIAN: _____ DOB: _____
(Applicable to children under 18 years of age)

Do you currently have a primary care provider (Doctor/Nurse Practitioner): Yes ☐ No ☐

Who is/was your primary care provider (Doctor/Nurse Practitioner): _____

Address of Primary Care Provider: _____
(Include city and Postal code)

When did you last see them? _____

Where have you been receiving your health care? _____

Optional: Are you: Status ☐ Non Status ☐ Métis ☐

Status # _____ Band: _____

Primary Language: English ☐ Ojibway ☐ Cree ☐ Ojicree ☐ Other: _____

PLEASE PROVIDE A PRESCRIPTION SUMMARY FROM YOUR PHARMACY



*Fort William
First Nation*

VACCINE CLINIC

FOURTH DOSE
ADMINISTRATION

EVERY WEDNESDAY
STARTING APRIL 13th

WHO IS ELIGIBLE?

INDIVIDUALS 60+ WHO
HAVE RECEIVED THEIR 3rd
DOSE UP TO 3 MONTHS (84
DAYS) PRIOR

INDIVIDUALS 18+ WHO
HAVE HAD THEIR 3rd DOSE UP
TO 5 MONTHS (184 DAYS)
PRIOR.

CHILDREN (12+) WHO ARE MODERATE
TO SEVERELY IMMUNOCOMPROMISED &
HAVE RECEIVED THEIR 3rd DOSE UP TO 6
MONTHS (168 DAYS) PRIOR.

| TO BOOK NOW CALL |

807-622-8802

| HEALTH CENTRE | 9 AM - 4 PM |





**Fort William
First Nation**



Al-Anon Family Groups
Help and hope for families and friends of alcoholics



**NOT EVERYONE
TRAPPED
BY ALCOHOL IS AN
ALCOHOLIC.**

.....
Families and friends
are suffering too.

.....
Al-Anon and Alateen
can help.

807-622-1906 • alanonthunderbay.org

1-888-4AL-ANON • <http://anon.org/>

Join us on Zoom EVERY Tuesday from 7-8 p.m.

ID number: 867 3574 3058.

Password: 101468.



AUGUST GOOD FOOD BOX

- *Orders Due on August 8th before 2pm
- * pay cash @ 2nd floor reception Band office or EFT
- * accountsreivable@fwfn.com
- *Pick up date August 17th @ 3pm FWFN Health Centre

FWFN Health Centre
juliefair@fwfn.com

BOXES
CONSIST OF A
VARIETY OF
FRESH FRUIT
& VEGGIES

\$23.75



RIBBON SKIRT WORKSHOP

August 8-11, 2022



Group 1 Mon/Wed
Group 2 Tues/Thurs
Time: 4:30-7:30pm

FWFN Council
Chambers



RIBBON SKIRT WORKSHOP

August 8-11, 2022

Registration is Required
Contact Health Reception at 807-622-8802

We need the following Information:
Ribbon Skirt Size (S - 3Xl), Colour/Pattern, Ribbon
Colours (3 Colours).

Open to all FWFN Band and Community Members.
FWFN Band Members Living in Thunder Bay are
Welcome.



SPOTS ARE LIMITED!



BIRCH BARK ETCHING

With
Helen Pelletier



Thursday August 11, 2022

6:00 p.m. – 8:00 p.m.

FWFN Community Hall – Adult Classroom (side entrance)

All supplies provided to registered participants

TO REGISTER, OR FOR MORE INFORMATION
PLEASE CONTACT KELSEA OR KEILYNN AT (807) 622-6791

REGISTRATION LIMITED



BIRCH BARK ETCHED MEDALLIONS

with Helen Pelletier

Thursday August 18th, 2022

FWFN Community Hall –
Adult classroom (side entrance)

To register or for more information please
call Keilynn or Kelsea at (807) 622-6791

(Registration limited)



All supplies to be provided to registered participants



Birch Bark Quill Medallions

with Helen Pelletier



Wednesday August 31st, 2022

6:00 p.m. - 8:00 p.m.

FWFN Community Hall - Adult classroom

(Side entrance)

****All supplies provided to registered participants****

**To register, or for more information please contact
Keilynn or Kelsea at (807) 622-6791**

REGISTRATION LIMITED

CONGRATULATIONS
CLASS OF 2022



Fort William First Nation

GRADUATION DINNER!

FWFN INVITES OUR GRADE 8, 12 AND POST SECONDARY
STUDENTS TO A GRADUATION DINNER

WEDNESDAY, AUG 10, 2022

6 pm till 8 pm

Please contact Myra 623-9543 EXT 225 myra@fwfn.com
Must register before July 22nd to attend.

EVENT DETAIL WILL BE GIVEN TO STUDENTS WHEN THEY REGISTER.

Community Resource Call-out

Interested in joining our
community resource list?

We are looking for individuals who are willing and able to facilitate programming in the community. Examples of community resource persons are Elders, Knowledge Keepers, Drum Keepers, Specialized Professions and any other Skilled Persons willing to share teachings.

**To Register Contact Health Centre Receptionist
807-622-8802
or E-mail Baileymeawasige@fwfn.com**

**SALES START JUNE
27TH**



STARTING JULY 10TH

Come Join Us!

Yoga on the Mountain

**Healing,
Supportive
Environment,
Safe Space**

Fort William First Nation Band & Community Members Welcome
Register with Health Reception
807-622-8802



Location: Mountain McKay
Dates: August 3, 10, 17, & 24

Time: 5:00 to 6:30pm

Yoga mats are provided

Attendance prizes drawn the last day.



Weekly Wellness Walk & Talk

FWFN Band & Community
Members are Welcome!

Walking poles and beverages will be available!
There will be attendance prizes at the end of program.

5:00pm to 6:30pm

Dates & Location

August 5, 2022 - Mountain McKay

August 12, 2022 - Chippewa (main lot)

August 19, 2022 - Cemetery Road (meet at Cemetery)

August 26, 2022 - Chippewa Park (main lot)

Register with Health Reception: 807-622-8802



Nokiiwin
TRIBAL COUNCIL



Save The Date



Nochmoowin/Healing

RECONNECTING & RESTORING

August 15 – 19, 2022

Anemki Wajiw (Mount McKay)
Fort William First Nation

KILLING THE INDIAN IN THE CHILD- GENERATIONS LOST:

THE RESIDENTIAL SCHOOL SYSTEM IN CANADA

JUNE 3 - OCTOBER 16 2022

ÉLIMINER L'INDIEN DE L'ENFANT- DES GÉNÉRATIONS PERDUES:

LE RÉGIME DES PENSIONNATS AU CANADA

3 JUIN - 16 OCTOBRE 2022

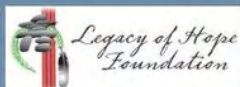


Thunder Bay Museum

425 Donald St. E., Thunder Bay ON P7E 5V1



Thank you to our partners:





REC NIGHTS

OPEN TO ALL FWFN COMMUNITY MEMBERS

FWFN GYMNASIUM

200 MISSION RD LOCATED AT FWFN ARENA LEFT SIDE OF RINK#2



Starting
April 26th
2022



50+ REC NIGHT

4:00PM – 6:00PM

Gymnasium (left to Rink#2)

Come out be social & have fun!

KARATE Classes

5:00PM – 6:00PM

Gymnasium (left to Rink#2)

7+ yrs – First Come First Serve

Sensei Instructor: James & Lynn

19+ REC NIGHT

7:00PM – 10:00PM

Gymnasium (left to Rink#2)

Come out be social & have fun!

7-12YRS REC NIGHT

6:00PM – 8:00PM

Gymnasium (left to Rink#2)

First Come First Serve

Come out be social & Lets have fun!

13-18YRS REC NIGHT

8:00PM – 10:00PM

Gymnasium (left to Rink#2)

First Come First Serve

Come out be social & Lets have fun!

**WEAR
COMFORTABLE
CLOTHING**

Email Concerns or Questions:

Marnie Greenwald: marniegreenwald@fwfn.com

Kalem Goodchild: kalemgoodchild@fwfn.com



Anishinabek Family Care

NEW MENTAL HEALTH AND ADDICTIONS ON-LINE REFERRAL SYSTEM



REFERRALS FOR ALL MENTAL HEALTH, ADDICTION AND CULTURAL SERVICES
CAN NOW BE EASILY MADE THROUGH THE FOLLOWING LINK:

[HTTPS://DILICO.AZUREWEBSITES.NET/](https://dilico.azurewebsites.net/)

YOUTH
PROGRAMS

CLINICAL
COUNSELLING

CULTURAL
SUPPORT

RESIDENTIAL
TREATMENT

POST
TREATMENT
SUPPORT

OUR MENTAL HEALTH AND ADDICTIONS SERVICES PROVIDE STRONG SUPPORT AND
TREATMENT SERVICES, ASSISTING CHILDREN, ADULTS AND FAMILIES WITH COMPLEX
MENTAL HEALTH ISSUES, STRUGGLES WITH SUBSTANCE MISUSE AND THE CHALLENGES
OF DAILY LIFE. IF YOU NEED SUPPORT WITH A MENTAL HEALTH OR ADDICTIONS ISSUE,
OUR TEAM IS HERE TO HELP

CLICK TO SEE REFERRAL FORM



1-855-623-8511 TOLL FREE

WWW.DILICO.COM



Dilico

Anishinabek Family Care

WALK-IN COUNSELLING CLINIC

Fort William First Nation
Every Wednesday from 4-8 PM

LOCATION:

200 Anemki

Family Health Team

RAAM back Entrance



VOLUNTEERS NEEDED



RENEWED CALL *This is a renewed call. COVID ER response put a temporary hold on our activity. If you volunteered previously, please reaffirm participation via email.*

FWFN is looking for community members, both on and off reserve to volunteer their time and voice on our Comprehensive Community Planning Advisory Committee. We are looking for Elders, Youth/Children, Women and Leadership to get involved. We are in the pre-planning phase of a monumental project that will establish a clear vision for our future and implementation of actions and projects to achieve this vision.

INTERESTED? Send email to address above
for more information.

ELLISDON AND FWFN

Meet and Greet

Learn more about the new development of the
Thunder Bay Correctional Centre and how you
can get involved!

EllisDon and Local Educational and Union Representatives
on hand to discuss career and business opportunities
available during construction.

DATE Monday August 8, 2022

PLACE FWFN Community Hall

TIME 5:00pm-9:00pm

Meal & Refreshments provided.



Lakehead
UNIVERSITY



Confederation
COLLEGE

Confederation COLLEGE
new

Northwest
Employment
Works



Fort William
First Nation



EllisDon

THUNDER BAY CORRECTIONAL CENTRE (RENDERING)